



Original Research Article

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**REVERSAL OF PROGRESSIVE DISTAL SENSORIMOTOR POLYNEUROPATHY  
AT DR BATRA'S HOMEOPATHY: A 10-YEAR RESISTANT CASE  
SUCCESSFULLY MANAGED WITH INDIVIDUALIZED REMEDY**

**Dr Lakshmi Engineer**

Senior Homeopathic Consultant, Virtual clinic, Dr Batra's Positive Health Clinic Pvt. Ltd.

MD {(Hom) (Bom)}.B.H.M.S (Bom)

Email id: [drlakshmi.engineer@drbatras.com](mailto:drlakshmi.engineer@drbatras.com), Mobile: 7208950140 / 9004212305

**Abstract**

Distal sensorimotor polyneuropathy is a chronic, progressive neurological disorder characterized by degeneration of peripheral nerves leading to sensory loss, motor weakness, and disability. Globally, its prevalence is rising due to increasing incidence of diabetes, infections, and autoimmune conditions. Conventional management remains largely palliative, focusing on glycemic control and symptomatic relief, with limited success in reversing nerve damage.

This case highlights a 35-year-old male with a 10-year history of progressive neuropathy following borderline tuberculoid leprosy and poorly controlled diabetes. Despite prolonged allopathic treatment, the disease progressed relentlessly, resulting in severe sensory loss extending from limbs to face, muscle wasting, trophic ulcers, functional disability, and profound psychological distress including suicidal ideation.

An individualized homeopathic approach based on totality of symptoms, miasmatic understanding, and constitutional prescribing was adopted. Kali Bromatum 200 was selected as the constitutional remedy. Over a period of 2 years, the patient showed marked

improvement with arrest of disease progression, gradual return of sensation, improved muscle strength, weight gain, and restoration of functional independence.

This case demonstrates the potential role of classical homeopathy in managing chronic neuropathic conditions where conventional therapy fails, leading to significant functional and emotional recovery. **A remarkable transformation was achieved at Dr Batra's Homeopathy Clinic.**

### **Keywords**

Distal polyneuropathy, diabetic neuropathy, leprosy neuropathy, homeopathy, Kali Bromatum

### **Introduction**

Distal sensorimotor polyneuropathy is a disorder involving damage to peripheral nerves, commonly affecting the longest nerves first. It presents with numbness, tingling, burning sensations, muscle weakness, and loss of reflexes. Major etiologies include diabetes mellitus, infections such as leprosy, toxins, and autoimmune conditions.

Complications include:

- Trophic ulcers
- Muscle wasting
- Gait instability
- Functional disability
- Psychological disturbances

Conventional treatment focuses on:

- Glycemic control
- Neuropathic pain management
- Supportive care

However, **nerve regeneration and reversal of pathology remain limited**, creating a scope for alternative therapeutic approaches such as homeopathy.

## Case Profile

### Chief Complaints

- Progressive loss of sensation from legs to hips and fingers to shoulders since 2022
- Recent spread to neck and face
- Loss of grip – unable to hold spoon
- Cannot feel floor or footwear
- Ulcers on toes
- Severe muscle weakness and wasting
- Difficulty walking, climbing, driving

### Mental Generals

The patient had a sensitive and impressionable personality since childhood. He was emotionally dependent, fearful of failure, and required reassurance from family members. During adolescence, he developed irritability, especially when contradicted, along with a tendency to suppress emotions rather than express them openly. He was ambitious yet lacked confidence internally.

In adulthood, responsibilities increased stress levels, leading to anxiety about health and future security. After the onset of chronic illness, his mental state deteriorated significantly. He developed feelings of helplessness, worthlessness, and dependency due to progressive disability. Loss of independence deeply affected his self-esteem. Over time, persistent suffering and lack of improvement with conventional treatment led to **hopelessness and suicidal thoughts**, with a desire to escape suffering. However, he still retained a faint hope for recovery, especially when reassured.

