



CLINICAL APPLICATION OF MIASM IN CHRONIC DISEASES: A CASE REPORT OF CHRONIC HYPOTHYROIDISM

***Dr. Kuntinath M. Mallannavar¹, Dr. Pratik P. Ganabavle², Dr. Mrs. Lata K. Mallannavar³, Dr. Mrs. Pooja P. Ganabavle⁴, Dr. Mrs. Vijeta S. Kamble⁵**

¹M.D (HOM) Associate Professor, Department of Surgery.

²M.D (HOM) Assistant Professor, Department of Surgery.

³M.D (HOM) Associate Professor, Department of Practice of Medicine.

⁴M.D (HOM) Assistant Professor, Department of Homoeopathic Metria Medica.

⁵M.D (HOM) Assistant Professor, Department of Surgery

Late Mrs. Hausabai Homoeopathic Medical College & Hospital, Nimshirgaon, Maharashtra

*Corresponding Author's Email ID: dr.mallannavarkm@gmail.com

Abstract –

Hypothyroidism is now a days major public health challenge to the larger population. The thyroid gland produces two related hormones, thyroxine (T₄) and triiodothyronine (T₃). Acting through thyroid hormone receptors (TR) α and β , these hormones play a critical role in cell differentiation and organogenesis during development and help maintain thermogenic and metabolic homeostasis in the adult.^[1] Autoimmune disorders of the thyroid gland can stimulate the overproduction of thyroid hormones (thyrotoxicosis)^[1] or cause glandular destruction and hormone deficiency (hypothyroidism)^[1]. Homoeopathy is widely used for endocrine disorders like hypothyroidism. In this case presentation, I briefly discuss on hypothyroidism and a case, which was treated by Homoeopathic Medicines. Further, in this case report I discussed about clinical application of concept of Miasm in deep seated chronic diseases.

Keywords –

Miasm , Homoeopathy, Hypothyroidism , Clinical application of Miasm

Case Report –

A women, aged 45 years visited my OPD on 24th August 2013 with complaint of continuous weight gain since 6-7 months and she is K/C/O – Hypothyroidism^[1] [Image 1.1] since 2 years and on allopathic treatment T. Eltroxin 100 mcg OD > 1yrs. Even with this allopathic medications she is gaining weight, not feeling fresh or active thus came for Homoeopathic treatment.

Chief Complaints –

Hypothyroidismsince 2 Years.Complaints of weight gain since 6-7 months. Appetite also increased these days. In last 6-7 months she put on 6 KG weight. Now 76 KG. There is swelling all over body.

History of Present Complaint –

It is started gaining weight gradually since 2 year but since these 6-7 months it is rapidly growing. Now it is uncontrolled weight gain.

Past History –

Since childhood she hardly suffered from any diseases. Very few times she suffered from illnesses.

Family History –

Father had CA Oesophagus. Brother had CA head Pancreas.

Drug History –

T. Eltroxin 100 mcg since > 1YearsDaily once

Physical Generals –

APPETITE: increased than previous since 6-7 months.

THIRST: GOOD. 2 – 3 litres/day

DESIRE: NS

AVERSION: NS

STOOL: No complaints. Normal Bowel movements.

URINE: No Complaints

SLEEP: Normal. Sound Sleep.Refreshing. 6-7 Hours of sleep.

DREAMS: No any. Not Remembered

THERMALS – HOT ++

Physical Particulars –

NO-Icterus, Pallor, Edema, Clubbing. Well Oriented , Conscious patient.^[9]

BP- 120/70mmHg, P- 76 beats/min. No Lymphadenopathy, Normal Neurological Reflexes, No any Palpable growth at neck or any other part of the body.^[9]

Mental Generals –

Patient says, since my father dies 2 YRS back my all complaints started.

She says, my father was my support. Now I am feeling like I lost firm support in my life. There is no one to support me now. I was totally depending on him since my childhood. Sadness but I cannot weep.

