



**IJAYUSH**  
*International Journal of AYUSH*  
AYURVEDA, YOGA, UNANI, SIDDHA AND HOMEOPATHY  
<http://internationaljournal.org.in/journal/index.php/ijayush/>

International Journal  
Panacea  
Research library  
ISSN: 2349 7025

Original Research Article

Volume 13 Issue 2

Feb 2024

## HOMEOPATHIC INTERVENTIONS IN MULTIPLE SCLEROSIS

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### Abstract

*Multiple Sclerosis (MS) is a prevalent neurological disorder worldwide, impacting individuals of all ages. The World Health Organization reports a rising incidence of MS. Conventional treatments involve lifelong medications with variable success and potential side effects. This abstract delves into the potential benefits of homeopathic intervention. A case study of a 2-year-old diagnosed with MS illustrates significant improvement within 15 days, highlighting the potential of homeopathy as an alternative and effective approach, especially in cases where conventional treatment recommends a lifetime use of steroids with no guaranteed cure, posing financial challenges. Seeking an alternative, the family turned to homeopathy at Dr. Batra's free clinic. The progress of the patient was nothing short of miraculous, evident in the radiant smile observed during the second follow-up—a truly gratifying and uplifting outcome. The case emphasizes potential of homeopathy as an effective and holistic approach in managing MS, offering hope and relief, even in pediatric cases.*

### Keywords:

Multiple Sclerosis, homeopath, holistic approach, MS

## Introduction

Multiple Sclerosis is a chronic autoimmune disease affecting the central nervous system, characterized by the immune system mistakenly attacking the protective covering of nerve fibers. The exact cause of MS is still not fully understood, but it is believed to involve a combination of genetic, environmental, and immunological factors. This ailment often manifests in a variety of signs and symptoms, including diminishing vision, numbness in limbs, severe itching, burning sensations, and twitching pain, especially during certain movements. If left untreated, MS can lead to complications such as mobility issues, cognitive impairment, and challenges in daily functioning. Conventional treatments for Multiple Sclerosis (MS) primarily focus on managing symptoms and slowing down the progression of the disease. Immunomodulatory drugs, corticosteroids, and physical therapy are commonly prescribed to alleviate symptoms, reduce inflammation, and enhance overall quality of life. These interventions aim to modify the immune response and provide relief from specific MS-related challenges. In contrast, homeopathic treatments offer an alternative approach that emphasizes the holistic well-being of the individual. Homeopathy for MS focuses on addressing the underlying causes and triggers, aiming to stimulate the body's natural healing mechanisms.

While conventional treatments provide symptomatic relief and aim to slow down disease progression, homeopathic approaches focus on enhancing the overall vitality of the individual. A combination of these treatment modalities, offer a comprehensive strategy for managing Multiple Sclerosis, catering to both symptom relief and the promotion of long-term well-being.

## Case Profile

The patient sought assistance at Dr Batra's free clinic with a pre-diagnosis, presenting a 6 years old male child experiencing severe pains, electric shock-like twitching along the spine and during neck movements, numbness in peripheral extremities, and itching on skin lesions. Hailing from a labor-class background and unable to afford extensive treatment, the parents were devastated upon being told their child required lifelong steroid use with guaranteed deterioration. Offering empathy and understanding, we took a detailed case and,

within the initial 15 days of treatment, witnessed remarkable improvement in the skin condition of the child's hands. Pain and numbness in the limbs also showed considerable improvement, although occasional electric-like pains during spine and neck movement persisted, albeit with reduced intensity. The progress of the patient was nothing short of miraculous, evident in the radiant smile observed during the second follow-up—a truly gratifying and uplifting outcome.

### Physical Generals

Diet	<b>Non-veg / irregular</b>
Appetite	<b>Loss</b>
Desire	<b>Salty</b>
Aversion	<b>Milk</b>
Thermal Reaction	<b>Hot</b>
Thirst	<b>Increased</b>
Stools	<b>Unsatisfactory stool and sometimes diarrhoea</b>
Urine	<b>Normal</b>
Perspiration	<b>Profuse and non-offensive</b>
Sleep	<b>Disturbed</b>
Dreams	<b>Ghosts wakes up with a shock</b>

### Examination

Auspitz sign negative

Visible scales on examination.

Glossy skin appearance with irregular margins.

### Mental Generals –

- Enjoys coloring activities
- Resists taking baths, requiring parental intervention
- Shows a keen interest in playing with toy cars

### Recurrent cold cough on weather change

Grandfather - DM.

