



Original Research Article

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## A CASE STUDY OF HOMOEOPATHIC MANAGEMENT OF FACIAL WARTS

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### ABSTRACT

This case study highlights the successful management of multiple facial warts in a 27-year-old male through individualized Homoeopathic treatment. The patient presented with multiple warts on the left side of the face that had been gradually increasing in number and size for over a year, with occasional bleeding. The complaint significantly affected his self-confidence and emotional well-being. The remedy **Lycopodium clavatum** was prescribed based on a detailed case analysis, resulting in complete disappearance of warts and restoration of healthy skin without recurrence.

### INTRODUCTION

Warts are benign epithelial proliferations caused by the Human Papilloma Virus (HPV). Conventional treatment involves cauterization, cryotherapy, or keratolytic agents, which often lead to recurrence or scarring. Homoeopathy offers a safe, non-invasive, and holistic approach by treating the individual as a whole rather than merely the lesions.

### CASE PRESENTATION

#### Patient Details:

- **Age/Sex:** 27-year-old male
- **Chief Complaint:** Multiple warts on the left side of the face for 1 year
- **Onset:** Gradual
- **Progress:** Increasing in number and occasionally bleeding

- **Duration:** 1 year

### **HISTORY OF PRESENTING COMPLAINT**

The warts initially appeared as small, raised growths on the left cheek, which gradually increased in size and number over time. Occasionally, they bled on scratching or shaving. The patient was particularly distressed about his facial appearance. The condition affected his confidence and led to emotional disturbances, including embarrassment and irritability.

### **ASSOCIATED SYMPTOMS**

- No pain or itching
- Occasional bleeding from warts
- No other systemic complaints

### **MENTAL GENERALS**

- Malicious and sarcastic attitude
- Easily irritated, particularly when contradicted
- Aversion to new things or changes
- Sensitive to criticism
- Feels inferior in public appearances
- Avoids social gatherings due to embarrassment

### **PHYSICAL GENERALS**

- Appetite: Normal
- Thirst: Moderate
- Bowel: Regular
- Sleep: Disturbed due to stress about appearance
- Thermal reaction: Chilly

**PAST HISTORY** No major illness reported.

**FAMILY HISTORY** Non-contributory.

**DIAGNOSIS** Facial Warts (*Verruca Vulgaris*)

## REMEDY SELECTION AND BASIS OF PRESCRIPTION

The totality of symptoms, particularly the mental picture—malicious, sarcastic, aversion to new things, irritability, self-consciousness—and the characteristic left-sided affection, guided the prescription of **Lycopodium clavatum**.

**Remedy:** Lycopodium clavatum 200C

**Repetition:** Single dose, followed by placebo

**Follow-up:** Every 3–4 weeks

## FOLLOW-UP AND RESULT

Date	Observation	Treatment
1st Visit	Multiple warts, occasional bleeding, emotional distress	Lycopodium 200, single dose
2nd Visit (1 month)	Warts reduced in size, no new eruptions	Placebo
3rd Visit (2 months)	Further reduction, no bleeding	Placebo
4th Visit (4 months)	Complete disappearance of warts; skin clear and healthy	Placebo

The patient regained confidence, emotional stability, and satisfaction with his appearance. No recurrence observed during follow-up.



## DISCUSSION

Homoeopathic treatment targets the internal susceptibility and emotional state of the patient. *Lycopodium*, a deep-acting constitutional remedy, is known for left-sided complaints, irritability, and suppressed confidence behind an arrogant façade. The gradual yet complete disappearance of warts without any local treatment highlights the effectiveness of constitutional Homoeopathy.

## CONCLUSION

Homoeopathy offers a holistic, non-invasive, and safe therapeutic approach for the management of warts. The individualized prescription of ***Lycopodium clavatum*** not only removed the warts but also improved the patient's mental and emotional health, restoring confidence and overall well-being.

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