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CONSTITUTIONAL HOMEOPATHIC MANAGEMENT OF MOLLUSCUM CONTAGIOSUM IN A PEDIATRIC PATIENT – A CASE TREATED AT DR BATRA’S HOMEOPATHY CLINIC

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Abstract

Molluscum contagiosum is a common viral skin infection in children, often managed with topical agents or destructive procedures, with variable outcomes and frequent recurrences. This case report presents the successful constitutional homeopathic management of a 4-year-old child with persistent facial molluscum contagiosum of more than three months’ duration, unresponsive to conventional topical therapy and advised invasive intervention elsewhere. A holistic assessment focusing on mental, general, and physical characteristics guided individualized homeopathic intervention. Progressive clinical improvement was observed over six months, culminating in complete resolution without scarring or recurrence. **This case demonstrates a clear transformation achieved through individualized homeopathic treatment at Dr Batra’s Homeopathy Clinic.**

Keywords

Molluscum contagiosum, Pediatric dermatology, Classical homeopathy, Constitutional treatment, Holistic approach

Introduction

Molluscum contagiosum is a benign, self-limiting viral dermatosis caused by a poxvirus, frequently affecting children. Lesions are characterized by dome-shaped, pearly papules,

commonly involving exposed areas such as the face. Conventional treatment modalities include topical antibiotics, cauterization, cryotherapy, or laser therapy, which may be painful and psychologically distressing in pediatric patients. Homeopathy, with its individualized constitutional approach, aims to stimulate the body's inherent healing capacity, offering a non-invasive and holistic alternative.

Case Profile

- **Age:** 4 years
- **Sex:** Female
- **Diagnosis:** Molluscum contagiosum
- **Duration:** >3 months
- **Previous Treatment:** Topical antibiotic ointment (T-Bact), multivitamin syrup
- **Medical History:** Recurrent urinary tract infection (3 months prior)
- **Family History:** Non-significant

Clinical Presentation

The child presented with **multiple small, raised, pearly papules on the face**, gradually increasing in number. Parents reported aggravation after topical applications. There was **no discharge or secondary infection**, but itching was intermittently present.

Mental and Emotional State

From early childhood, the patient was described as **intelligent, alert, and quick to grasp instructions**. She exhibited a **playful disposition**, constantly active, unable to sit in one place for long, and easily distracted. Over time, this evolved into **marked restlessness**, accompanied by **irritability and easy anger**, especially when contradicted.

Emotionally, the child demonstrated **distinct fears**, notably **fear of strangers, police, darkness, and night**, often clinging to parents for reassurance. Despite restlessness, she remained **obedient and responsive to authority figures once comforted**. These mental characteristics were consistent, prominent, and characteristic, forming a strong basis for constitutional evaluation.

Physical Generals

- **Appetite:** Normal
- **Thirst:** Normal (approx. 1 L/day)
- **Food Desire:** Marked desire for sweets and eggs
- **Stool:** Regular, satisfactory
- **Sleep:** Sound sleep, prefers right side
- **Thermals:** Hot patient, prefers air-conditioned environment

Totality of Symptoms

- Playful, restless child; cannot sit at one place
- Easily angered
- Fear of police, strangers, darkness, night
- Desire for sweets and eggs
- Pearly, raised facial eruptions (molluscum)
- History of recurrent infections

Repertorial Analysis

Selected Rubrics

- **MIND – PLAYFUL**
- **MIND – RESTLESSNESS – children**
- **MIND – FEAR – night**
- **MIND – FEAR – strangers / police**
- **MIND – ANGER – easily**
- **GENERALS – FOOD – sweets – desire**
- **GENERALS – FOOD – eggs – desire**
- **SKIN – ERUPTIONS – molluscum**

