

IJAYUSH

International Journal of AYUSH
AYURVEDA, YOGA, UNANI, SIDDHA AND HOMEOPATHY
http://internationaljournal.org.in/journal/index.php/ijayush/

Panacea
Research library
ISSN: 2349 7025

Original Research Article

Volume 14 Issue 04

April 2025

HOMEOPATHIC MANAGEMENT OF ADHD AT DR BATRA'S

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Abstract

Attention Deficit Hyperactivity Disorder (ADHD) is a neurodevelopmental condition characterized by inattention, hyperactivity, and impulsivity, often impacting a child's social, emotional, and cognitive development. This paper focuses on a 3-year-old child who presented at Dr Batra's with delayed speech. Homeopathy provided significant improvement in the child's condition by addressing both physical and emotional symptoms.

Introduction

ADHD often runs in families, with a heritability estimate of 70-80%, indicating a strong genetic component. Brain differences, such as reduced gray matter volume and neurotransmitter imbalances, also contribute to the condition. Early signs, including language and motor delays, may appear as early as infancy. Common symptoms include inattentiveness, hyperactivity, and impulsiveness, which can significantly impact daily life, social interactions, and learning abilities.

Case profile

A 3-year-old child, one among twin brothers born to non-consanguineous parents, presented with delayed speech development, inadequate social skills, and poor eye contact. He was born full-term via C-section with a delayed birth cry and low birth weight, though his developmental milestones were normal. He suffered from recurrent cold and cough for over a year, requiring frequent nebulization, especially at night. His speech delay was evident as he started speaking only after 1.5 years but continued to struggle with communication. He was addicted to mobile screens, had

difficulty socializing, and was emotionally sensitive, often crying when others spoke loudly. Despite undergoing speech and behavioral therapy and psychiatric consultations, his progress was minimal

Physical Generals

Diet	Mixed
Appetite	Good
Desires	Kiwi, sweets, chapathi, cold things, egg
Aversion	Vegetables
Thermal Reaction	Chilly
Thirst	1-2 liters/day, prefers normal water
Stool	Regular (once per day)
Bladder	Regular
Perspiration	Normal
Sleep	Sound
Dreams	Nothing specific

Examination & Assessment

Domain	Findings
Cognitive Development	Completes activities independently but gets distracted easily, inadequate attention and concentration, knows colors and basic shapes but lacks size concept, restless and fidgety.
Behavioral Development	Shows social smile to familiar people, has temper tantrums, tries to escape, communicates using non-verbal gestures and actions.
Social Development	Experiences anxiety around people, lacks initiation in group activities, prefers to play alone in group sessions.
Emotions & Expressions	Uses non-verbal gestures and expressions to communicate, speaks a few words with repeated verbal prompts, lacks emotional quotient.

Mental Generals

The child exhibits a reserved nature and does not mingle socially. He is highly emotional and cries easily, especially when someone speaks loudly. He has noticeable fears,

particularly of dogs and strangers, and tends to shy away when encountering unfamiliar people. Despite being unable to retaliate when confronted, he does not display aggression. Instead, he remains passive and withdrawn in such situations. He shares a stronger emotional bond with his father, seeking comfort and security in his presence. Despite undergoing speech and behavioral therapy and psychiatric consultations, his progress was minimal. However, after turning to Dr. Batra's Homeopathy, his transformation became evident. With consistent medication, his concentration and eye contact improved significantly, hyperactivity reduced, and gradual progress was observed in speech as he started speaking some words and following commands better. His hand coordination improved, overall responsiveness increased, and his ability to focus strengthened. Additionally, his recurrent cold, cough, and nasal blockage subsided, marking a significant improvement in his overall health.

Past history- N.S

Family history

Father- allergic rhinitis

Mom- fibroid uterus- fissure in ano

Twin brother- alopecia areata

Case analysis -

Rubrics Used

	Weeping easily					
	Weeping – children in – will not do					
	Fear – dogs, of					
	Fear – strangers, of					
Mind	Timidity					
	Talking – slow learning to talk					
	Reserved					
Generals	Growth – complaints of growth process					
	Kiwi – desire					

Food & Drinks	Cold food and drinks – desire
	Chocolate – desire
	Egg – desire
	Vegetables – aversion

