



## EFFICACY OF CONSTITUTIONAL PRESCRIPTION IN HOMOEOPATHIC TREATMENT OF FILIFORM WARTS: A CASE REPORT

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### Abstract

Warts are the common benign type of skin lesions in our daily practice. Filiform warts are commonly seen on the face, neck, and skinfolds and present as papillomatous lesions on a narrow base. It looks different than most of the other warts. They are generally caused by human papilloma virus (HPV). A case of filiform wart at left side of neck in a 40 year old female with rapid growth and easily bleeding from slightest touch. In this case Nitric acid was prescribed on the constitutional basis and proved to be beneficial. Considering the extent of the filiform wart in this patient, the Homoeopathic approach relieved the case in a very short period of time.

### Keywords

Filiform warts, Homoeopathy, Nitric acid

## Introduction

Filiform warts are commonly seen on the lip, eyelids, neck, fingers. It looks distinctive. These are long, narrow projection that extends about 1 to 2 mm from the skin. This is also called facial or digitate warts. They are generally painless and doesn't lead to any other symptom. Although few symptoms may arise like itching, bleeding, soreness, irritation if they develop in sensitive areas, such as skin folds. These warts are usually isolated in nature, and not found in clusters. Filiform warts are caused by HPV, more commonly HPV-1, 2, 4, 27 & 29 strains are known to cause filiform warts. The virus can spread through skin-to-skin contact, and the risk of infection is higher if the skin is broken [1].

Warts occurs most often adolescents & young age. Visible as flesh colored to brown, exophytic, hyperkeratotic papules & dome shaped, filiform etc. [2-4].

## Classification of Warts [2].

- **Common Warts**
- **Plane warts**
- **Filiform (Digitate) warts**
- **Plantar warts**
- **Acuminate warts**

## Pathophysiology[4, 5].

HPV, incubation period usually 3 to 4 months, with a range of 1 month to 2 years. HPV affect all type of squamous epithelium and the gross and histologic appearance of individual lesions vary with the site of infection and type of virus. The replication of HPV begins with the infection of basal cells. A pathognomonic feature is the presence of large vacuolated cells with round, deeply basophilic nuclei in the upper stratum Malpighi and granular layer. Some of these contain intranuclear and cytoplasmic eosinophilia inclusions.

## Case report:

A 40 years old female, complaining of a tiny warty growth at her left side of neck with splinter like sensation from slightest touch for last 3 yrs. She was treated with some Homoeopathic medicine and some ointments, without any relief. The growth was very small, with finger like projection and splinter like sensation. It appeared to be red with bleeding from slightest touch. Other symptoms like- Irregular

bowel habit with hard stool, prefers summer season, having aversion to buttermilk. She was censorious and always had desire to cut that wart with knife. On the basis of these symptoms I prescribed Nitric acid 200, 2 doses. On 18.09.24, the color of the growth became blackish, but bleeding from slightest touch was still present. On 02.10.24, the growth has finally subsided, stool has become soft and regular.<sup>[6]</sup>

### **Analysis of case**

#### **Mental General**

Mind –Kill desire to

Mind-Censorious

#### **Physical General**

Left side

Aversion to buttermilk

#### **Particulars**

Constipation

Warts old

Warts – bleeding aggravation by touch

Warts pedunculated

#### **Evaluation of symptoms**

Mind –Kill desire to

Mind-Censorious

Left side

Aversion to buttermilk

Constipation

Skin-warts-old

Warts – bleeding aggravation by touch

Warts pedunculated

## Totality of symptoms

Mind –Kill desire to

Mind-Censorious

Left side

Aversion to buttermilk

Constipation

Skin-warts-old

Warts – bleeding aggravation by touch

Warts pedunculated

8

Analysis - C:\RadarOpus\Data\User\SingleCases\SOS.RCPC -

Synthesis Treasure Edition 2009V (SCHROYENS F.)