Says, I have always thoughts of my father only. I weep easily. I want someone to support and care me like my father. Says, I don't easily mix with new people. I don't like many contacts. I want few contacts but that I want very close relations. I don't like superficial relations. If I make any relation I become completely dependent on that person. Says u know doctor there are many people who brake our trust. Then I get hurt and also feel loss of support if they leave me. So I don't make new friends easily.

Test Report Status	Final	Results	Biological Reference Range	Units
ENDOCRINOLOGY				
THYROID PANEL BY CHEMILUMINESCENCE, SERUM				
T3	103.86	60.00 - 181.00		ng/dl
METHOD : CHEMILUMINESCENCE				
T4	5.50	4.50 - 12.60		µg/dl
METHOD : CHEMILUMINESCENCE				
TSH	30.35	High 0.35 - 5.50		µIU/mL
METHOD : CHEMILUMINESCENCE				

***Image 1.1– Laboratory Investigation – Thyroid Function Test (T3,T4,TSH) ,
Investigation is done after 2nd follow up on 21/11/2013***

Diagnosis –

CHRONIC HYPOTHYROIDISM^[1]

Hahnemannian Classification of Disease –

Dynamic Chronic Miasmatic Disease with Fully developed Symptoms. ^[2]

Susceptibility – HIGH^[2]

Miasmatic Diagnosis-

MIASM - DOMINANT –**SYCOSIS**^[2,3]

Symptoms	Psora	Sycosis	Syphilis
AILMENTS FROM DEATH	+		
SADNESS WEEPING IMPOSSIBLE		+	
TIMID		+	
INTROVERTED		+	
OBESITY/ WEIGHT GAIN		+	

Reportorial totality -

Repertory used- Complete repertory. KHA - Mac Repertory Software. ^[7]