Repertory screenshot

				_	_															
Remedies	cause	,so ₄₀	c _{allc} .	₹,	31/8	care;	4116	'SIN _Q	nat-m.	9/10	sulph.	med	thui	heq.	spong.	chín.	800.	parc.	kall _s	arg.u.
Serial Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Symptoms Covered	9	8	8	8	8	8	8	7	7	7	7	7	7	6	6	5	5	5	5	5
Intensity	14	14	13	12	11	10	9	14	12	10	10	9	9	12	8	10	10	9	7	6
Result	9/14	8/14	8/13	8/12	8/11	8/10	8/9	7/14	7/12	7/10	7/10	7/9	7/9	6/12	6/8	5/10	5/10	5/9	5/7	5/6
Clipboard 3																				
GENERALS -																				
FOOD and DRINKS																				
- kiwi - desire																				
GENERALS -																				
FOOD and DRINKS																				
- cold drink, cold	2	3	2	2	1	1	1	1	1	2	1	2	2	2	1	3	2		2	2
water - desire																				
GENERALS -																				
FOOD and DRINKS	1	2	1	2	1	2	1	1	1		2	1	1		1	1	2		1	1
- chocolate - desire		_		_								_								
GENERALS -																				
FOOD and DRINKS	1	1	2	1	1	2	1	2			1				1			1	1	
- eggs - desire																				
GENERALS -																				
FOOD and DRINKS				_									_							
- vegetables -	1	2	1	1		1	1		2	1	1	1	1	1			1		1	
aversion																				
MIND - WEEPING -																				
easily	3		2	1	1	1		3	2	1		1	1	2		1	2	1		1
MIND - WEEPING -																				
children, in - will is															1					
not done																				
MIND - FEAR -		_	-						-		-									
dogs, of	2	1	1	1	1	1	2	2	1	1	1	1		4		3				
MIND - FEAR -																				
strangers, of	1	1		1	1	1	1	1		1			2		2			2		1
MIND - TIMIDITY	2	3	3	3	4	1	1	4	2	3	3	2	1	1	2	2	3	4	2	1
MIND - TALKING -																				
slow learning to talk	1	1	1		1		1		3	1	1	1	1	2				1		

Repertory Name: Synthesis

Selection of Remedy

Туре	Remedy Name	Indications	Potency
Constitutional	Calcarea Phosphorica	Helps children with learning difficulties and delayed cognitive development. Struggles with focus, feels overwhelmed with mental tasks. Forgetful, slow learner, easily frustrated.	200

Intercurrent Tubero	ulinum Hyperactive, restless, compulsive, throws things, physically and mentally very sensitive. Dissatisfied, always wants char rebellious, disobedient, angry, uses foul language, breaks things.	
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Miasmatic Approach

Symptoms	Psora	Sycosis	Syphilis	Tuberculinum
Delayed speech development	√		✓	✓
Poor eye contact	√		✓	✓
Easily distracted, poor concentration	√		✓	✓
Temper tantrums, throwing things		√	✓	✓
Fear of dogs and strangers	✓		✓	

Results

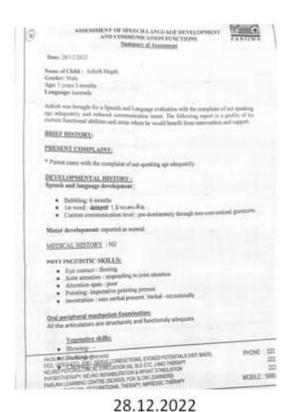
Date	Progress Summary	Remedy Given
24/06/2023	Further improvement in hyperactivity & eye contact, ongoing speech therapy	Calc-C 200C, Immunoforc 6C, Calc-P 6X
30/07/2023	Hyperactivity much improved, eye contact better, fine motor skills weak, writing difficult	Calc-C 200C, Immunoforc 6C, Calc-P 6X
05/10/2023	Eye contact & hyperactivity improved, fine motor skills need work, speech therapy continues	Tuberculinum 200C, Immunoforc 6C, Calc-P 6X
28/10/2023	Some improvement in attention, writing still difficult	Calc-C 200C, Immunoforc 6C, Calc-P 6X
27/01/2024	Restlessness increased, better eye focus, speech therapy progress, started speaking some words	Calcarea Phosphorica 6X, SL, Tarentula Hispania 30C
31/12/2024	Eye contact good, hand coordination improved, speech unclear, no cold/cough	Tuberculinum 200C, Immunoforc 6C, Calc-P 6X

27/01/2025	Similar progress as before; speech still not clear	Calc-C 200C, Immunoforc 6C, Calc-P 6X
27/02/2025	Eye contact & hand coordination improved (30-40%), follows commands, speech still tough (E, K)	'

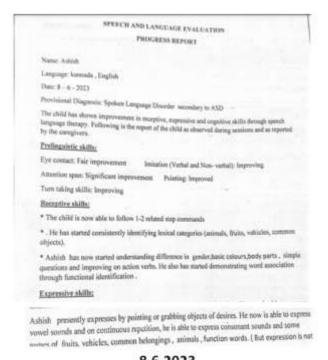
Discussion and conclusion

The patient has shown significant improvement in eye contact, hand coordination, and attention span over the past 12 months. Hyperactivity has reduced, and the ability to follow commands has improved, though speech clarity remains a challenge. Fine motor skills and writing continue to need support, but there is steady progress. Overall, the case demonstrates a positive approach, indicating the effectiveness of a holistic approach in managing the condition.

The transformation



Not speaking age adequately, Lack of concentration



skills, started eye contact, attention span is significantly improved, Started understanding the basics. Is able to follow said commands

Testimonial

We came to Dr. Batins clinic to take theatment

for my son Mast. Ashish, I tym old who is already

diagnosed with ASD/ ADAD - Speech delay

He is very violent and shows lot of temper tanteums

at home and we cannot take him out of the

home because of this behaviour.

tuen his brother is afraid to play with him as he

becomes more violent at times

He is very restless and will not look at anyone

and speak

Now after taking medications from here since

1.5 4% along with speech therapy he is showing

positive signs of smprovements. Now he is

having eye contact — trying to speak — able to

Sound some names of vegetables fruits animate.

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