



## HOMEOPATHY FOR WILSONS DISEASE

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### **Abstract**

*Wilson's disease, a rare genetic disorder characterized by copper metabolism dysfunction, presents significant challenges to affected individuals. With a global prevalence estimated at approximately 1 in 30,000, this condition manifests through symptoms such as fatigue, weakness, and jaundice, impacting both physical health and quality of life. However, homeopathy offers a holistic approach to managing Wilson's disease, focusing on individualized treatment based on symptomatology. A compelling case study illustrates this: a 27-year-old male, previously debilitated by the disease, experienced a remarkable transformation after homeopathic intervention. Once confined by fatigue and dependency, he regained vitality, confidence, and functionality. This case underscores the potential of homeopathy in improving the lives of those with Wilson's disease, offering hope and restored well-being.*

**Keywords:** Wilson's disease, rare, genetic disorder, homeopathy

## Introduction

Wilson's disease, an uncommon genetic disorder, arises from mutations in the ATP7B gene, impairing the body's ability to regulate copper levels. This results in copper accumulation primarily in the liver and brain, leading to diverse symptoms including fatigue, jaundice, tremors, and neurological issues. Left untreated, Wilson's disease can progress to severe complications such as liver failure and neurological dysfunction. However, homeopathy offers a holistic approach to symptom management, addressing the individual's overall health rather than merely targeting specific symptoms. By selecting remedies tailored to the patient's unique symptom profile, homeopathy aims to stimulate the body's innate healing mechanisms, potentially alleviating symptoms and improving overall well-being. It can complement conventional treatments, providing a comprehensive approach to care and potentially enhancing the patient's quality of life.

## Case Profile

A 20-year-old male student residing in Mumbai presents with complaints of persistent fatigue and lethargy over the past few months. He reports experiencing weakness and tremors primarily in his upper limbs. Additionally, he complains of nausea accompanied by vomiting and occasional episodes of loose stools over the past few days. He also mentions pain and tenderness localized to the right side of his abdomen. There are no discernible patterns regarding timing, aggravating, or alleviating factors for his symptoms. The severity of his symptoms has been progressively worsening over time.

## Physical Generals

Diet	Vegetarian
Appetite	Normal
Desire	Milk and Milk products
Aversion	N.S
Thermal Reaction	Hot
Thirst	Adequate
Stools	Regular and Satisfactory
Urine	NAD
Perspiration	Normal
Sleep	Sound
Dreams	N.S

## **Examination**

1. The patient was seen having mild tremors in hand.
2. A copper-colored ring was observed around the iris in the eye. (S/O: Keyser-Fleischer ring, advised to get ophthalmologic slit-lamp examination done for confirmation)
3. Patient looked tired and lethargic.
4. On Abdominal Palpation - Splenomegaly and Hepatomegaly were seen

## **Mental Generals:**

The 20-year-old patient lived with his parents, with his father being very active. He encouraged his son to participate in sports and remain engaged. The patient's mother had high expectations, hoping her son would score above 95 percent in his studies. Despite trying to be obedient and active to the best of his ability, there were instances when he procrastinated and was influenced by friends and computers. Nonetheless, he managed to uphold high standards for himself. Described as gentle, soft-spoken, and introverted, he possessed intelligence and a strong memory. Excelling academically, he received praise from teachers for his performance and polite behavior. Additionally, he excelled in sports and had creative talents such as singing, composing, writing, and reading. Remarkably, he had written two books—one on science fiction and the other on bird travel—that had been appreciated by his school. His caring nature extended to humans, animals, and nature, displaying a protective attitude towards them.

## **Past history**

Recurrent tonsillitis

Frequent colds and cough

Frequent loose motions and vomiting

## **Family history**

Father - H/O frequent cold coughs.

\*\* All other family members are apparently healthy\*\*

## Case analysis

### Repertorial totality

Repertory used	Rubrics selected
Synthesis	<ol style="list-style-type: none"> <li>1. MIND - ACTIVITY - desires activity - creative activity</li> <li>2. MIND - AILMENTS FROM - domination - children ; in</li> <li>3. MIND - ANIMALS - love for animals</li> <li>4. ABDOMEN - ENLARGED – Liver</li> <li>5. ABDOMEN - ENLARGED - Spleen</li> </ol>

### Repertory chart

	lact.	lyc.	phos.	pod.	sulph.	calc.	nat-s.	carc.	all.	chin.	iod.	nit-ac.	fab.	med.
1	4	4	4	4	4	4	4	4	4	3	3	3	3	3
2	7	7	7	7	7	6	6	5	4	8	6	5	5	4
3	2	1	2	1	2	1		1	1	2	1			2
4		2		3			1	2	1		1			1
5	2	1	1	1	1	1	1	1	1				2	1
6	1	3	2	2	2	2	2	1	1	3	2	2	2	
7	2		2		2	2	2			3	3	2	1	

### Selection of Remedy

Remedy	Reasons
Constitutional: <b>Carcinosin 200</b> <b>3 doses HS</b>	History of parental domination. Intelligent patient Very creative. Love for animals. Very obedient. Hepatomegaly, Splenomegaly.

