



Original Research Article

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## HOMEOPATHIC MANAGEMENT OF ADHD AT DR BATRA'S

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### Abstract

Attention Deficit Hyperactivity Disorder (ADHD) is a neurodevelopmental condition characterized by inattention, hyperactivity, and impulsivity, often impacting a child's social, emotional, and cognitive development. This paper focuses on a 3-year-old child who presented at Dr Batra's with delayed speech. Homeopathy provided significant improvement in the child's condition by addressing both physical and emotional symptoms.

### Introduction

ADHD often runs in families, with a heritability estimate of 70-80%, indicating a strong genetic component. Brain differences, such as reduced gray matter volume and neurotransmitter imbalances, also contribute to the condition. Early signs, including language and motor delays, may appear as early as infancy. Common symptoms include inattentiveness, hyperactivity, and impulsiveness, which can significantly impact daily life, social interactions, and learning abilities.

### Case profile

A 3-year-old child, one among twin brothers born to non-consanguineous parents, presented with delayed speech development, inadequate social skills, and poor eye contact. He was born full-term via C-section with a delayed birth cry and low birth weight, though his developmental milestones were normal. He suffered from recurrent cold and cough for over a year, requiring frequent nebulization, especially at night. His speech delay was evident as he started speaking only after 1.5 years but continued to struggle with communication. He was addicted to mobile screens, had

difficulty socializing, and was emotionally sensitive, often crying when others spoke loudly. Despite undergoing speech and behavioral therapy and psychiatric consultations, his progress was minimal

#### Physical Generals

<b>Diet</b>	<b>Mixed</b>
Appetite	Good
Desires	Kiwi, sweets, chapathi, cold things, egg
Aversion	Vegetables
Thermal Reaction	Chilly
Thirst	1-2 liters/day, prefers normal water
Stool	Regular (once per day)
Bladder	Regular
Perspiration	Normal
Sleep	Sound
Dreams	Nothing specific

#### Examination & Assessment

<b>Domain</b>	<b>Findings</b>
Cognitive Development	Completes activities independently but gets distracted easily, inadequate attention and concentration, knows colors and basic shapes but lacks size concept, restless and fidgety.
Behavioral Development	Shows social smile to familiar people, has temper tantrums, tries to escape, communicates using non-verbal gestures and actions.
Social Development	Experiences anxiety around people, lacks initiation in group activities, prefers to play alone in group sessions.
Emotions & Expressions	Uses non-verbal gestures and expressions to communicate, speaks a few words with repeated verbal prompts, lacks emotional quotient.

#### Mental Generals

The child exhibits a reserved nature and does not mingle socially. He is highly emotional and cries easily, especially when someone speaks loudly. He has noticeable fears,

particularly of dogs and strangers, and tends to shy away when encountering unfamiliar people. Despite being unable to retaliate when confronted, he does not display aggression. Instead, he remains passive and withdrawn in such situations. He shares a stronger emotional bond with his father, seeking comfort and security in his presence. Despite undergoing speech and behavioral therapy and psychiatric consultations, his progress was minimal. However, after turning to Dr. Batra's Homeopathy, his transformation became evident. With consistent medication, his concentration and eye contact improved significantly, hyperactivity reduced, and gradual progress was observed in speech as he started speaking some words and following commands better. His hand coordination improved, overall responsiveness increased, and his ability to focus strengthened. Additionally, his recurrent cold, cough, and nasal blockage subsided, marking a significant improvement in his overall health.

