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A CASE OF ACUTE CYSTITIS CURED WITH HYOSCYAMUS

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Abstract: Homoeopathy is a unique system of medicine based on individualization and symptom similarity of the patient. It treats sickness of a man as a whole and individualised entity. There are numerous examples of clinical and therapeutic studies done on cystitis. Urinary bladder inflammation is known as cystitis Homoeopathic medicines have been found significantly effective in the treatment and management of cystitis as it can be seen from the case report presented of a 25 years female who was suffering from cystitis since 2 weeks and treated within 3months with Homoeopathic similimum which was selected on the basis of individualisation.

Keywords: Cystitis, Individualisation, Weakness.

Introduction: Inflammation of urinary bladder is known as cystitis. Cystitis is caused by a variety of bacterial and fungal infections. The most common pathogenic organism is *E. coli*, followed in decreasing frequency by *Enterobacter*, *Klebsiella*, *Pseudomonas* and *Proteus*. All forms of cystitis are clinically characterised by a *triad* of symptoms—*frequency* (repeated urination), *dysuria* (painful or burning micturition) and *low abdominal pain*.

Disease is always primarily a morbid dynamical or functional disturbance of the vital principle; and upon this is reared the entire edifice of therapeutic medication governed by the law of similia as a selective principle.¹

Cystitis is the most common urinary tract infection among women during the reproductive years.² The vast majority of acute symptomatic involve young women. It was reported that an annual incidence of 0.5 – 0.7 infections per year occur in this group.³ Cystitis is common among women between 20 and 50 years of age.⁴

Material and method:

Case: A 25 years old girl reported to the outpatient department (OPD) of Solan Homoeopathic medical college and hospital Kumarhatti, (H.P.) on 20/08/2025 came with a complaint of pain in lower abdomen, difficulty and pain in urination and weakness, since 2 weeks.

2.1 History of present complaint: Patient was apparently well 2 weeks back. Since 2 weeks she developed pain in lower abdomen, painful urination and weakness.

2.2 Past history: Patient had history of typhoid at the age of 8 years and conjunctivitis at the age of 14 years.

2.3 Family history: Her father is a chronic patient of hypertension and mother is suffering from chronic rheumatic pains. .

2.4 Physical generals: She has difficulty in tolerating cold weather. She drinks 6-8 glasses of water per day. Her appetite is decreased. Bowel habits normal but she has hiccough after eating anything. Urine is painful and difficulty in passing the urine. She also has weakness of whole body.

2.5 Mental generals: Patient lives in nuclear family and she is the elder daughter of the family with 2 sisters and one younger brother. She works in a factory and is very suspicious about fellow workers. She always takes precautions before any decisions in her life. At present she is worried about her excessive sexual desires and she has a thought in her mind that this desire can be the reason of pain in the lower abdomen.

2.6 Analysis and evaluation of symptoms:

S.NO.	SYMPTOMS	MG/PG/PARTICULARS	INTENSITY
1.	Take precaution before any decision	MG	++
2.	She suspect everyone	MG	+++
3.	Excessive sexual desire	MG	+++
4.	Hiccough after eating	Particular	+++

5.	Pain lower abdomen	Particular	+
6.	Difficult urination	Particular	+++
7.	Weakness	PG	++

2.7 Repertorial totality:

S.NO.	SYMPTOMS	CHAPTER/RUBRICS
1.	Take precaution before any decision	MIND-CAUTIOUS
2.	Suspect everyone around	MIND-SUSPECIOUS
3.	Excessive sexual desire	MIND-NYMPHOMANIA
4.	Hiccough after eating	STOMACH-HICCOUGH-eating after
5.	Pain lower abdomen	ABDOMEN-PAIN-cutting -hypogastrium
6.	Difficult urination	BLADDER-URINATION-dysuria
7.	Weakness	GENERALS-weakness

2.8 Repertorial sheet:

Investigation window for remedies

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J. Sherr Display Strategy Restrict to

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1. MIND - CAUTIOUS (51) 1																																					
2. MIND - SUSPICIOUS (143) 1																																					
3. MIND - NYMPHOMANIA (81) 1																																					
4. GENERALS - WEAKNESS (790) 1																																					
5. STOMACH - HICCOUGH - eating - after (54) 1																																					
6. ABDOMEN - PAIN - cutting - Hypogastrium (61) 1																																					
7. BLADDER - URINATION - dysuria (169) 1																																					

Schroyens F., Synthesis 9.0 (English) - BLADDER - URINATION - dysuria

2.9 Repertorial analysis ⁵

S.NO.	REMEDIES AND THEIR RELATIVE VALUES
1.	Hyoscyamus niger 17/7
2.	Nux vomica 13/7
3.	Sulphur 13/7
4.	Veratrum album 12/7