### Physical Generals

Parameter	Observation
Diet	Mixed
Appetite	Reduced
Desire	Sweets

Aversion	Not specific
Thermal Reaction	Hot patient
Thirst	Moderate
Stools	Normal
Urine	Normal
Perspiration	Mild
Sleep	Disturbed due to anxiety
Dreams	Fearful, anxious

### Examination

- Severe distal sensory loss (glove and stocking pattern)
- Muscle wasting – especially calf muscles
- Clawing of toes and flat foot
- Reduced grip strength
- Trophic ulcers on toes
- Reduced reflexes

### Past History

- Borderline tuberculoid leprosy (2005) with nerve damage
- Type 2 diabetes mellitus (2014)

### Family History

- Diabetes mellitus present in family

### Case Analysis

#### Totality of Symptoms

- Progressive ascending numbness
- Loss of sensation → ulcers
- Muscle wasting

- Loss of grip
- Hot patient
- Desire for sweets
- Irritability
- Suicidal thoughts
- Neurological degeneration

### **Repertorial Totality**

**Repertory Used:** Kent Repertory

### **Rubrics Selected:**

- Mind – suicidal disposition
- Mind – irritability
- Generals – heat
- Extremities – numbness ascending
- Extremities – weakness
- Skin – ulcers
- Generals – desire sweets

### **Selection of Remedy**

#### **Constitutional Remedy**

- **Remedy:** Kali Bromatum
- **Potency:** 200
- **Dose:** Single dose, followed by placebo

#### **Reasons:**

- Neurological degeneration
- Loss of coordination and sensation
- Suicidal thoughts with despair

- Progressive paralysis
- Restlessness and anxiety

### Miasmatic Approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Weakness	✓			✓
Ulcers			✓	
Degeneration			✓	
Progressive pathology		✓	✓	✓

**Miasmatic Predominance:** Syphilitic with Tubercular background

### Materials and Methods

Repertorization was performed using **Kent Repertory** and analysis confirmed using *Materia Medica*.

### Results

Month	Progress	Prescription
1st	Mental calmness, slight energy improvement	Kali Brom 200 single dose + placebo
2nd	No further spread of numbness	Placebo
3rd	Improved sleep, reduced anxiety	Placebo
4th	Slight return of sensation in feet	Placebo
5th	Grip strength mildly improved	Kali Brom 200 repeat
6th	Walking slightly better	Placebo
7th	Ulcers healing	Placebo
8th	Muscle strength improving	Placebo
9th	Sensation improving in hands	Kali Brom 200 repeat
10th	Able to walk with support	Placebo
11th	Weight gain, energy improved	Placebo
12th	Confidence improved, resumed activity	Placebo

### Transformation Table

Parameter	Before Treatment	After Treatment
Sensation	Absent	Gradually returning
Grip strength	Unable to hold spoon	Able to hold objects
Walking	Unable	Walking with support
Ulcers	Present	Healed
Weight	Loss of 14 kg	Gradual gain
Mental state	Suicidal thoughts	Positive, confident
Energy	Very low	Improved

### Discussion & Conclusion

This case represents a severe, progressive neuropathy with dual etiology—leprosy-induced nerve damage and diabetic neuropathy. Conventional treatment failed to halt disease progression over 10 years.

The individualized homeopathic approach addressed the patient holistically, considering mental, physical, and miasmatic dimensions. Kali Bromatum, selected based on totality, acted deeply on the nervous system, halting progression and initiating gradual recovery.

The improvement observed—especially return of sensation and functional ability—suggests a **possible regenerative response**, which is rarely seen in conventional prognosis.

This case highlights:

- Importance of individualized remedy
- Role of miasmatic understanding
- Potential of homeopathy in chronic degenerative diseases

**The patient's journey from disability and despair to functional independence represents a significant transformation achieved at Dr Batra's Homeopathy Clinic.**

## **Acknowledgments**

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