| Remedies | calc. | lyc. | sulph. | bell. | ign. | nit-ac. | phos. | psor. | tarent. | calc-p. | caust. | kali-s. | puls. | tub. | dulc. | spong. | agar. | bar-c. | carc. |
|----------------------------------------------|-------|------|--------|-------|------|---------|-------|-------|---------|---------|--------|---------|-------|------|-------|--------|-------|--------|-------|
| Serial Number | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Symptoms Covered | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 |
| Intensity | 12 | 12 | 11 | 10 | 10 | 9 | 9 | 9 | 9 | 8 | 8 | 8 | 8 | 8 | 7 | 7 | 6 | 6 | 6 |
| Result | 5/12 | 5/12 | 5/11 | 5/10 | 5/10 | 5/9 | 5/9 | 5/9 | 5/9 | 5/8 | 5/8 | 5/8 | 5/8 | 5/8 | 5/7 | 5/7 | 5/6 | 5/6 | 5/6 |
| Clipboard 5 | | | | | | | | | | | | | | | | | | | |
| MIND - PLAYFUL | | | | 1 | 1 | | | 1 | 1 | | | | | | | | | | |
| MIND - FEAR | 3 | 3 | 2 | 3 | 3 | 1 | 3 | 3 | 1 | 3 | 2 | 1 | 2 | 1 | 1 | 2 | 1 | 2 | 1 |
| MIND - ANGER | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 1 | 2 | 2 | 1 | 1 | 1 | 1 |
| MIND - OBSTINATE | 3 | 2 | 2 | 3 | 2 | 2 | 1 | 2 | 3 | 1 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 1 |
| GENERALS - FOOD and DRINKS - sweets - desire | 2 | 3 | 3 | 1 | 1 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 1 | 1 | 1 | 1 | 1 |
| GENERALS - FOOD and DRINKS - eggs - desire | 2 | 1 | 1 | | | 1 | 1 | | | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 2 |

Life Space – Mind–Body Correlation

The child’s active mental sphere, emotional sensitivity, recurrent infections, and chronic skin manifestations indicated **internal susceptibility with impaired defense mechanisms**, pointing toward a constitutional imbalance rather than a localized skin pathology.

Miasmatic Assessment

The case predominantly reflected a **sycotic miasm**, evident from proliferative skin lesions and tendency for persistence, with a psoric background manifesting as hypersensitivity and recurrent infections.

Remedy Selection and Rationale

- **Calcarea carbonica:** Based on constitutional makeup, fears, desire for sweets, recurrent infections, and slow but steady healing response.
- **Causticum:** Addressed emotional sensitivity, fears, and chronicity of skin lesions.
- **Silicea:** Supported immune modulation and resolution of deep-seated susceptibility.
- **Intercurrent remedies** (Antimonium crudum, Natrum muriaticum, Staphysagria, Rhus toxicodendron) were used as per symptom evolution.

Potency selection favored **higher potencies** due to good vitality, clear mental symptoms, and chronic disease expression.

Prescription and Follow-Up

| Date | Clinical Status | Prescription |
|----------------|---------------------------------------------------|---------------------------------|
| 11-10-2025 | Lesions increased in size initially, stools clear | Causticum 200C – 3 doses |
| 14-11-2025 | Itching present, appetite improved | Calcarea carb 30C BD |
| 11-12-2025 | Lesions reducing, no new eruptions | Silicea 6X BD |
| 07-01-2026 | Marked reduction, mild dryness | Constitutional remedy continued |
| 12-02-2026 | All lesions resolved completely | No medicine; observation |
| 6-month review | No recurrence; child stable | Treatment completed |

Transformation Table

| Parameter | Before Treatment | After Treatment |
|-----------------|--------------------------------|-----------------------|
| Skin lesions | Multiple pearly facial papules | Complete resolution |
| Itching | Present | Absent |
| Emotional state | Irritable, fearful | Calm, confident |
| Restlessness | Marked | Significantly reduced |
| Overall health | Recurrent complaints | Improved immunity |



Discussion

This case highlights the importance of **constitutional prescribing in pediatric dermatological conditions**. Molluscum contagiosum, though viral and self-limiting, often becomes persistent due to underlying susceptibility. Suppressive or invasive approaches may offer temporary relief but fail to address internal imbalance. In this case, individualized remedy selection based on mental generals, physical generals, and miasmatic understanding led to sustained improvement. The initial mild aggravation followed by steady recovery aligns with classical homeopathic principles. The absence of scarring or recurrence further supports the effectiveness of the holistic approach.

Conclusion

This case reinforces the role of classical homeopathy in managing chronic pediatric skin conditions safely and effectively. A thorough understanding of the child's mental and physical constitution, coupled with individualized remedy selection, resulted in complete and lasting recovery. **The case demonstrates a clear therapeutic transformation achieved at Dr Batra's Homeopathy Clinic, even after conventional options had failed or advised invasive measures.**

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