2.10 The remedy: Hyoscyamus 200-single dose, followed by phytum for 1weeks 15-08-2025.

Medicine was selected after analysing the detailed case history of patient and on the basis of presenting totality of symptoms using (synthesis repertory) with the help of RADAR version-10 software. As Hyoscyamus had highest marks in repertorisation and remedy is again confirmed with reference from Materia Medica. Fear; Being alone poison; being beaten; being sold; to eat or drink; suspicious, of some plot. ⁶

Excited sexual desire [nymphomania].⁷

Nymphomania ,with tendency to expose the person.⁸

The potency was selected according to the susceptibility of the patient. Single dose of Hyoscyamus is given to avoid unnecessary aggravation as has been said in aphorism 278 that only true experience is the best guide for a physician to know how much small a dose should be in order to bring upon a cure without causing unnecessary aggravation of the disease.⁹

2.11 Follow up:

FOLLOW UP	SYMPTOMS	MEDICINE ,POTENCY,DOSES
22/08/2025	No changes in symptoms.	Phytum 200/1dose Rubrum30-BD/1week
30/8/2025	Abdominal pain slight better, weakness slight better, urine symptoms same.	Phytum 200/1dose Rubrum30-BD/2 weeks
14/09/2025	Abdominal pain better, weakness better.	Phytum 200/1dose Rubrum30-BD/2 weeks
28/09/2025	Weakness and abdominal pain better, and also urine symptom better.	Phytum 200/1dose Rubrum30-BD/2 weeks
13/10/2025	Weakness better.	Phytum 200/1dose Rubrum30-BD/2weeks
28/09/2025	Abdominal pain better and difficulty in urination better, weakness better.	Phytum 200/1dose Rubrum30-BD/2 weeks
12/10/2025	Abdominal pain, weakness better.	Phytum 200/1dose Rubrum30-BD/2weeks
18/10/2025	Pains better.	Phytum 200/1dose Rubrum30-BD/2weeks

26/10/2025	Weakness, muscular pain, urine better.	Phytum 200/1dose Rubrum30-BD/2weeks
4/10/2025	Pains are better so Advice USG.	Phytum 200/1dose Rubrum30-BD/2 weeks
18/11/2025	No weakness, normal USG findings.	Phytum 200/1dose Rubrum30-BD/2 weeks

2.12 Investigations:

221486 (H) 222488 (R)
98164-68207 (M)

+ CITY HOSPITAL +
NEAR NCC OFFICE, RAJGARH ROAD, SOLAN (H.P.)

CITY HOSPITAL
HEALING HANDS

Name Age- 25yrs Sex - f
Refd by - Dr. Maya Ahuja Dated -15/08/2025

ULTRASOUND ABDOMEN

LIVER: is normal in size and echotexture. No focal lesion seen. IHBR not dilated.
Hepatic Veins and PV normal.

GALL BLADDER: is well distended it is echofree with normal wall thickness
No calculus seen
CBD not dilated and measures 5 mm
No pericholecystic fluid seen.

KIDNEYS: Both kidneys are normal in size and echotexture.
Right kidney measures 8.8 X 3.4 cm. Left kidney measures 9.0 X 3.3 cm
B/L Pelvicalyceal system is compact
No calculus seen. no hydronephrosis seen.
Cortical thickness & CM demarcation normal, no mass lesion seen.

Spleen: Normal in size and echotexture. No focal lesion seen.

PANCREAS: Normal in size and echogenicity.
NO LAP/ascitis seen.

URINARY BLADDER: is well distended, echofree with increased wall thickness 4.3mm.

UTERUS & ovaries --are normal in size & echotexture.....

IMPRESSION : F/S of Cystitis

/ *afm*

TIMINGS : Morning : 9:30 AM to 1:30 PM LUNCH : 1:30 PM to 3:30 PM Evening : 3:30 PM to 6:30 PM
SUNDAY BY APPOINTMENT ONLY

FACILITIES : 20 BEDDED INDOOR HOSPITAL WITH ULTRASOUND. X-RAY, ECG, SKIN TESTS, NORMAL & CAESAREAN DELIVERIES.
SPECIAL ARRANGEMENTS FOR CARE OF THE NEW BORN BABIES, VACCINATION & COSMETIC SURGERY

