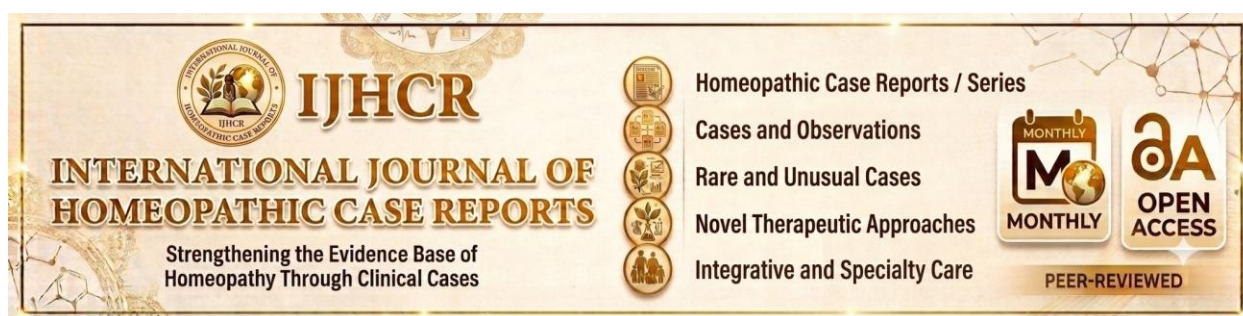




Volume 1, Issue 1, August 2026

Category of Article: Case Report

Article ID: CR18IJHCR3473

DOI: <https://doi.org/10.5281/zenodo.22027616>

Individualized Homeopathic Management of Patchy Hair Loss in a 3-Year-Old Male: A Case Report

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Abstract

Background

Patchy hair loss in early childhood requires careful clinical assessment because several conditions may present with localized areas of reduced hair density. Detailed history, scalp examination and appropriate differential diagnosis are important before attributing the presentation to a specific alopecic disorder.

Case Presentation

A 3-year-old male child presented with **patchy hair loss of approximately 1 month duration**. The affected areas were documented over the scalp, particularly the **temporal and parietal regions**. The scalp was described as mildly itchy, with occasional scratching. Hair fall was particularly noticed during combing by his mother.

The child was born full term and had normal developmental milestones. He was attending a local play school. According to his mother, he was a **very sensitive, intelligent and quick-to-grasp child**, with a mild and gentle disposition. He was described as reserved, introverted and friendly mainly with a few close people. Although he sometimes knew the answer, he would remain quiet. He was obedient and generally followed instructions.

The physical-general assessment documented a decreased thirst, preference for chicken, chocolates and cold drinks, chilly thermal state, preference for thick covering, profuse scalp perspiration and approximately six hours of restful sleep. The documented constitutional prescription was **Silicea**, selected as the core constitutional remedy.

Conclusion

This case illustrates the importance of detailed parental history and observation of mental and behavioural characteristics when assessing a young child with patchy hair loss. The available record documents the baseline presentation and constitutional prescribing rationale; **no subsequent outcome data are available in the supplied material**, so treatment efficacy cannot be concluded from this record alone.

Keywords: Patchy hair loss; childhood alopecia; pediatric hair loss; constitutional prescribing; Silicea; case report.

Introduction

Hair loss in children can have multiple causes, including autoimmune, infectious, inflammatory, traumatic and nutritional conditions. A localized or patchy pattern warrants careful examination of the scalp and hair shafts.

In pediatric patients, direct assessment of mental and behavioural characteristics is often supplemented by observations and information obtained from the parent or caregiver.

The present case describes a **3-year-old male child with patchy hair loss**, with the constitutional picture primarily obtained from his mother.

Patient Information

Parameter	Details
Age	3 years
Sex	Male
Occupation	Student
Schooling	Local play school
Chief complaint	Patchy hair loss
Duration	Approximately 1 month
Location	Scalp – temporal and parietal areas
Scalp symptom	Mild itching
Hair-related symptom	Hair fall during combing
Informant	Mother
Birth history	Full-term birth
Development	Normal milestones

Chief Complaint

Patchy hair loss

The child presented with patchy hair loss for approximately **1 month**.

Location

- Scalp
- Temporal region
- Parietal region

Sensation

The scalp was described as **slightly itchy**.

The child occasionally scratched the scalp.

Modality

The available record documents:

Hair fall noticed during combing by the mother.

Presenting History

According to the available case record, the child had developed patchy hair loss approximately one month before presentation.

The mother noticed hair fall particularly while combing the child's hair.

The scalp was described as somewhat itchy and the child occasionally scratched it.

No additional local symptoms such as pain or burning were documented.

Clinical Examination

Examination	Finding
Wood's lamp	Brilliant green fluorescence visible
Pallor	No
New hair growth in existing patch	Not documented/selected
Tongue	Coated
Scalp	Patchy hair loss
Location	Temporal and parietal areas
Itching	Present

Physical Generals

Parameter	Finding
Appetite	Normal
Cravings	Chicken, chocolates, cold drinks
Thirst	Decreased
Thermal state	Chilly
Covering	Thick
Bathing	Seasonal
Seasonal preference	All
Preferences	AC, fan
Perspiration	Profuse
Perspiration site	Scalp all over
Urine	Normal
Stool	Regular, but hard stool requiring pressure
Sleep	Approximately 6 hours
Sleep quality	Restful

Birth and Developmental History

The child was reported to have been:

- Born full term
- Normal birth history
- Normal developmental milestones
- Development appropriate for age

No developmental delay was documented.

