



Original Research Article

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HAIR REGROWTH WITH WIESBEDEN: A CASE SERIES OF TEN AGA PATIENTS AT DR BATRA'S

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Abstract

Hair loss is a common aesthetic and psychological concern with limited satisfactory solutions in conventional medicine. This case series evaluates the outcomes of treating hair loss with the homeopathic remedy Wiesbeden in ten patients over varied durations. Patients presented with symptoms including receding hairlines, crown thinning, and diffuse hair fall, some with underlying conditions like hypothyroidism or PCOS. Treatment outcomes were assessed based on patient-reported results, photographic evidence, and reduction in hair fall. Most patients experienced visible hair regrowth, increased hair density, and sustained remission of hair fall. These findings suggest a potential role for homeopathy in managing hair loss.

Keywords

Homeopathy, Wiesbeden 200, Dr Batra's

Introduction

Hair loss affects both men and women and can result from a variety of causes including androgenetic alopecia (AGA), stress, hormonal imbalance, nutritional deficiencies, or external factors like heat styling. The emotional and psychological impact is significant. While options like minoxidil or finasteride are available, their long-term use is often associated with side effects and inconsistent results.

Homeopathy, a holistic and individualized form of treatment, has been explored for hair-related concerns. Wiesbaden is one such remedy administered in androgenetic alopecia patients based on classical homeopathic principles. This case series documents the outcomes of 10 patients who received Wiesbaden at Dr Batra's

Methodology

This is a retrospective observational case series involving 10 patients treated for hair loss using Wiesbaden. Each patient was followed up regularly with photographic documentation, subjective self-assessment, and clinical evaluation of hair density and hair fall frequency. Duration of treatment ranged from a few months to over a year.

Criteria for assessment:

- Hair fall count reduction
- Visual improvement in density
- Patient satisfaction
- Duration of remission/absence of recurrence

No placebo control was used; each patient served as their own control.

Case Presentations

Case 1

Patient: 27-year-old female

Complaint: Hair loss for 2–3 years with 50–80 strands falling daily. Receding hairline and crown thinning.

Outcome: After 1.5 years of Wiesbaden, hair fall stopped completely. No recurrence for 7–8 months. Patient was satisfied and referred others to the clinic.

Case 2

Patient: 61-year-old female, hypothyroid, menopausal

Complaint: Hair loss <50 strands during wash/comb, loss of density

Outcome: Within 2 months of homeopathy, hair fall minimized. No recurrence during the year except brief worsening abroad due to water change. Visible hair growth and density improvement.

Case 3

Patient: 39-year-old female

Complaint: Hair loss for 7–8 years, crown thinning

Outcome: 1 year of Wiesbaden led to hair fall control and visible density improvement. Patient reported satisfaction.

Case 4

Patient: 29-year-old male

Complaint: Hair loss for 6 months to 1 year, receding hairline, male pattern thinning

Outcome: Hair fall significantly reduced, density improved. AGA Grade 3 reduced to Grade 2. Patient was satisfied with progress and outcome.

Case 5

Patient: 27-year-old female with PCOS

Complaint: Hair fall (50–100 strands), thinning, dandruff, and itching

Outcome: With Wiesbaden, midline partition visibly reduced. Improved density on sides as well, patient interested in continuing the treatment for maintenance

Case 6

Patient: 44-year-old female, history of PRP and allopathic treatment

Complaint: 15 years of hair fall, reduced density

Outcome: With Wiesbaden, improvements in thickness, volume, and density noted. Patient opted for continued maintenance treatment.

Case 7

Patient: 16 yrs old male young adult, history of hair gel use, recent relocation

Complaint: Hair fall since school, receding hairline

Outcome: In 1 month of Wiesbaden treatment, hair fall stopped and improved density was noticed. Before–after photos confirmed visible improvement. No recurrence.

Case 8

Patient: 62-year-old female

Complaint: Severe hair fall (>100 strands), crown thinning

Outcome: With Wiesbaden fall reduced, density improved. Results maintained over 12 months.

Case 9

Patient: Male, AGA Grade 5

Complaint: Major hair loss post-hospitalization

Outcome: Within 2 months of Wiesbaden visible regrowth occurred. Grade 5 reversed to Grade 1. Patient was highly satisfied and experienced no recurrence over 3 months.

Case 10

Patient: 25-year-old male, Grade 4 AGA

Complaint: Hair loss since 2019, tried minoxidil

Outcome: With Wiesbaden, crown patch nearly covered within 6 months. No recurrence and sustained regrowth observed. Patient confident in recovery.

Results Summary

Case	Age	Duration of Hair Loss	AGA Grade	Treatment Duration	Outcome
1	27	2–3 yrs	Mild	1.5 yrs	No hair fall, density ↑
2	61	2–3 yrs	Mild	1 yr	Growth + No recurrence
3	39	7–8 yrs	Mild	1 yr	Hair fall ↓, density ↑
4	29	~1 yr	Grade 3	6–8 months	Grade ↓, hairline stable
5	27	3–4 yrs	Moderate	Ongoing	Midline filled
6	44	15 yrs	NA	Ongoing	Volume, density ↑
7	~20s	10+ yrs	Grade 1	1–2 months	Fall stopped, density ↑
8	62	1 yr	Grade 3	6 months	Hairfall ↓, crown growth ↑
9	~30s	3 yrs	Grade 5	2 months	Reversal to Grade 1
10	25	6 yrs	Grade 4	6 months	Patch covered, growth stable

Discussion

This series demonstrates encouraging outcomes with homeopathic intervention in hair loss, especially with Wiesbaden. Most patients reported reduced hair fall within 1–2 months and visible improvements in density. Long-standing cases up to 15 years also showed positive outcomes. Photographs supported these results in most cases. Consistent remission across ages and grades of alopecia is promising.

Conclusion

Wiesbaden, as part of a comprehensive homeopathic protocol, may offer a viable alternative for managing hair loss. Further controlled studies are needed to validate these results on a larger scale.

Transformation photos



