



Original Research Article

Volume 14 Issue 03

March 2025

HOMOEOPATHIC TREATMENT FOR PITYRIASIS AMIANTACEA AT DR BATRA'S

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Abstract

Pityriasis amiantacea is a rare eczematous scalp condition characterized by thick scales that adhere to hair shafts, often resulting in temporary or scarring alopecia. It can be localized or cover the entire scalp and is commonly associated with psoriasis or seborrheic dermatitis. A 27-year-old male accountant presented with recurring scalp flaking, itching, and occasional bleeding spots. After other treatments failed to provide relief, he turned to homeopathy. Following treatment at Dr. Batra's, he is now free from the condition, highlighting the effectiveness of homeopathic treatment for this disorder.

Keywords:

Pityriasis amiantacea, Dr. Batra's, homeopathic treatment

Introduction

Pityriasis amiantacea is a scalp condition characterized by excessive scaling, where thick silvery or yellowish scales encircle and bind hair shafts, sometimes leading to hair tufts being stuck together. The scales resemble asbestos, giving rise to the term "amiantacea," derived from the French word for asbestos. This condition is a reaction pattern rather than a specific diagnosis and is commonly associated with scalp psoriasis, seborrheic dermatitis, atopic dermatitis, tinea capitis, and occasionally head lice or lichen simplex. It is more prevalent in

females, especially in children and young adults, and can lead to temporary or permanent hair loss. Secondary infections, such as staphylococcal impetiginisation, may also occur, causing crusting and oozing of the affected areas..

Case Profile

A 26 yrs old male patient presented with thick scabs in his frontal scalp since last 2 yrs. Patient had tried many medicines including local applications & ayurvedic medicines but no results. He was scared looking at his scalp because it was not looking like normal dandruff. He is an emotionally sensitive person & this was adding to his stress. He used to feel shy to discuss his issues with others as it used to look ugly. So he would try to cover it with his hairs. After trying so many medicines also when there was no result he was completely in despair for his recovery.

Physical Generals

Diet	Non Veg
Appetite	Normal
Desire	Nsp
Aversion	Non Veg food
Thermal Reaction	Chilly
Thirst	Normal
Stools	Regular
Urine	Normal
Perspiration	Normal
Sleep	6-7 hrs/ Unrefreshing
Dreams	Nsp

Examination: Frontal scalp is full of thick yellowish flakes covering the hair shafts.

Mental Generals-

The patient lives alone in the UAE, while his family resides in India, and he has two younger sisters. Working as an accountant, he experiences significant pressure due to a toxic work

environment. Despite this, he tends not to react outwardly and prefers to leave the situation when he feels angry. During his childhood, he faced high parental expectations, which caused stress, but he never expressed his emotions. As a result, he became reserved, an overthinker, and emotionally numb, rarely crying or expressing his feelings. He speaks very little and finds solace in editing YouTube content.

Past History - Nsp

Family History - Father - Psoriasis

Case analysis - Reportorial totality

Repertory used	Rubrics selected
Kent	<ul style="list-style-type: none"> – Itching of scalp – Reserved – Cautious – Brooding

Repertory screenshot

Remedy Name	Sulph	Olnd	Graph	Mez	Lyc	Calc	Carbn-s	Merc
Totality / Symptoms Covered	10 / 4	9 / 5	9 / 4	9 / 4	8 / 4	8 / 3	8 / 3	8 / 3
[Kent] [Head]Eruption:Itching: (25)	3	2	2	2	2		2	3
[Kent] [Head]Itching of scalp: (115)	3	2	3	3	3	3	3	2
[Kent] [Head]Eruption: (53)	3	3	3	3	2	3	3	3
[Kent] [Mind]Reserved: (47)		1			1	2		
[Kent] [Mind]Cautious: (4)			1					
[Kent] [Mind]Brooding (see Anxiety, Sadness): (26)	1	1		1				

Selection of Remedy

1. Constitutional - Nat Mur 30 single dose

The patient suffered from childhood stress because of which he became introvert & reserved. Suppressed emotions.

2. Acute

Mezerium 30 – bd daily

Thick yellowish crusty flakes

Miasmatic approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Scaling		✓		
Eruptions		✓		
Thick growth		✓		
Miasmatic predominance		Sycosis		

Results

MONTHS	PROGRESS	PRESCRIPTION
1 st month	Flaking reduced significantly. Though scalp was still itchy	Calc Sulph 6x
2 nd month	Itching is increased esp under AC. There were bleeding spots in the frontal area	Arsenic Album 30ch – od Mezerium 30ch – bd Calc Sulph 6x - bd
3 rd month	Flaking better, itching only in AC	Arsenic Album 30ch – od Mezerium 30ch – bd Kali Sulph 6x -bd
4 th month	Flakes, scabs all better, itching reduced	Arsenic Album 30ch – od Mezerium 30ch – bd Graphites 30ch - od
5 th month	No flakes/scabs. Itching much better	Arsenic Album 30ch – od Mezerium 30ch – bd Calc Sulph 6x – bd Nat Mur 6x - bd

Discussion& Conclusion

In conclusion, PA appears to be a distinct clinical manifestation reflecting excessive epidermal hyperplasia around the hair follicles, secondary to a wide spectrum of scalp dermatitis or medication in susceptible individuals. Individualized treatment depending on

the underlying conditions is necessary, and additional removal of the hairs can be a useful therapeutic option in recalcitrant cases.

The transformation



Acknowledgments

I would like to thank Dr Sonali for her support.