



IJAYUSH
International Journal of AYUSH
AYURVEDA, YOGA, UNANI, SIDDHA AND HOMEOPATHY
<http://internationaljournal.org.in/journal/index.php/ijayush/>

International Journal
Panacea
Research library
ISSN: 2349 7025

Original Research Article

Volume 13 Issue 3

March 2024

ALLERGY ALLEVIATION: HOMEOPATHIC STRATEGIES FOR MANAGING CHILDHOOD RHINITIS

Dr Bindu Sharma

Director – Medical Services

Dr Batra's Positive Health Clinic Pvt Ltd.

B.H.M.S., PG- Hom (UK), FCHD (Hom. Dermatology),

CCAH (Advance Homeopathy), CCPH

Email: drbindu.sharma@drbatras.com

Abstract

This study investigated the efficacy of individualized homeopathic treatment in managing allergic rhinitis (AR) in children. Conducted at Dr. Batra's Positive Health Clinic from 2014 to 2016, the non-controlled experimental study enrolled 30 children aged 10 to 12 years with positive skin tests for allergies. Over a 12-month period, participants received individualized homeopathic medicines, and symptom frequency and intensity were monitored. Results showed significant improvement in all children within 3 to 8 months of treatment. Parents reported enhanced quality of life in 18 cases and very much improvement in 10 cases. Calcarea group medicines were predominantly used, with Nat. Mur and Tuberculinum in the remaining cases, all administered in 200 potency without adverse reactions. This study underscores the potential of homeopathic treatment in effectively managing AR in immune-sensitive children, leading to improved quality of life without side effects.

Keywords: Allergic rhinitis, children, homeopathic treatment, individualized medicine, quality of life.

Background

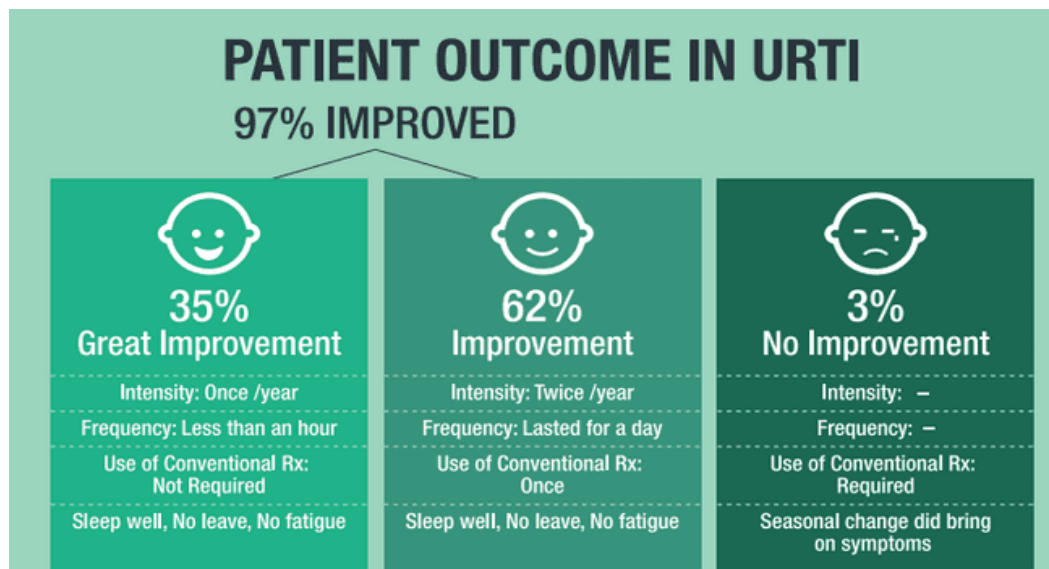
Children are extremely vulnerable to various forms of allergies; the most commonly seen is Allergic rhinitis. If not treated, tend to become chronic with severity, intensity and complications affecting the quality of life of child and parent. If the child have an inherent

Method

A non control experimental study was done at Dr. Batra's Positive Health Clinic from 2014 to 2016. 30 children from the age group of 10 – 12 yrs having positive skin test for allergy were enrolled and observed for a period of over 12 months. They were given individualised homoeopathic medicines. The frequency and intensity of the complaints prior to the enrolment was compared with 6 months and 1 year of the treatment.

Results


All the children were better within 3 to 8 months of the treatment. The quality of life was assessed by asking questions to the parents reflect improved quality in 18 cases, very much improved in 10 cases. In only 2 cases the parents did not find any change. 85% of the cases required Calcarea group i.e. Calc Carb or Calc. Phos. The Nat. Mur and Tuberculinum were given in rest of the cases. In all the cases 200 potency was used. None of the infant had reported adverse drug reaction.



Conclusion

The study shows the scope of homoeopathic medicines in successful management of allergic rhinitis even in immune sensitive IgE positive children in short span of time without any side effect along with improved quality of life.


The transformation


Sana Aasil

★★★★★ 4 years ago


Very good service. My son suffered with cold and cough frequently. It was too severe and every time allopathy doc prescribed antibiotics. Nothing worked out, the day and night were pain.

Dr. Kiran changed our life and she did miracles. At first the homeo medicine response was slow but in a year, I saw a huge change. My boy is very fine now. And I thank the Doctor ever.


Satya Kishore Dasam


★★★★★ 6 years ago

Taking treatment for my daughter Sri kusuma for allergies treatment with Dr Kiranmai. She is comparatively very good improvement is der in treatment n I have referred my frnds n family member for any health issues and they have started treatment with Dr batras. Happy with the service from d staff n dr. Thanks electronic city team Dr batras


Sravya Ammanabolu

★★★★★ 4 years ago

I visited the clinic for cold. They treated it well and am very much satisfied. Thanks to Dr. Kiranmai mam.


Pragadeesh Gupta

★★★★★ 12 months ago NEW

Highly Recommended. I visited Dr. Batra's clinic for my son's allergies. The treatment was very effective and the doctor was very kind and helpful. I highly recommend Dr. Batra's clinic to all who are suffering from allergies.


Thaila Krithika

★★★★★ 2 days ago NEW

One year before we came here for some health issues. We want to improve her immunity so we taken Dr.Akila mam's medicine. Now she improved lot. Thanks for team Dr.Batras



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Patient Name: V. Thaila Krithika
One year before we came here for some health issues so that we could improve her immunity. We took Dr. Batra's medicine. Now she improved (no cough, cold, fever) because of the medicine. Thank you Dr. Akila mam & Dr. Batra's Team.
Yours,
Patient's Mother: V. Thaila Krithika
November 15, 2023



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.



Dr. Batra's clinic
I am a patient of Dr. Batra's clinic. Since 2-3 years I have been suffering from allergies. I was not able to sleep properly. After taking Dr. Batra's medicine, I feel much better. I am happy to say Dr. Batra helped me get rid of my allergic complaints. Also, my nose pain has reduced and I'm getting better day by day. Thank you.