Acute <b>Chelidonium 30</b> <b>Twice Daily</b>	Liver Affections Splenomegaly Nausea Vomiting
Intercurrent <b>Thuja 1M</b> <b>1 dose</b>	Anti Sycotic Predominance

### Miasmatic predominance

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Tremor Hands	yes			
Tired and Lethargic	yes			
Creative	yes			
Animal Lover	yes	yes		
Copper Deposit		yes		
Obedience		yes		
Procrastination		yes		
Intelligent		yes		
Splenomegaly		yes		
Hepatomegaly		yes		
Tonsillitis		yes		
<b>Miasmatic predominance</b>		<b>SYCOSIS</b>		

## Material and method

RADAR SOFTWARE – Synthesis repertory

## Result

Month	Symptoms	Blood Test Results	Prescription
1	Feeling better, increased activity	SGOT - 88 U/L, SGPT - 277 U/L, 24hr Urine Protein - 282 mg/dL, 24hr Urine Copper - 488 µg	Advised monthly blood tests; Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily)
2	Loose motions and nausea under control	SGOT - 94 U/L, SGPT - 297 U/L, 24hr Urine Protein - 259 mg/dL, 24hr Urine Copper - 175 µg	Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily)
3	Reduced eye discoloration, increased energy	SGOT - 46 U/L, SGPT - 166 U/L, 24hr Urine Protein - 259 mg/dL, 24hr Urine Copper - 160 µg	Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily)
4	Reduced abdominal tenderness, subsided swelling	SGOT - 34 U/L, SGPT - 72 U/L, 24hr Urine Protein - 103 mg/dL, 24hr Urine Copper - 138 µg	Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily); Thuja 1 M (stat)
5	No new complaints, doing well	SGOT - 51 U/L, SGPT - 223 U/L, 24hr Urine Protein - 160 mg/dL, 24hr Urine Copper - 142 µg	Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily)
6	Advised low copper and protein diet	SGOT - 31 U/L, SGPT - 97 U/L, 24hr Urine Protein - 108 mg/dL, 24hr Urine Copper - 306 µg	Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily)
7	Mild nausea, advised light food and water	SGOT - 62 U/L, SGPT - 203 U/L, 24hr Urine Protein - 167 mg/dL, 24hr Urine Copper - 278 µg	Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily); Thuja 1 M (stat)
8	Improved concentration, energy levels	SGOT - 53 U/L, SGPT - 184 U/L, 24hr Urine Protein - 219 mg/dL, 24hr Urine Copper - 264 µg	Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily)
9	Mild elevation in blood reports	SGOT - 59 U/L, SGPT - 169 U/L, 24hr Urine Protein - 316 mg/dL, 24hr Urine Copper - 376 µg	Carcinisin 200 (3 doses HS); Chelidonium 30 (twice daily)

10	Happy, interactive, feels stronger	SGOT - 68 U/L, SGPT - 190 U/L, 24hr Urine Protein - 267 mg/dL, 24hr Urine Copper - 318 µg	Carcinosin 200 (3 doses HS); Chelidonium 30 (twice daily); Thuja 1 M (stat)
11	Most complaints better, good appetite	SGOT - 56 U/L, SGPT - 179 U/L, 24hr Urine Protein - 138 mg/dL, 24hr Urine Copper - 160 µg	Carcinosin 200 (3 doses HS); Chelidonium 30 (twice daily)
12	Improvement in blood reports	SGOT - 51 U/L, SGPT - 143 U/L, 24hr Urine Protein - 199 mg/dL, 24hr Urine Copper - 105 µg	Carcinosin 200 (3 doses HS); Chelidonium 30 (twice daily)
<b>Urine Copper further reduce to – 27.02 µg</b>			

