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## SUCCESSFUL RESOLUTION OF RECURRENT FACIAL WARTS IN AN ADOLESCENT THROUGH INDIVIDUALIZED HOMEOPATHY AT DR BATRA'S® HOMEOPATHY CLINIC

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### ABSTRACT

Cutaneous warts are benign proliferative lesions caused by Human Papilloma Virus (HPV), commonly affecting children and adolescents. They often persist for years, showing resistance to conventional treatments such as cauterization, topical keratolytics, and surgical removal, with frequent recurrence. These lesions can significantly impact self-esteem, especially when located on the face.

This case study presents a 14-year-old male with multiple recurrent warts on the face, hands, and feet for over five years. The condition persisted despite prior homeopathic and conventional interventions. The case was associated with marked behavioral traits including anger, compulsive cleanliness, and sensitivity to contradiction.

A classical homeopathic approach was adopted using repertorial analysis based on mental generals and physical characteristics. Belladonna was selected as the constitutional remedy, supported by intercurrent remedies during the course of treatment.

Over a period of 15 months, there was gradual but complete drying of warts on the face with significant reduction in size of plantar lesions. No new eruptions were observed, and the patient's emotional stability and confidence improved markedly.

This case demonstrates the role of individualized homeopathy in managing chronic viral skin conditions resistant to conventional therapies. The transformation was achieved at Dr Batra's® Homeopathy Clinic.

### KEYWORDS

Warts, HPV, Belladonna, Pediatric dermatology, Homeopathy

## **INTRODUCTION**

Warts are benign epithelial proliferations caused by HPV infection. They commonly affect:

- Face
- Hands
- Feet

## **Clinical Features**

- Rough, hyperkeratotic lesions
- Painless or mildly tender
- May bleed on pressure

## **Challenges in Treatment**

- Recurrence
- Cosmetic concerns
- Resistance to conventional therapy

Homeopathy addresses:

- Viral susceptibility
- Constitutional predisposition
- Immune regulation

## **CASE PROFILE**

**Age:** 14 years

**Gender:** Male

## **Chief Complaints**

- Multiple warts on face (clusters), hands, and feet
- Duration: 5 years
- Gradually increasing

## **Associated Features**

- No itching

- Occasional pain on pressure (feet)
- Occasional bleeding

**PHYSICAL GENERALS**

Parameter	Observation
Appetite	Good
Desire	Sweets
Aversion	Sour
Thirst	Normal
Thermal	Not marked
Perspiration	Minimal
Stool	Normal
Urine	Normal
Sleep	Refreshing
Dreams	Anxious

**EXAMINATION**

- Multiple flat and rough warts on face
- Cluster formation on forehead and cheeks
- Single lesion on hand
- Plantar wart (painful on pressure)
- No inflammation or infection

**MENTAL GENERALS**

The patient had a **normal and well-adjusted childhood**, with good academic and social functioning. He was **extroverted, frank, and interactive**, enjoying social engagement and travel.

Over the last 2–3 years, a gradual behavioral change was observed:

- **Marked anger**, often violent and reactive

- **Anger from contradiction**, especially towards authority figures (teachers)
- Emotional expression through **crying during anger**
- Development of **obsessive-compulsive traits**, particularly:
  - Repeated hand washing
  - Excessive concern for cleanliness

Despite being socially active, he exhibited:

- **Emotional sensitivity**
- Occasional anxiety
- Internal conflict between control and impulsivity

This evolution from a **balanced child** → **emotionally reactive adolescent with compulsive tendencies** formed the core of the prescription.