Past history- N.S

Family history

Father- allergic rhinitis

Mom- fibroid uterus- fissure in ano

Twin brother- alopecia areata

### **Case analysis –**

Rubrics Used

Mind	Weeping easily
	Weeping – children in – will not do
	Fear – dogs, of
	Fear – strangers, of
	Timidity
	Talking – slow learning to talk
	Reserved
Generals	Growth – complaints of growth process
	Kiwi – desire

Food & Drinks	Cold food and drinks – desire
	Chocolate – desire
	Egg – desire
	Vegetables – aversion

### Repertory screenshot

Remedies	caust.	phos.	calc.	lyc.	sil.	carc.	tub.	puls.	nat-m.	plb.	sulph.	med.	thuj.	bell.	spong.	chin.	sep.	bar-c.	kalis.	arg-n.
Serial Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Symptoms Covered	9	8	8	8	8	8	8	7	7	7	7	7	7	6	6	5	5	5	5	5
Intensity	14	14	13	12	11	10	9	14	12	10	10	9	9	12	8	10	10	9	7	6
Result	9/14	8/14	8/13	8/12	8/11	8/10	8/9	7/14	7/12	7/10	7/10	7/9	7/9	6/12	6/8	5/10	5/10	5/9	5/7	5/6
Clipboard 3																				
GENERALS - FOOD and DRINKS - kiwi - desire																				
GENERALS - FOOD and DRINKS - cold drink, cold water - desire	2	3	2	2	1	1	1	1	1	2	1	2	2	2	1	3	2		2	2
GENERALS - FOOD and DRINKS - chocolate - desire	1	2	1	2	1	2	1	1	1		2	1	1		1	1	2		1	1
GENERALS - FOOD and DRINKS - eggs - desire	1	1	2	1	1	2	1	2			1				1			1	1	
GENERALS - FOOD and DRINKS - vegetables - aversion	1	2	1	1		1	1		2	1	1	1	1	1			1		1	
MIND - WEEPING - easily	3		2	1	1	1		3	2	1		1	1	2		1	2	1		1
MIND - WEEPING - children, in - will is not done															1					
MIND - FEAR - dogs, of	2	1	1	1	1	1	2	2	1	1	1	1		4		3				
MIND - FEAR - strangers, of	1	1		1	1	1	1	1		1			2		2			2		1
MIND - TIMIDITY	2	3	3	3	4	1	1	4	2	3	3	2	1	1	2	2	3	4	2	1
MIND - TALKING - slow learning to talk	1	1	1		1		1		3	1	1	1	1	2				1		

Repertory Name: Synthesis

Selection of Remedy

Type	Remedy Name	Indications	Potency
Constitutional	Calcarea Phosphorica	Helps children with learning difficulties and delayed cognitive development. Struggles with focus, feels overwhelmed with mental tasks. Forgetful, slow learner, easily frustrated.	200

Intercurrent	Tuberculinum	Hyperactive, restless, compulsive, throws things, physically and mentally very sensitive. Dissatisfied, always wants change, rebellious, disobedient, angry, uses foul language, breaks things.	200
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### Miasmatic Approach

Symptoms	Psora	Sycosis	Syphilis	Tuberculinum
Delayed speech development	✓		✓	✓
Poor eye contact	✓		✓	✓
Easily distracted, poor concentration	✓		✓	✓
Temper tantrums, throwing things		✓	✓	✓
Fear of dogs and strangers	✓		✓	

### Results

Date	Progress Summary	Remedy Given
24/06/2023	Further improvement in hyperactivity & eye contact, ongoing speech therapy	Calc-C 200C, Immunoforc 6C, Calc-P 6X
30/07/2023	Hyperactivity much improved, eye contact better, fine motor skills weak, writing difficult	Calc-C 200C, Immunoforc 6C, Calc-P 6X
05/10/2023	Eye contact & hyperactivity improved, fine motor skills need work, speech therapy continues	Tuberculinum 200C, Immunoforc 6C, Calc-P 6X
28/10/2023	Some improvement in attention, writing still difficult	Calc-C 200C, Immunoforc 6C, Calc-P 6X
27/01/2024	Restlessness increased, better eye focus, speech therapy progress, started speaking some words	Calcarea Phosphorica 6X, SL, Tarentula Hispania 30C
31/12/2024	Eye contact good, hand coordination improved, speech unclear, no cold/cough	Tuberculinum 200C, Immunoforc 6C, Calc-P 6X

