



Review Article

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EFFICACY OF HOMOEOPATHIC MANAGEMENT IN TOOTHACHE

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Abstract-

Whether its sharp or dull & constant, tooth pain is hard to ignore. It will affect day to day life routine because of pain. A toothache or tooth pain is caused when the nerve in the root of a tooth or surrounding tooth is irritated. Dental infection, decay, injury or loss of tooth are the most common causes of dental pain.

Keywords-Toothache, Toothache symptoms, Homoeopathy, Prognosis, Homoeopathic remedy.

Introduction –

History, society and culture

The first known mention of tooth decay and toothache occurs on a Sumerian clay tablet now referred to as the "Legend of the worm". It was written in cuneiform, recovered from the Euphrates valley, and dates from around 5000 BC. The belief that tooth decay and dental pain is caused by tooth worms is found in ancient India, Egypt, Japan, and China and persists until the Age of Enlightenment. Although toothache is an ancient problem, it is

thought that ancient people were less affected because they didn't use sugars. Also, diets were frequently coarse. The Erbss papyrus (1500 BC) details a recipe to treat "gnawing of the blood in the tooth".

Toothache also known as odontalgia. Toothache occurs from inflammation of the central portion of the tooth called the pulp. The pulp has nerve endings that are very sensitive to pain. Pulpitis, dental cavities, Infection, impacted food, and periodontal disease, are the causes of tooth pain.

Homoeopathic approach to the cases of Toothache will provide an effective measure to relieving pain. There are many Homoeopathic medicines available & useful for Toothache which works wonderfully on toothache.

Pathophysiology-

A tooth is made up of an outer shell of calcified hard tissues (from hardest to softest: enamel, dentin, and cementum), and an inner soft tissue core (the pulp system), it contains nerves and blood vessels. The visible parts of the teeth in the mouth is called as crowns (covered by enamel) – are anchored into the bone by the roots (covered by cementum). Below the cementum and enamel layers, dentin forms the bulk of the tooth and surrounds the pulp system. Inside the crown is the pulp chamber, and the nutrient canals within each root are root canals & having one or more holes at the root end (apical foramen/foramina). The gingiva overlaps the alveolar processes, the tooth-bearing arches of the jaws.

Pathologically involves only enamel, such as shallow cavities or cracks, tend to be painless. Dentin having many microscopic tubes containing fluid and odontoblast cells.

In a toothache, nerves are stimulated by either exogenous sources (for instance, bacterial toxins, metabolic by products, chemicals, or trauma) or endogenous factors (such as inflammatory mediators).

Definition-

It is an unpleasant sensory & emotional experience associated with actual or potential tissue damage.

Toothache-

Common causes-

1) Dental caries-The most common cause for the toothache is dental caries.

Occlusal caries-Which are present on the top most part of the tooth. Where food particles come in direct contact with the teeth.

Interproximal caries-If the care of teeth & surrounding areas are not taken then the bacteria will begin to digest the sugars left over from food in mouth & convert this food into acids as a waste product. These acids are strong enough to demineralise the enamel on teeth & they form tiny holes & forms the first stage of dental caries.

2) Pulpitis-Inflammation of the dental pulp from untreated caries, trauma.

3) Impacted wisdom teeth-If wisdom tooth becomes stuck below the surface of gums & grows at an odd angle called as impacted wisdom tooth. It is a very painful condition.

4) Fractured teeth-

It may cause due to injury to tooth or getting older, dental filling.

5) Dental abscess-

A dental abscess is a formation of pus in the teeth or gums caused by an infection. There are periapical & periodontal abscess formation frequently seen.

6) Gum disease – Gums are the tissues that surround the teeth & hold the teeth in the place. Gum disease are started when bacteria grow in mouth. It may occur, Improper brushing, plaque turn into hard deposit this tartar trap bacteria on teeth & tooth damage.

Sign & Symptoms of Toothache-

-Severe, throbbing pain in jaw bone, neck, ear.

-Fever

-Swelling of face

-Headache

-Discharge or bleeding of gums.

Prevention of Toothache -

-Brushing daily 2 times with fluoride toothpaste.

-Visit dentist at twice a year

-Low intake of sugars, food & drinks

-Drink more water & take healthy food

Diagnosis-

-X-ray-Intraoral Periapical & Orthopantomogram are taken.

-CBCT (Cone-beam computed tomography), if needed.

Prognosis of Toothache-

Prognosis is good for toothache. In this modern era of modern dental care, problem identified & treat it effectively. The outcome is best if treated as early as possible.

Management-

Different modes are used like endodontic treatment, extraction of teeth and prosthetic rehabilitation. It also include usage of sedatives, antibiotics according to cause of toothache.

Homoeopathic management-

Homoeopathy is pure & safe for toothache cases. No any side effects. Cure should be rapid &, gentle.

Homoeopathic medicines are prescribed in low, medium or high potency based on the signs & symptoms. Potency is also based stage & pathology of Dental problem, i.e. whether it is acute or chronic. Here following list of homeopathic medications for tooth pain and eliminate dental complications:

Homoeopathic remedies for Toothache-

1. **Hepar Sulph and Silicea:** Root abscess responds positively, to both Hepar Sulph and Silicea. For fever is associated with occasional chills due to severe tooth pain,

Hepar Sulph is used in significantly decrease the level of swelling and pain. If face swelling and gum inflammation, Silicea is used to numb the effects of root abscess.

2. **Plantago:** Plantago is most commonly used homoeopathic medicine for toothaches and also treating sensitivity. The pain radiating to the ears from the teeth plantago gives relief. It is to be taken internally or applied externally depending on the severity of the toothache and its accompanying conditions.
3. **Staphysagria:** Sensitivity is best-taken care of by homoeopathic medicine Staphysagria and it resolves the problem when any drink or food is consumed. Bleeding gums and excess salivation is cured by Staphysagria.
4. **Arnica:** Tooth extraction and filling may often lead to pain in the gums and the affected area. For this, homoeopathic medicine Arnica is prescribed and must be taken along with Hypericum.
5. **Merc Sol:** Problems of halitosis and excessive salivation with toothaches can be solve by Merc Sol. Bleeding gums, looseness of teeth, and sensitivity treated with Merc sol.
6. **Hecla Lava:** For jaw swelling with toothache, Hecla Lava is wonderfully act.
7. **Chamomilla:** Chamomilla is best homoeopathic medicine for easing heat sensitivity that is likely to worsen the existing toothache. It's great for severe pain accompanied by irritability and sensitivity.

Summary & conclusion-

Toothache is a very common condition by which a large number of people worldwide get affected. The sufferer of this condition ranges from all the age groups & both the sexes. It is very important to treat this condition which can be done by selection of proper Homoeopathic remed

Homoeopathic remedies can provide effective, measures in relief of Toothache. Constitutional Homoeopathic prescribing not only improves dental complaints but also improves the Psychological aspect.

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