## Discussion & Conclusion

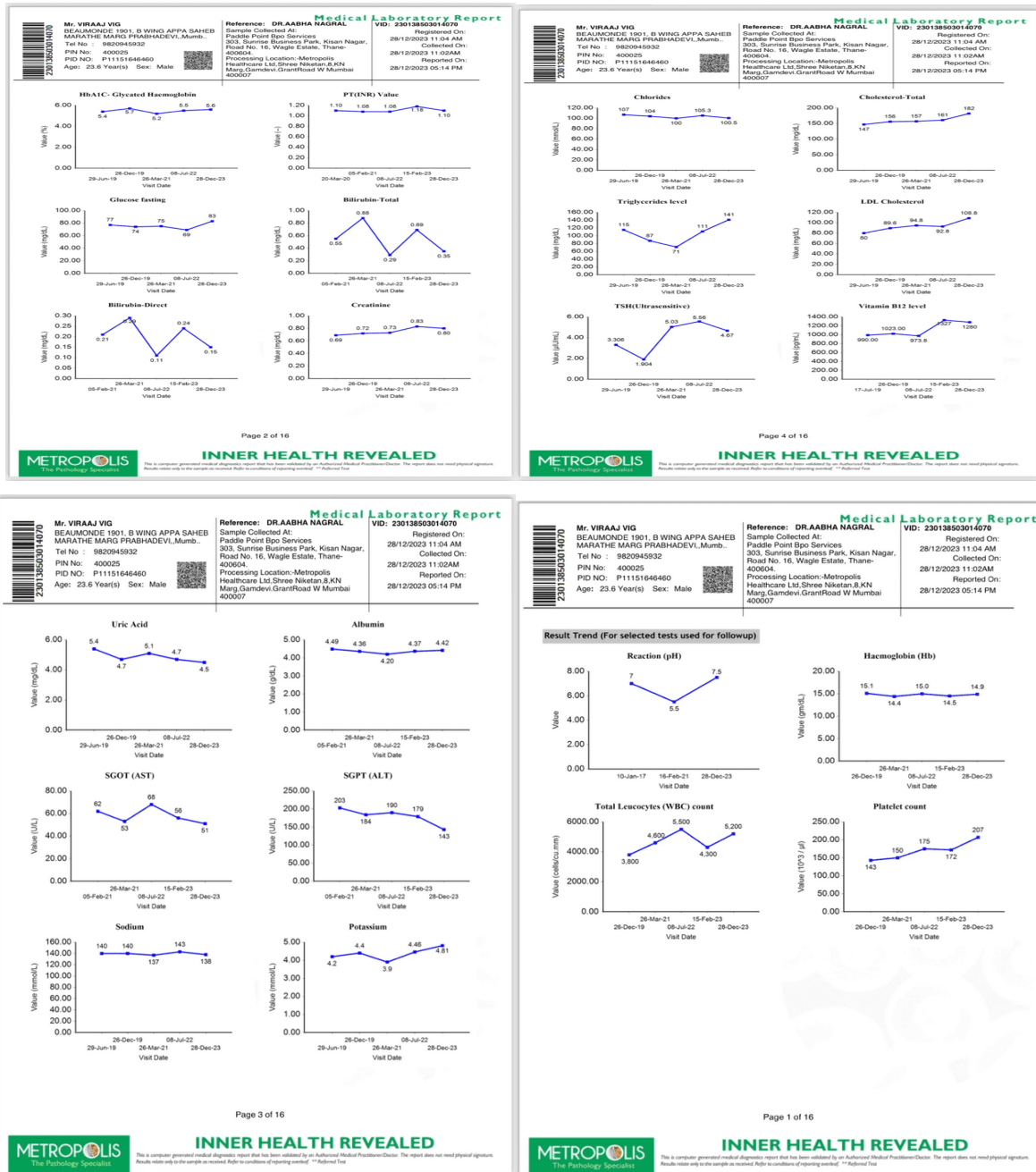
### Discussion:

Wilson's disease presents significant challenges in management due to its genetic nature and potential for severe complications. Conventional treatment primarily focuses on reducing copper accumulation and managing symptoms through medications, dietary modifications, and in some cases, liver transplantation. However, these approaches may have limitations, including side effects and the need for long-term adherence. In contrast, homeopathy offers a complementary therapeutic option that considers the individual's unique symptomatology and overall health status. By addressing the underlying imbalance in the body's vital force, homeopathic remedies aim to stimulate self-healing mechanisms and restore equilibrium, potentially alleviating symptoms and improving quality of life. The holistic nature of homeopathy may be particularly beneficial in managing the diverse symptoms associated with Wilson's disease, offering a personalized approach to care. Moreover, homeopathy's gentle action and minimal risk of adverse effects make it suitable for individuals of all ages, including children and those with co morbidities. Additionally, the integrative use of homeopathy alongside conventional treatments may provide a comprehensive and synergistic approach to managing Wilson's disease, enhancing overall therapeutic outcomes.

## Conclusion:

In conclusion, while Wilson's disease remains a complex and challenging condition to manage, the inclusion of homeopathy in treatment plans offers potential benefits for affected individuals. By addressing symptoms, improving quality of life, and supporting overall health and well-being, homeopathy contributes to a comprehensive approach to care.

## The transformation





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## **References**

Source: Genetic and Rare Diseases Information Center (GARD) - Wilson Disease

RADAR Software – synthetic repository