See the reportorial sheet -

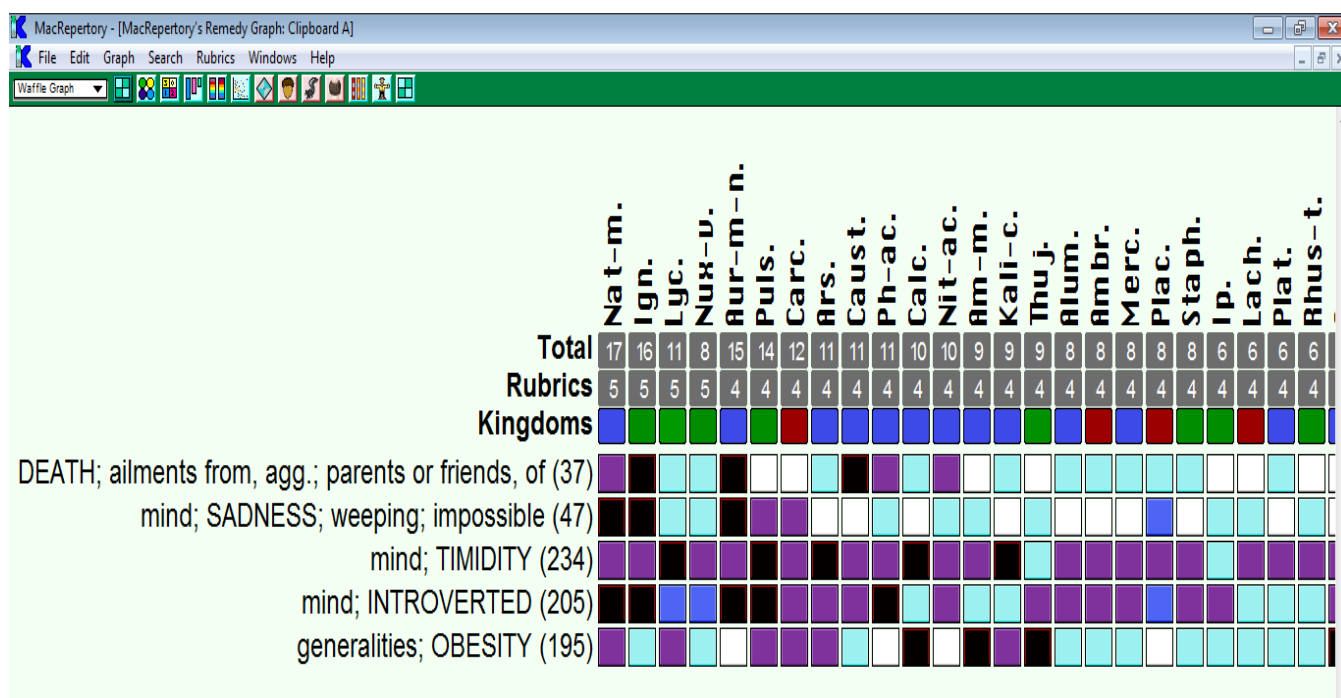


Image 1.2 – RepertorialSheet , KHA- Mac Repertory Software , Complete Repertory ^[7]

Prescription –

After repertorization, ^[7] ^[Image 1.2] NatrumMuriaticum has possess highest grade & highest matching of the symptoms. Here, I select NatrumMuriaticum on the basis of completeness of symptoms of the patient. I also consult with MateriaMedica and after repertorization NatrumMuriaticum is indicated remedy.

Prescribed on – 24.08.2013

NATRUM MURIATICUM 200 ^[4]

Dispensed in Globules . (3-4 Drops of NatrumMuriaticum 200 SBL Dilution in 1 Drachm 40 Number Globules) ^[10] 5 Pills once a day for (8 Days) . Then, Placebo - 5 pills once a day for (15 Days) ^[2]

Selection of Dose and Potency –

As per organon of Medicine aphorism 247 5th edition ^[2] and according to the susceptibility of the patient potency is selected. Here the patientsusceptibility is High and intensity of the symptoms is higher and she suffers from long time .And well-presented mental generals, so to start with 200 potency is selected. ^[2]

AUXILLARY AND ANCILLARY MODE TREATMENT –

Avoid much oily food, fried and rich food. Avoid junk food, fast food and bakery products.
DAILY SUN BATH +++ / Vitamin Supplement if needed.^[1,2]

Follow ups –

Date	Prognosis	Prescription	Explanation
20/09/2013	SQ . Generals – Normal Weight – 76 Kg	Nat Mur 1M III Doses Placebo – 1 Months	Potency increases due to NO Change.
21/11/2013	SQ . Generals – Normal Weight – 76 Kg	Carcinosinum 1M III Doses Placebo – 1 Months Advice – Thyroid Function Test (T3,T4,TSH)	Nosode as Anti-Miasmatic. Nat Mur is covering all sycotic Miasm as well as patient's mental and physical constitution. But there is strong family history of CANCER in family. On this bases I have chosen CARCINOSINUM (Nosode) as Anti-Miasmatic remedy.
19/12/2013	Since last medication weight is decreasing. Now weight is 74 KGS. Now feeling still sad. Feels like weeping. Generalities – Normal 18/12/2013 – TFT – T3- 103.86 ng/dl T4- 5.50 ug/dl TSH-30.35 uIU/mL HIGH (Reports – Image 1.1)	Nat Mur 1M III Doses Placebo – 1 Months	Patient's Investigations shows higher value of TSH but after last medications patient started to lose weight. And showing change at physical generals. So I again prescribed constitutional remedy.