Fig.1 – USG before treatment

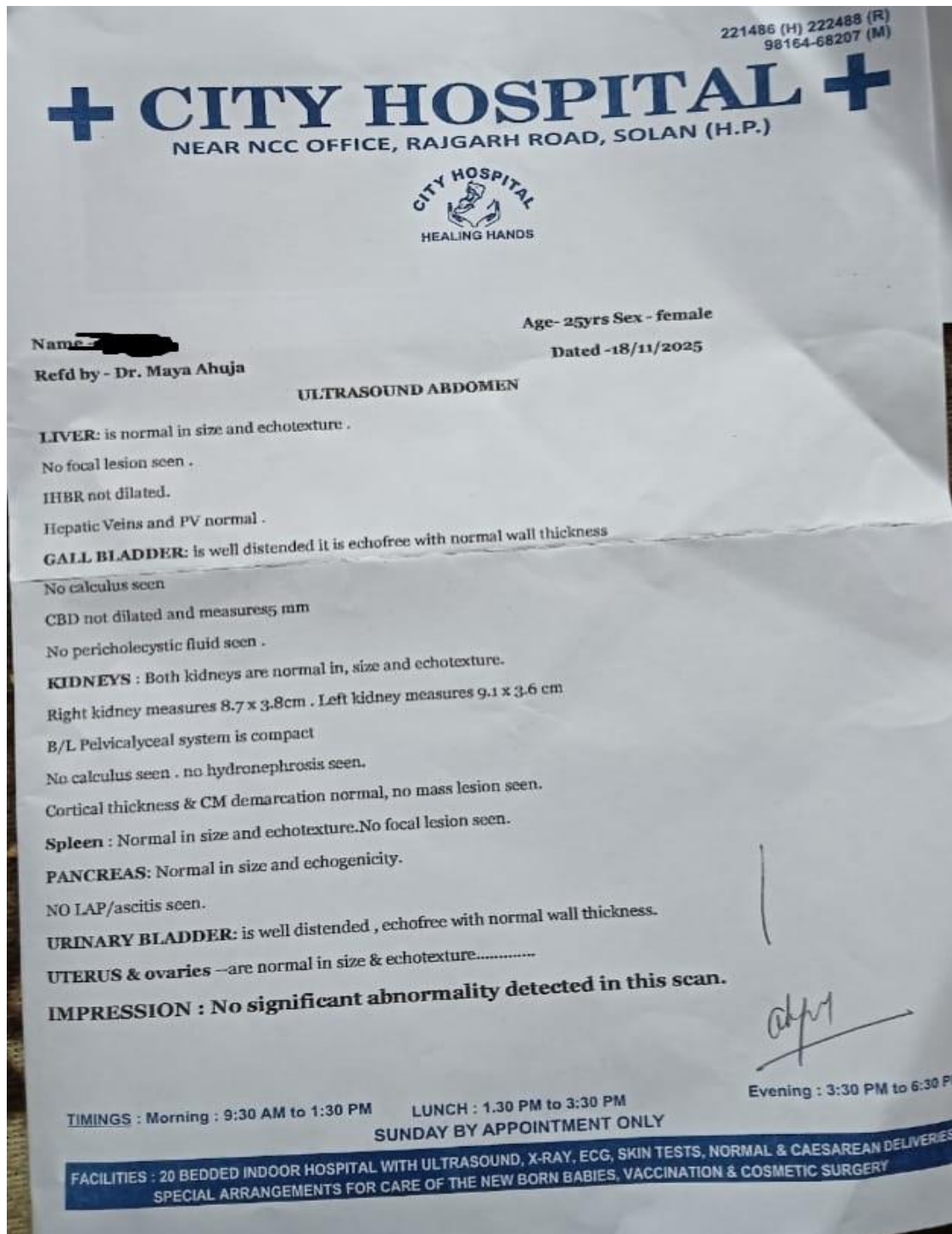


Fig.2-USG after treatment

3. Result and discussion: In this case, patient first visited on date 15/08/2025 with symptoms of weakness, abdominal pain, difficult urination and USG report of the same day showing cystitis. So the diagnosis of acute cystitis was confirmed. Homoeopathy considers patients as a whole and constitutional medicines are suggested rather than the disease specific remedies. Therefore, a *holistic approach* is needed to treat the patients. A detailed case taking with psycho-somatic approach should be adapted during the case taking. It should include investigation of emotional and psychological factors such as stress, repressed emotions, mental shock, grief, anger, dreams,

delusions, and all other factors affecting the mind along with past, family history and intellectual and physical aspects of the patient. Similarly medicine Hyoscyamus 200 single dose was prescribed on the basis of symptoms similarity and constitutional basis with reference to materia medica. On 30/08/2025 patient comes with a slight changes in the previous symptoms. During treatment symptoms like abdominal pain, difficult urination , and weakness were improved . Next follow ups shows the normal USG which is evidence of effectiveness of homoeopathic medicine in such cases.

4. Conclusion: As Hahnemann has rightly said that “there are patient in disease and not the disease in patient”. Hahnemann in aphorism 2nd has stated that, “*The highest ideal of cure is rapid, gentle and permanent restoration of the health, or removal and annihilation of the disease in its whole extent, in the shortest, most reliable and most harmless way, on easily comprehensible principles.*” Such a chosen remedy on the basis of individualization as stated in aphorism 7 works like a miracle.

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