Family Structure

The family structure recorded included:

- Father
- Mother
- Child
- Grandparents
- Bua
- Uncle
- Aunty

9. Social and Educational History

The child is currently attending a **local play school**.

At his age, formal academic assessment is limited. However, according to his mother, he is:

- Intelligent
- Quick to grasp
- Obedient
- Understanding

Mental Generals

Because of the child's young age, the mental-general assessment was primarily based on **maternal observation**.

Personality

According to the mother, he is:

- **Very sensitive**
- Intelligent
- Quick to grasp
- Mild
- Gentle
- Reserved
- Introverted
- Friendly with a limited number of people

Behaviour

An important observation was:

Even when he knows the answer, he may remain quiet.

He listens when others speak and generally follows instructions.

Obedience He was described as: **Obedient and compliant with instructions**.

Constitutional Picture

The constitutional picture can be summarized as:

Mental

Sensitive → mild/gentle → reserved → introverted → selective friendship → quiet despite knowing the answer → obedient

Physical

Chilly → desire for thick covering → profuse scalp perspiration → decreased thirst → desire for chicken/chocolates/cold drinks

Particular

Patchy scalp hair loss → temporal/parietal areas → mild itching → occasional scratching → hair fall noticed during combing

Totality of Symptoms

Domain	Characteristic
Chief complaint	Patchy hair loss
Location	Temporal and parietal scalp
Duration	1 month
Sensation	Scalp slightly itchy
Concomitant	Hair fall during combing
Mental	Very sensitive
Mental	Mild and gentle
Mental	Reserved
Mental	Introverted
Mental	Obedient
Mental	Quiet despite knowing answer
Physical	Chilly
Physical	Thick covering
Physical	Profuse scalp perspiration
Physical	Decreased thirst
Food desire	Chicken, chocolates, cold drinks
Sleep	Restful, ~6 hours

Homeopathic Treatment Plan

Sr. No.	Category	Remedy	Rationale
1	Constitutional	Silicea	Documented as the core constitutional remedy

Constitutional prescription

Silicea — Core constitutional remedy

The supplied case record explicitly identifies **Silicea as the constitutional/core remedy**.

14. Rationale for Constitutional Approach

The prescription was not based solely on the presence of hair loss.

The case-taking incorporated the child's:

- Marked sensitivity
- Mild and gentle disposition
- Reserved nature
- Introversion
- Limited close friendships
- Quietness despite knowing the answer
- Obedience
- Chilly thermal state
- Profuse scalp perspiration

Clinical Reasoning Flow

Presenting complaint

Patchy hair loss



Particularization

Scalp → temporal/parietal regions



Local symptoms

Itching → occasional scratching



Characteristic observation

Hair fall noticed during combing



Mental generals

Sensitive → mild/gentle → reserved → introverted → quiet → obedient



Physical generals

Chilly → thick covering → profuse scalp perspiration → decreased thirst



Constitutional prescription

Silicea — documented as core constitutional remedy



17. Follow-up and Outcome

Baseline

At the available baseline assessment:

- Patchy hair loss present
- Temporal/parietal scalp involvement
- Mild scalp itching
- Occasional scratching
- Hair fall noticed during combing
- Wood's lamp: brilliant green fluorescence documented
- No pallor
- Child development normal
- Constitutional picture recorded
- Silicea documented as the core constitutional remedy

18. Discussion

This case represents a young child with a relatively recent onset of patchy scalp hair loss. The clinical assessment documented involvement of the temporal and parietal regions, mild itching and occasional scratching.

The case is particularly notable for the detailed caregiver-observed mental profile. The mother described the child as sensitive, mild, gentle, reserved and introverted. He was reported to be intelligent and quick to grasp, yet would sometimes remain silent even when he knew the answer. He was also described as obedient and inclined to follow instructions.

In addition to the mental characteristics, the physical-general assessment documented a chilly thermal state, preference for thick covering, profuse scalp perspiration and decreased thirst.

The treating record identified **Silicea as the core constitutional remedy**.

However, because no subsequent clinical outcome is available in the supplied record, the case currently supports documentation of the **baseline presentation and prescribing rationale**, but not a conclusion regarding treatment efficacy.

Conclusion

A **3-year-old male** presented with approximately one month of **patchy scalp hair loss involving the temporal and parietal regions**, associated with mild itching and hair fall noticed during combing.

The constitutional assessment, primarily obtained from the mother, revealed a **very sensitive, mild, gentle, reserved and introverted child who was intelligent, quick to grasp and obedient**. Physical generals included a chilly thermal state, preference for thick covering, profuse scalp perspiration and decreased thirst.

Silicea was documented as the core constitutional remedy.

The current record provides a detailed baseline case but does not contain subsequent outcome information. Therefore, the clinical response cannot yet be evaluated from the available documentation.

How to Cite this article:

Mishra Y. Individualized Homeopathic Management of Patchy Hair Loss in a 3-Year-Old Male: A Case Report. Int J Homoeopath Case Rep. 2026;1(1):212-220.