27/02/2014	Good Prognosis. Now weight is also decreasing. And feeling fresh than previous. Weight – 68 KG	Placebo – 2 Months	Good Prognosis . So no any repetition of Medicine.
Date	Prognosis	Prescription	Explanation
15/05/2014	Good Prognosis. Weight – 64 KGS Now generally also feeling very fresh and active than previous. Almost investigation reports also showing normal.	Placebo – 3 Months Advice – Thyroid Function Test (T3,T4,TSH)	Good Prognosis . So no any repetition of Medicine.
DECEMBER 2014	Patient is not visited me since last follow up in May 2014. But patients reports shown by her relatives . 30/10/2014 TFT- T3- 135.28 ng/dl T4- 7.10 ug/dl TSH-6.35 uIU/mL ... WNL (Reports – Image 1.3)	Placebo – 3 Months Advice – To consult MD physician for future course of Allopathic Medicines.	Good Prognosis .So no any repetition of Medicine.
Latest Follow up in 2018	Latest investigation [Image 1.3] on 30/10/2014 shows significant improvements in TSH value 6.35 uIU/mL which is within controlled range after Homoeopathic treatment. Patient discontinued all allopathic treatment since January 2015 as directed by her physician. And Last Dose of Natrum Mur was given in May 2014. Patient has not visited my OPD since May 2014. And discontinued treatment and Visited now in 2018 for other complaints and she reviewed about previous illness and informed that she is without allopathic medication since 3-4 years and yearly investigation shows TFT within Normal limits.		

DIAGNOSTIC REPORT

CLIENT CODE : C000012579

CLIENT'S NAME AND ADDRESS :
POOJA DIAGNOSTIC SERVICES
NEAR UTTAM THEATRE, CHANDANI CHOWK,
HATKANANGALE, KOLHAPUR
(CHALKARANJI) 416115
MAHARASHTRA, INDIA
02302434026 9421114226

SRL LIMITED (Formerly known as Super Religare Laboratories Limited)
PRIME SQUARE BUILDING, PLOT NO 1, GAIWADI INDUSTRIAL
ESTATE, S.V. ROAD, GOREGAON (W)
MUMBAI, 400062
MAHARASHTRA, INDIA
Tel : 022-6780 1177/1-800-222-660, Fax : 022 - 67801212
CIN - U74899DL1995PLC070503
Email : srl.mumbai@srl.in

PATIENT NAME : **IQBAL SARVAR** PATIENT ID :

ACCESSION NO : **0002N3098764** AGE : 46 Years SEX : Female DATE OF BIRTH :

DRAWN : 29/10/2014 11:00 RECEIVED : 30/10/2014 12:33 REPORTED : 30/10/2014 15:15

REFERRING DOCTOR : DR. PRATIBHA GANBAWALE CLIENT PATIENT ID :

Test Report Status	Final	Results	Biological Reference Interval	Units
ENDOCRINOLOGY				
THYROID PANEL BY CHEMILUMINESCENCE, SERUM				
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T4		7.10	4.50 - 12.60	µg/dl
METHOD : CHEMILUMINESCENCE, COMPETITIVE IMMUNOASSAY				
TSH		6.35	High 0.35 - 5.50	µIU/mL
METHOD : CHEMILUMINESCENCE, TWO STEP SANDWICH IMMUNOASSAY				

Image 1.3- Laboratory Investigation - Thyroid Function Test (T3,T4,TSH) ,
Investigation is done after follow up in

MAY 2014 on 30/10/14. Showing good results as TSH is reducing.

Discussion and Conclusion -

NatrumMuriaticum^[4] was the 1st prescription chosen because Natrummuriaticum was covering all physical and mental characteristic as well patient's Dominant Miasm Sycosis. Patient not responded with medicine. So by **considering Family History of CANCER**, I have prescribed **CARCINOSIN**^[4,6,8] as an **Anti-Miasmatic Medicine**.^[2,3,6] Then patient started showing improvement in general well-being. Weight was also started decreasing. So again NAT MUR was prescribed to the patient as it is **constitutional remedy**.^[2,6] So now after NAT MUR patient was improved lot. This case has follow up for almost 5 Years and she was doing good after stopping all allopathic medications. And her each year follow up shows controlled range of TSH within normal limits. Here, we are able to understand clinical importance of NOSODE and Miasmatic Treatment^[2,3] in a deep seated Chronic Diseases. So that our Constitutional Medicine^[2,3] will work effectively. Hence the knowledge of Miasm is very important in solving chronic diseases.^[2,3]

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