



Original Research Article

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**COMPLETE REGROWTH IN ALOPECIA UNIVERSALIS AFTER
CONSTITUTIONAL HOMEOPATHY: A CLASSICAL HOMEOPATHIC CASE
TREATED AT DR BATRA'S HOMEOPATHY CLINIC**

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Abstract

Alopecia Universalis represents one of the most severe autoimmune hair disorders with poor prognosis under conventional management. This case report documents a young female patient with complete loss of scalp, eyebrow, and body hair following emotional trauma and hormonal stress, unresponsive to corticosteroid injections and topical minoxidil. A classical homeopathic approach based on detailed mental–emotional evolution, totality of symptoms, repertorization, and miasmatic assessment led to the prescription of *Natrum Muriaticum*. Progressive regrowth of scalp, eyebrow, and body hair occurred within six months, with sustained remission and marked psychological recovery. **This case demonstrates complete transformation achieved through individualized constitutional homeopathy at Dr Batra's Homeopathy Clinic.**

Keywords

Alopecia Universalis, Constitutional Homeopathy, Natrum Muriaticum, Emotional Trauma, Repertorization, Autoimmune Hair Loss

Introduction

Alopecia Universalis (AU) is an advanced variant of alopecia areata characterized by complete loss of terminal hair from the scalp and body. The condition is strongly associated with autoimmune dysregulation, endocrine disturbance, and emotional stress. Conventional treatment modalities—including topical minoxidil, intralesional corticosteroids, and immunomodulators—often provide temporary or incomplete results, with frequent relapses.

Classical homeopathy, through individualized constitutional prescribing, aims to address the underlying dynamic imbalance rather than isolated pathology. This case illustrates successful management of AU using classical homeopathic principles, emphasizing emotional causation, remedy selection, and long-term follow-up.

Case Profile

Diagnosis: Alopecia Universalis

Differential Diagnosis: Alopecia Totalis

Duration of Illness: 7 months

Duration of Remission: Sustained; complete regrowth within 6 months

Presenting Complaint

Patchy hair loss beginning over the occipital region, rapidly progressing to complete loss of scalp hair, eyebrows, and body hair.

Mental & Emotional Evolution

The patient described herself as emotionally sensitive since childhood—quiet, reserved, and preferring to internalize emotions rather than express them. She was emotionally independent, rarely seeking help, and tended to suppress grief and disappointment. During adolescence, she developed a strong sense of self-image linked to appearance and self-worth, with a tendency to brood silently over perceived failures.

Post-marriage, she experienced significant emotional stress related to delayed conception, despite a supportive marital environment. Repeated medical interventions and prolonged waiting led to silent despair, though she outwardly appeared composed. After finally conceiving and delivering a child, she experienced emotional relief and happiness.

Totality of Symptoms

Mental

- Silent grief, brooding over disappointment
- Sadness with loathing of life
- Low self-esteem due to appearance
- Desire for company but difficulty expressing emotions
- Consolation aggravates

Physical

- Complete hair loss over scalp and body
- Decreased thirst
- Non-refreshing sleep

Repertorial Analysis

Key Rubrics Used

- Mind – Sadness, brooding
- Mind – Loathing of life
- Mind – Ailments from grief
- Mind – Dwells on past disagreeable occurrences
- Hair – Falling, general
- Hair – Falling after emotional shock

Leading Remedy: *Natrum Muriaticum*

Remedies	<i>ph-ac.</i>	<i>calc.</i>	<i>nat-m.</i>	<i>spong.</i>	<i>staph.</i>	<i>ars.</i>	<i>carb-v.</i>	<i>carb.</i>	<i>lyc.</i>	<i>sep.</i>	<i>tub.</i>	<i>vanil.</i>
Serial Number	1	2	3	4	5	6	7	8	9	10	11	12
Symptoms Covered	4	3	3	3	3	3	3	3	3	3	3	3
Intensity	7	7	7	7	6	5	5	5	5	5	5	5
Result	4/7	3/7	3/7	3/7	3/6	3/5	3/5	3/5	3/5	3/5	3/5	3/5
Clipboard 1												
SKIN - HAIR - falling out	1	2	2			1	2		1	1	1	
MIND - AILMENTS FROM - excitement - emotional	3	2	2	2	3	1	1	2	1	2	3	1
MIND - BROODING - condition, over one's	2			2								2
MIND - DESIRES - suppressing his desires					1			1				
MIND - DESPAIR	1	3	3	3	2	3	2	2	3	2	1	2

LSMC Evaluation

Aspect	Observation
Location	Scalp, eyebrows, entire body
Sensation	Emptiness, loss
Modality	Worse thinking about illness
Concomitant	Silent grief, sadness, low confidence

Miasmatic Assessment

Predominantly **Psoric-Syphilitic**, indicated by autoimmune pathology with deep emotional despair and loss of self-worth.

Remedy Selection & Potency

Constitutional Remedy: *Natrum Muriaticum*

Potency: 200C

Rationale:

- Classic picture of silent grief, depression, brooding, and ailments from emotional loss
- Strong correspondence with autoimmune hair loss following emotional trauma

Follow-Up & Prescription Table

Date	Clinical Findings	Remedy & Potency
Initial Visit	Complete scalp & body hair loss, emotional despair	Natrum Mur 200C, single dose
1 Month	Fine regrowth on scalp & eyebrows	Placebo
2 Months	Patch filling, improved mood, less brooding	Placebo
3 Months	>25% scalp coverage, eyebrow regrowth	Placebo
4 Months	Dense scalp regrowth, body hair visible	Placebo
6 Months	Complete regrowth, emotional stability	Placebo

Discussion

This case highlights the importance of emotional causation in autoimmune hair disorders. Suppressed grief following abortion acted as the triggering factor for Alopecia Universalis. Conventional therapies failed due to lack of constitutional alignment. Classical homeopathic prescribing, based on emotional evolution and totality, resulted in complete reversal of pathology.

Natrum Muriaticum addressed both the psychological core and physical manifestation, reaffirming the homeopathic principle that restoration of mental equilibrium precedes physical cure.

Conclusion

This case demonstrates that Alopecia Universalis, often considered refractory, can be completely reversible through individualized constitutional homeopathy. Careful case-taking, emotional analysis, repertorization, and miasmatic understanding led to sustained recovery. **A profound physical and psychological transformation was achieved at Dr Batra's Homeopathy Clinic.**

References

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