



Original Research Article

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SUCCESSFUL MANAGEMENT OF SCALP PSORIASIS AT DR BATRA'S

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Abstract

Scalp Psoriasis is a chronic autoimmune skin condition characterized by red, inflamed, and scaly patches on the scalp, often accompanied by intense itching, irritation, and flaking. A 13-year-old female presented with severe scalp itching and irritation, along with noticeable scaling. Over time Dr Batra's homoeopathy promoted visible improvement in scalp condition and reduced hair fall, enhancing the patient's overall well-being.

Keywords:

Scalp Psoriasis, Dr Batra's, Homoeopathy

Introduction

Scalp Psoriasis is a chronic autoimmune skin condition that causes red, inflamed, and scaly patches on the scalp. It occurs when the immune system triggers rapid skin cell turnover, leading to thickened, flaky skin. Common signs include intense itching, irritation, scaling, and sometimes hair fall. The condition can extend to the forehead, ears, or neck, affecting the

patient's physical and emotional well-being. If left untreated, complications like secondary infections, persistent inflammation, and significant hair loss may occur.

Case Profile

The patient, a 13-year-old girl, began experiencing flaky eruptions on her scalp around 7–8 months ago, which progressively worsened, spreading behind her ears and onto the skin of her neck. The eruptions were accompanied by extreme itching, redness, and flaking. Initial treatment with Pasitrex C ointment and Ultitar LS Solution, prescribed by her family doctor, showed no significant improvement. The child's condition coincided with a period of emotional distress due to family issues. Originally residing in Delhi, she moved to Chandigarh 3–4 months ago with her mother following her parents' separation. Her father, unemployed and often intoxicated, had frequent violent arguments with her mother, sometimes resorting to physical abuse. A particularly distressing event for the child was witnessing her father steal money from her mother's purse, which left her feeling deeply hurt and conflicted. Despite the trauma, she still expresses a strong emotional attachment to her father, often dreaming of him and missing his presence. She currently lives with her mother and maternal grandparents in Chandigarh, where she is trying to adjust to the new environment while dealing with emotional and physical symptoms.

Physical Generals

Diet	Non-vegetarian
Appetite	Normal 3 meals a day
Desire	Chocolates, chicken
Aversion	Green vegetables
Thermal Reaction	Ambithermal
Thirst	4-5 glasses a day
Stools	Normal bowel habit
Urine	Pale , no burning , no itching
Perspiration	Profuse head and forehead
Sleep	Disturbed wakes up in the midnight get back to sleep, sleeps on abdomen.
Dreams	Father living with her

Examination

Woodslamp- grey leathery eruptions seen behind the ears as well as on the vertex area of the scalp.

Auzpit's sign-positive

Mental Generals –

The child is emotionally sensitive, obedient, affectionate, and displays a strong sense of sympathy toward others. She is well-mannered, well-behaved, and has a calm, timid nature, often preferring to stay quiet rather than express her emotions openly. She has a strong desire for perfection—this is evident in her attention to detail in handwriting, neatly arranged books, clothes, and any tasks she undertakes. Though generally composed, she can become aggressive when emotionally overwhelmed, which is usually reflected through facial expressions or gestures; in the past, she occasionally broke things in anger but now recognizes such behavior as inappropriate as she matures. She has a deep love for animals, especially dogs and cats, often chasing after and feeding strays, and has expressed a wish to keep a pet at home. Additionally, she enjoys gardening and spending time with her grandparents in the garden, finding comfort and joy in nature and caregiving activities.

Past History

Viral fever she had when she was 3 yrs old and it was severe that she was hospitalized for 3 days.

Family History

Maternal grandfather DM

Father scalp psoriasis

Case analysisReportorial totality

Repertory used	Rubrics selected
Synthesis repertory	Ailments from abused after being, h/o excessive long harsh upbringing, love for animals children in, mind destructiveness children in. grimaces children in.

Repertory screenshot

Selection of Remedy

Remedy	Reasons
Constitutional Carcinosin 200 —one dose	Given on the basis of totality of symptoms and core.

Miasmatic approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
itching	Yes			
flaking		yes		
redness	Yes			
bleeding			yes	
Miasmatic predominance				

Materials and Methods

Synthesis repertory

Results

Month	Progress	Prescription
1st Month	Initial prescription given.	<i>Carcinosinum 200</i> (single dose) followed by <i>Placebo 200</i>
2nd Month	Slight reduction in flakes due to frequent coconut oil application; itching and redness remained the same.	<i>Placebo</i> , twice a day

3rd Month	Flakes reduced further; itching and redness persisted. Coconut oil being applied 6 times daily.	<i>Placebo</i> , twice a day
4th Month	Improvement in flakes and itching; redness unchanged. Continued coconut oil application 6 times daily.	<i>Placebo</i> , twice a day
5th Month	Significant improvement in itching; flakes now fine and powdery. Coconut oil applied every 5–6 hours.	<i>Placebo</i> , twice a day
6th Month	Noticeable reduction in flakes and itching; redness slightly increased. Coconut oil reduced to 3 times a day.	<i>Placebo</i> , twice a day
7th Month	Flakes and itching worsened due to seasonal change; redness unchanged.	<i>Carcinosinum</i> 200 (repeated stat), <i>Placebo</i> twice a day, <i>Calc Sulph</i> 6x SOS for itching
8th Month	Flakes and itching reduced again; flakes powdery and redness slightly improved. Coconut oil 5 times daily.	<i>Placebo</i> , twice a day
9th Month	No itching or flakes; redness reduced and skin appeared flat and normal. Coconut oil 3 times daily.	<i>Placebo</i> , twice a day
10th Month	Skin condition stable with no itching or flakes; redness turning pink. Coconut oil 3 times daily.	<i>Placebo</i> , twice a day
11th Month	No symptoms even during winter; skin remains normal. Coconut oil 3 times daily.	<i>Placebo</i> , twice a day
12th Month	Skin completely normal with no visible symptoms. Wood's lamp showed no abnormality. Coconut oil once daily.	<i>Placebo</i> , once a day

Discussion & Conclusion

This case highlights the effectiveness of constitutional homoeopathic treatment when prescribed based on the totality of symptoms and the deeper understanding of the patient's emotional and physical makeup. The case of this young girl with scalp psoriasis demonstrated that, even in pediatric cases, observing subtle gestures, behaviors, reactions, and emotional responses can provide valuable insights into the patient's constitution. The careful selection of *Carcinosinum* followed by supportive placebo therapy led to a gradual but steady improvement in symptoms, ultimately resulting in complete remission. This case reinforces the importance of individualized treatment and holistic observation in achieving long-term healing in homoeopathy.

The transformation



Acknowledgments

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