27/01/2025	Similar progress as before; speech still not clear	Calc-C 200C, Immunoforc 6C, Calc-P 6X
27/02/2025	Eye contact & hand coordination improved (30-40%), follows commands, speech still tough (E, K)	Calc-C 200C, Immunoforc 6C, Calc-P 6X

### Discussion and conclusion

The patient has shown significant improvement in eye contact, hand coordination, and attention span over the past 12 months. Hyperactivity has reduced, and the ability to follow commands has improved, though speech clarity remains a challenge. Fine motor skills and writing continue to need support, but there is steady progress. Overall, the case demonstrates a positive approach, indicating the effectiveness of a holistic approach in managing the condition.

### The transformation

**ASSESSMENT OF SPEECH-LANGUAGE DEVELOPMENT AND COMMUNICATION FUNCTIONS**  
(Summary of Assessment)

Date: 28.12.2022

Name of Child: Ashish Dhillon  
Gender: Male  
Age: 1 year 3 months  
Language: Punjabi

Ashish was brought for a Speech and Language evaluation with the complaint of not speaking age adequately and reduced communication intent. The following report is a profile of his current functional abilities and areas where he would benefit from intervention and support.

**BRIEF HISTORY:**

**PRESENT COMPLAINT:**

\* Parent came with the complaint of not speaking age adequately.

**DEVELOPMENTAL HISTORY:**  
Speech and language development:

- Babbling: 6 months
- 1st word: *detached* 1 & 1/2 years
- Current communication level: pre-dominantly through non-verbal gestures

Motor development: reported as normal.

**MEDICAL HISTORY:** Nil

**PRELIMINARY SKILLS:**

- Eye contact: fleeting
- Joint attention: responding to joint attention
- Attention span: poor
- Pointing: expressive pointing present
- Imitation: non-verbal present, Verbal - occasionally

**Oral peripheral mechanism Examination:**  
All the articulators are structurally and functionally adequate

**Language skills:**

- Blowing

PHONE: 021 221 221  
MODULE: 1000

28.12.2022

**Not speaking age adequately, Lack of concentration**

**SPEECH AND LANGUAGE EVALUATION**  
PROGRESS REPORT

Name: Ashish  
Language: Punjabi, English  
Date: 8 - 6 - 2023

**Provisional Diagnosis:** Spoken Language Disorder secondary to ASD

The child has shown improvement in receptive, expressive and cognitive skills through speech language therapy. Following is the report of the child as observed during sessions and as reported by the caregivers.

**Prelinguistic skills:**

Eye contact: Fair improvement      Imitation (Verbal and Non-verbal): Improving  
Attention span: Significant improvement      Play: Improved  
Turn taking skills: Improving

**Receptive skills:**

- \* The child is now able to follow 1-2 related step commands
- \* He has started consistently identifying lexical categories (animals, fruits, vehicles, common objects).
- \* Ashish has now started understanding difference in gender: basic colours, body parts, simple questions and improving on action verbs. He also has started demonstrating word association through functional identification.

**Expressive skills:**

Ashish presently expresses by pointing or grabbing objects of desires. He now is able to express vowel sounds and on continuous repetition, he is able to express consonant sounds and some names of fruits, vehicles, common belongings, animals, function words. (But expression is not

8.6.2023

**Improvement in expressive, receptive and cognitive skills, started eye contact, attention span is significantly improved, Started understanding the basics. Is able to follow said commands**

## Testimonial

We came to Dr. Batra's clinic to take treatment for my son Mast. Ashish, 4 yrs old who is already diagnosed with ASD/ADHD - speech delay. He is very violent and shows lot of temper tantrums at home and we cannot take him out of the house because of this behaviour. Even his brother is afraid to play with him as he becomes more violent at times. He is very restless and will not look at anyone and speak. Now after taking medications from here since 1.5 yrs along with speech therapy he is showing positive signs of improvements. Now he is having eye contact - trying to speak - able to sound some names of vegetables/fruits/animals.

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