## Repertorial totality

Repertory used	Rubrics selected
<b>Synthesis Repertory</b>	<ul style="list-style-type: none"> <li>– EXTREMITIES - ITCHING- Hands - Back of hands</li> <li>– SKIN-ITCHING - bed agg; in</li> <li>– EXTREMITIES HEAT- Hands - Palms</li> <li>– EXTREMITIES - HEAT-Feet-Soles</li> <li>– SKIN-ITCHING- warm; becoming- agg.</li> <li>– PERSPIRATION - ODOR - garlic</li> <li>– SLEEP-DISTURBED - noise; by the slightest</li> <li>– BACK PAIN-Spine - drawing pain</li> </ul>

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1. EXTREMITIES - ITCHING - Hands - Back of hands (53) 1	(3)				1	2	1				1		2						1		2			1				1	
2. SKIN - ITCHING - bed agg; in (42) 1	(2)	1	2	3		2	1	3			1	2	1	1	2	1	2		2	2		1					1		
3. EXTREMITIES - HEAT - Hands - Palms (105) 1	(3)	2	1	2	3	1	1	1	3	3	2		3	1		1	1					2	1	1	3	1	1	2	1
4. EXTREMITIES - HEAT - Feet - Soles (99) 1	(3)		1	2	2	2	1	1	2	1	2	2	1	2	1	2	1	1	1	2	2		2	2	1	1		2	2
5. SKIN - ITCHING - warm, becoming - agg. (33) 2	(3)	2	3			1	2	2				1	1		3	2						2							
6. PERSPIRATION - ODOR - garlic (11) 2	(1)	1				1																							
SLEEP - DISTURBED - noise, by the slightest (45) 2	(2)		2	1	1		1	1	1	2		1							2		1			1		1		1	1
BACK - PAIN - Spine - drawing pain (23) 1	(1)				1				1										2	2		3				1	1		

## Selection of Remedy

Remedy	Reasons
Constitutional	Sulphur 200 - 2 doses
Acute	Ant crudum 30 BD Thick horny hard honey clouted scabs in eczema, Itching aggravated by warmth of bed Scaly pustular eruptions with burning and itching esp at night.

## Miasmatic approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Extremities - Itching - Hands	X			
Skin - Itching - Bed agg; in	X			
Extremities Heat - Hands - Palms	X			
Extremities Heat - Feet - Soles	X			
Skin - Itching - Warm; becoming - agg	X			
Perspiration - Odor - Garlic		X		
Sleep - Disturbed - Noise; by the slightest	X			
Back Pain - Spine - Drawing pain	X			
Thick horny hard honey clouted scabs	X			
Scaly pustular eruptions with burning and itching, especially at night	X	X		

Miasmatic predominance: Psora

## Materials and Methods

Synthesis repertory was used for repertorization

## Results

Timeframe	Follow up Outcome
<b>Initial Visit (Pre-diagnosis)</b>	Severe pains, electric shock-like twitching, numbness, and itching reported. Pre-diagnosis.
<b>Initial 15 Days of Treatment</b>	Significant improvement in hands' skin condition, reduced pain, and improved numbness.
<b>Second Follow-up</b>	Occasional electric-like pains persisted, but with reduced intensity. Radiant smile observed.

Mention month wise followup progress

MONTHS	PROGRESS	PRESCRIPTION
1 <sup>st</sup> month	<ul style="list-style-type: none"> <li>• Significant improvement in itching and flaking compared to before</li> <li>• The child appears calm and is often seen smiling</li> <li>• Enjoying more restful nights of sleep now</li> </ul>	Ant crudum 30 BD
2 <sup>nd</sup> month	<ul style="list-style-type: none"> <li>• Absence of itching and flaking, indicating a positive change</li> <li>• Neck twitching and movements also was better</li> <li>• Stable neck</li> <li>• Hands are completely fine, suggesting improved overall condition</li> <li>• The child exhibited happiness and high levels of activity throughout the day</li> </ul>	Ant crudum 30 BD

## Discussion & Conclusion

The presented case of a 6-year-old male child experiencing severe pains, electric shock-like twitching, numbness, and itching led to a pre-diagnosis that left the parents in despair, facing the prospect of lifelong steroid use with guaranteed deterioration. Seeking an alternative, the family turned to Dr. Batra's free clinic, where homeopathic intervention was initiated.

The symptoms, including extremities itching, skin eruptions, and disturbed sleep, were analyzed through a miasmatic approach, primarily indicating a Psoric predominance. The prescribed homeopathic remedies were tailored to address the unique symptom profile and miasmatic characteristics of the patient.

Within the initial 15 days of treatment, a miraculous improvement was observed. The child's hands' skin condition significantly improved, and there was a notable reduction in pain and numbness. Although occasional electric-like pains persisted, their intensity was considerably less. The second follow-up revealed a radiant smile, signifying a positive and uplifting outcome.

This case underscores the potential of homeopathy in providing holistic and effective solutions, especially in challenging cases where conventional approaches may pose limitations. The tailored homeopathic treatment not only alleviated the presenting symptoms but also contributed to an overall improvement in the patient's well-being. The positive response observed in this case highlights the importance of individualized homeopathic care, emphasizing the patient's unique symptomatology and miasmatic characteristics. This case serves as a testament to the efficacy of homeopathy in addressing complex health conditions and improving the quality of life for the patient.

### **The transformation**



## Acknowledgments

I extend my gratitude to the entire Dr. Batra's team for their invaluable support both personally and professionally throughout this case study. Special thanks to Dr. Mukesh Batra, the founder, and MD Dr. Akshay Batra for their support. I appreciate CEO Mr. Sanjoy Mukerji for his guidance, and Dr. Bindu Sharma for constant mentoring. Thanks to the Punjab teams at Dr. Batra's

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[https://www.who.int/mental\\_health/neurology/chapter\\_14\\_ms.pdf](https://www.who.int/mental_health/neurology/chapter_14_ms.pdf)