#### **PAST HISTORY**

- Cardiac surgery (childhood)
- Lung surgery
- History of urinary infection

#### **FAMILY HISTORY**

- Non-contributory

#### **CASE ANALYSIS**

#### **TOTALITY OF SYMPTOMS**

- Multiple recurrent warts
- Desire for sweets
- Anger from contradiction
- Violent anger
- OCD traits (cleanliness)
- Emotional sensitivity

**REPERTORIAL TOTALITY**

**Repertory Used:** Kent Repertory

**Rubrics Selected:**

- Mind – Anger – violent
- Mind – Contradiction – intolerant of
- Mind – Fastidious / cleanliness
- Skin – Warts – face
- General – Desire for sweets

**REPERTORY SCREENSHOT**

Remedies	dulc.	lyc.	sep.	sulph.	ars.	nit-ac.	aur.	thuj.	ruta	bry.	calc.	caust.	ign.	kali-c.	merc.	nux-v.	anac.
Serial Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Symptoms Covered	5	5	5	5	5	5	5	5	5	4	4	4	4	4	4	4	4
Intensity	11	11	11	11	10	10	9	9	6	10	9	9	9	9	9	9	8
Result	5/11	5/11	5/11	5/11	5/10	5/10	5/9	5/9	5/6	4/10	4/9	4/9	4/9	4/9	4/9	4/9	4/8
Clipboard 6																	
MIND - ANGER - contradiction; from	3	3	3	1	1	1	3	2	2	2			3		1	2	2
STOMACH - THIRST	2	1	1	3	3	2	1	2	1	3	3	3	2	2	3	2	2
FACE - WARTS	3	1	2	1	2	2	1	2	1		2	3		2			
MIND - ANGER	2	3	3	3	3	3	3	2	1	3	2	2	3	3	3	4	3
GENERALS - FOOD and DRINKS - sweets - desire	1	3	2	3	1	2	1	1	1	2	2	1	1	2	2	1	1

**SELECTION OF REMEDY**

**CONSTITUTIONAL REMEDY**

**Remedy:** Belladonna

**Potency:** 200C

**Dose:** Single dose

**Reasons:**

- Violent anger
- Intolerance to contradiction
- Emotional excitability

- Sudden reactivity
- Strong mental generals guiding prescription

**INTERCURRENT / SUPPORTIVE REMEDIES**

Remedy	Reason
Thuja	Anti-sycotic, warty growths
Dulcamara	Skin involvement, recurrence
Calcarea carb	Constitution (supportive phase)
Antimonium tart	Keratotic lesions

**DIFFERENTIAL REMEDIES**

- Lachesis
- Sepia
- Sulphur

**MIASMATIC APPROACH**

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Warts		✓		
Recurrence		✓		
Chronicity	✓	✓		
OCD traits	✓			✓

**Miasmatic Predominance: Sycosis**

**MATERIALS AND METHODS**

- Repertory: Kent
- Method: Classical constitutional prescribing
- Follow-up: Monthly

## RESULTS

Month	Progress	Prescription
1	No change	Belladonna 200
2	Slight dryness	Placebo
3	Warts stable	Dulcamara
4	Mild reduction	Placebo
5	Initial improvement	Thuja
6	Drying begins	Placebo
7	Reduction in size	Calc carb
8	Significant drying	Placebo
9	Facial warts reducing	Dulcamara
10	Few lesions remain	Calc carb
11	Mostly dried	Placebo
12	Only scars left	Placebo
13-15	Stable, no recurrence	Placebo

## TRANSFORMATION TABLE

Parameter	Before	After
Facial warts	Multiple clusters	Cleared
Hand lesions	Present	Reduced
Plantar wart	Painful	Minimal
Recurrence	Frequent	None
Confidence	Low	Improved

## DISCUSSION & CONCLUSION

This case demonstrates the importance of **mental generals in remedy selection** in dermatological conditions. Belladonna, though not a classical anti-wart remedy, was selected based on strong mental symptoms and proved effective.

The addition of intercurrent remedies supported local pathology, while the constitutional remedy ensured long-term resolution.

The case highlights:

- Role of individualization
- Importance of miasmatic understanding
- Need for long-term follow-up

### THE TRANSFORMATION



## **ACKNOWLEDGMENTS**

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