Limit the analysis to a view: Full repository

Search remedy:

▼ 1. patient1

▶ 1. MIND - KILL; DESIRE TO (75) 1

▶ 2. MIND - CENSORIOUS (149) 0

▶ 3. GENERALS - FOOD AND DRINKS - buttermilk ... (4) 1

▶ 4. GENERALS - SIDE - left (332) 1

▶ 5. SKIN - WARTS - old (9) 5

▶ 6. RECTUM - CONSTIPATION (528) 1

▶ 7. SKIN - WARTS - bleeding - touch agg. (1) 1

▶ 8. SKIN - WARTS - pedunculated (14) 5

	nr-ac.	caust.	thuj.	rhust.	lyc.	calc.	seph.	kali-c.	sulph.	sil.	nat-s.	dulc.	med.	sabin.	rhod.	sars.	ph-ac.	tax.	trit-vg.	nat-m.	lach.	phos.	ars.	nux-v.	stram.	arg-n.	china	
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
14	13	13	12	8	8	8	8	8	8	8	7	7	7	7	7	7	7	7	4	3	3	3	3	3	3	3	3	
32	30	25	18	17	16	16	14	12	11	9	14	13	9	8	8	7	7	6	8	8	7	7	7	6	6	6	6	
▶ 1. MIND - KILL; DESIRE TO (75) 1	1	1	1	2	1	2	1	1	1	2		2						1	1	2	2	2	2	2	1		2	
▶ 2. MIND - CENSORIOUS (149) 0		2		1	1	1	1	1	3	1		1						1		1	2	2	3	2			1	
▶ 3. GENERALS - FOOD AND DRINKS - buttermilk ... (4) 1																				1							2	
▶ 4. GENERALS - SIDE - left (332) 1	2	1	1	2	2	2	1	1	3	2	1	2		2	2	1	1	1		1	3	3	2	2	2	3	3	2
▶ 5. SKIN - WARTS - old (9) 5	2	2	2	1		2		2	1						1	1												
▶ 6. RECTUM - CONSTIPATION (528) 1	3	3	3	1	3	3	3	2	3	3	1	2	1	2	1	2	1	1	1	3	3	3	3	3	3	2	1	2
▶ 7. SKIN - WARTS - bleeding - touch agg. (1) 1	1																											
▶ 8. SKIN - WARTS - pedunculated (14) 5	3	3	2	2	2		2			1	1	2	2	1			1	1	1									

8 symptom(s) / 665 remedies

Sum of symptoms (sorted degrees)

No limitation

All remedies



First visit :18.09.24



Second visit :22.09.24



Third visit :30.09.24



Fourth visit :01.10.24

**Table -1 follow up**

Date	Presenting Complaint	Medicine
First follow up 18.09.24	A single warty growth on left side of neck since 3 yrs. On examination The growth was very small, with finger like projection and splinter like sensation	Nitric acid 200 ODX 2 days. Placebo for 8 days.
Second follow up 22.09.24	The wart dried up completely and the color of the growth became blackish.	Placebo continued.
Third follow up 30.09.24	wart was slightly cut from skin and slight bleeding present	Placebo continued.
01.10.24	The wart was Completely removed from the neck	No medicine given.

**Discussion:**

This was a case of filiform wart on neck. After thorough investigation and examination of the case, all the symptoms helped me to form totality of symptoms. These includes small warty growth with splinter like sensation and bleeding from slightest touch, hard stool, chilly patient, catches cold easily and mentally very obstinate and fastidious in nature. After forming totality and with the help of Kent's repertory on 'Synthesis software (figure-I), reportorial result shown that 'Nitric acid' was the top scorer medicine. After repertorization, I have consulted Allen's keynote <sup>[6]</sup> and Boericke's Materia Medica <sup>[7]</sup> for more confirmation and for the final selection of the most simillimum medicine for this case,

i.e., Nitric acid. Then I have prescribed Nitric acid 200 in potency, and advised to take 2 doses in consecutive 2 days, at empty stomach, early in the morning. On first follow-up on 22/09/24 the wart dried up completely and the color of the growth became blackish.(Figure II),and on next follow-up i.e., on 30/9/22, the wart was slightly cut from skin and slight bleeding present (figure III).on next follow-up i.e., on 01/10/24, the wart was completely removed from the neck (figure IV). There was also found some improvement in the accessory symptoms, like her stool was no harder as before. During the course of treatment, I have not used any external medicine as Master Hahnemann stated in aphorism 194 of Organon of medicine [8].

### **Conclusion**

Constitutional prescription cured the filiform wart in a very short period of time. So, by this, it is again proved that if the selection of homoeopathic medicine, be most simillimum for the case, then the case will definitely be cured in a very short period of time.

### **Limitation of study:**

As it is a single-case report. In the future ,case series can be recorded and published to establish the effectiveness of individualized homeopathic medicine in cellulitis.

### **Declaration of patient consent:**

The authors certify that they have obtained all appropriate patient consent for treatment and publication of images without disclosing the identity of patient.

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