



Original Research Article

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VITILIGO SUCCESSFULLY TREATED WITH HOMEOPATHY AT DR. BATRA'S

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Abstract

Vitiligo is a chronic autoimmune condition where patches of skin lose their pigment, resulting in white or pale spots. This occurs when the body's immune system mistakenly attacks and destroys melanocytes, the cells responsible for producing melanin, the pigment that gives skin its color. This paper highlights the case of a 36-year-old male with hypopigmented patches on his scalp who sought homeopathic treatment at Dr Batra's. Within one month, his patches began to improve, and after four months, all his patches had completely repigmented, demonstrating the potential of holistic care in managing vitiligo.

Keywords:

Vitiligo, Homeopathic, Dr Batra's.

Introduction

Vitiligo is a skin condition that causes the loss of color or pigment in the skin, resulting in areas that appear lighter than the natural skin tone or turn white. The condition occurs when the body's immune system destroys melanocytes, which are the skin cells responsible for producing melanin, the chemical that gives the skin its color or pigmentation. Vitiligo affects all races and sexes equally, although it is more noticeable in individuals with darker skin tones. While vitiligo can develop at any age, macules or patches typically become evident before the age of 30.

Case Profile

A 36-year-old chef presented with the sudden appearance of hypo pigmented patches on his scalp over a 1-2 week period. The patches were gradually increasing in both number and size. Although there was no itching or scaling on the patches, the patient was concerned for cosmetic reasons. He worked as a cook in a hotel and was afraid that if the patches increased and spread across his body, he might lose his job.

Physical Generals

Diet	Non-Vegetarian
Appetite	Good
Desire	spicy – seasoned food, meat
Aversion	Cauliflower
Thermal Reaction	Ambithermal
Thirst	1-2 liters/day
Stools	Unsatisfactory
Urine	Normal, 5-6 times/day , no pain , no burning
Perspiration	Profuse as mostly in front of flame due to cooking
Sleep	Sound sleep
Dreams	Regarding his daily activities

Examination

O/e Under woodslamp- Bright hypo pigmented patches visible on scalp .

Mental Generals –

A 36-year-old male, who works as a cook at a restaurant, is originally from Gauchar, Uttarakhand, and has been living in Panchkula for a few years to support his family. He has a family of three to take care of in Uttarakhand, including his wife and two daughters. He has an aggressive nature, which has led to a lack of friends. He feels that those he has helped in the past now hate him. He believes he is disgraced, as even his own mother does not speak to him kindly. He is very concerned about his increasing vitiligo patches, fearing that people will judge him and that he may lose his job. He is very inquisitive and often asks a lot of questions.

Past History

Nothing specific

Family History

Nothing specific

Case analysis

1. [KENT] MIND: CURIOUS
2. [KENT] MIND – DELUSION- disgraced she is
3. [KENT] GENERALS- FOOD AND DRINKS- meat desire
4. [KENT] STOMACH- DESIRES- high seasoned food

Repertory screenshot

	sulph.	nux-v.	phos.	kali-s.	puls.	sep.	calc.	staph.	aur-s.	aur.	carc.	caust.	choc.	dulc.	lach.	hyc.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
4	3	3	3	3	3	2	2	2	2	2	2	2	2	2	2	2
7	5	5	3	3	3	3	3	2	2	2	2	2	2	2	2	2

1. Clipboard 1	x
▶ 1. MIND - CURIOUS (39) 1	1
▶ 2. MIND - DELUSIONS - disgraced - she is (9) 1	1
▶ 3. GENERALS - FOOD and DRINKS - meat - desire (163) 1	2
▶ 4. STOMACH - DESIRES - highly seasoned food (11) 1	3

Selection of Remedy

Sulphur 200 – 1 dose – CONSTITUTIONAL REMEDY

Miasmatic approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Aggressiveness		√		
Fear of Judgment	√		√	
Inquisitive Nature	√			
Concern for Appearance	√	√		
Lack of Friends	√			
Family Issues	√			√

Results

MONTHS	PROGRESS	PRESCRIPTION
1 st month	His patches began to improve, Re pigmentation started	Sulphur 200 – 1 dose

2 nd month	30% repigmentation achieved	Sac lac – 2doses daily
3 rd month	60% repigmentation achieved	Sac lac – 2doses daily
4 th month	Complete re pigmentation achieved	Sac lac – 2doses daily

Discussion & Conclusion

In this case, the 36-year-old male patient with vitiligo presented with significant emotional and psychological concerns, alongside his physical symptoms. His aggressive nature, fear of judgment, and anxiety about the impact of his vitiligo on his personal and professional life were key aspects of his condition. Homeopathic treatment was tailored to address both his physical symptoms and emotional stress. Over the course of treatment, there was notable improvement in the repigmentation of his skin patches, and the patient also reported a decrease in anxiety and stress. His overall well-being improved, as he became more confident and less concerned about the social stigma associated with his condition. This case highlights the effectiveness of homeopathy in treating not just the physical aspects of vitiligo, but also the emotional and psychological challenges that often accompany chronic skin conditions. The patient's significant improvement demonstrates the potential of holistic treatment in restoring both physical health and emotional balance.

The transformation



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