



Review Article

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MEDICINAL POTENTIAL OF *DRAKSHA* (*VITIS VINIFERA* LINN.):

A COMPREHENSIVE REVIEW OF THE BRUHATTRAYEE

Vigna A. Shah^{1*}, Dr. Kruti Y. Vyas²

¹Final year P.G. Scholar, Upgraded Department of Rasashastra and Bhaishajya Kalpana, Government Ayurved College, Vadodara, Gujarat, India

²Lecturer, Upgraded Department of Rasashastra and Bhaishajya Kalpana, Government Ayurved College, Vadodara, Gujarat, India

*Corresponding author: Vigna A. Shah

Email Id: vignashah108@gmail.com, Mobile no: 9429769069

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ABSTRACT

Background: *Draksha* (*Vitis vinifera* Linn.) is an important medicinal fruit extensively described in the Ayurvedic classics for its *Brumhana*, *Rasayana*, *Vrushya*, *Chakshushya* and *Vata-Pittahara* properties. Although its therapeutic utility is well recognized, a comprehensive analysis of its references in the Bruhatrayee has not been reported. **Objective:** To compile and analyze the references of *Draksha* in the Bruhatrayee with special emphasis on its classifications, formulations, dosage forms and therapeutic indications. **Materials and Methods:** References related to *Draksha* were collected from Charaka Samhita, Sushruta Samhita, Ashtanga Samgraha and Ashtanga Hridaya. The collected data were systematically analyzed for categorization, pharmaceutical dosage forms, therapeutic applications. **Results:** A total 307 formulations with 230 internal and 77 external formulations along with 24 references describing *Draksha* as *Anupana* were identified. *Draksha* was incorporated into a wide range of dosage forms, including *Swarasa*, *Kalka*, *Kwatha*, *Hima*, *Churna*, *Ghrita*, *Taila*, *Avaleha*, *Ksheerapaka*, *Sandhana Kalpana*, *Panaka*, *Basti* and various ophthalmic preparations. The majority of formulations were indicated in *Jwara*, *Kasa*, *Shwasa*, *Raktapitta*, *Rajyakshma*, *Pandu* and *Pittaja* disorders, demonstrating its broad therapeutic applicability. **Conclusion:** *Draksha* is one of the most extensively utilized medicinal fruits in the Bruhatrayee, with diverse therapeutic applications and pharmaceutical dosage forms. This review provides a comprehensive reference for its classical utility and highlights its potential for future pharmacological and clinical validation.

Keywords: Ayurvedic formulations, Bruhatrayee, Dosage forms, *Draksha*, *Vitis vinifera* Linn.

INTRODUCTION

Draksha (*Vitis vinifera* Linn.) is a deciduous climber cultivated mainly in north western India. However, its dried fruits, commonly known as raisins, are largely imported into India from the Middle Eastern and Southern European countries.ⁱ *Draksha* has been a well-known medicinal drug since the Vedic period. In Ayurveda, *Draksha* is regarded as the best among fruits.ⁱⁱ It possesses properties such as *Chakshushya* (beneficial for eyes), *Vrushya* (aphrodisiac), *Brumhana* (nourishing), *Vatapittahara* (pacifies *Vata* and *Pitta Dosha*), and *Svarya* (beneficial for voice and throat). It is indicated in various disease conditions including *Trushna* (thirst), *Jwara* (fever), *Kasa* (cough), *Shwasa* (dyspnoea), *Daha* (burning sensation), *Shosha* (emaciation) etc.ⁱⁱⁱ *Draksha* has been widely used in various formulations mentioned in the *Bruhatrayee* for both internal and external applications.

Research indicates that Different parts of *Vitis vinifera* Linn. possess distinct phytochemical compositions. Grape skin is rich in polyphenols, particularly anthocyanins, flavonols, flavan-3-ols, phenolic acids, and stilbenes, which contribute to colour and antioxidant activity, especially in red grape varieties.^{iv,v} Grape pulp contains comparatively lower levels of phenolic compounds, with hydroxycinnamic acids being predominant, while glucose and fructose constitute the major non-phenolic components.^v Grape seeds are the most concentrated source of phenolics, mainly flavan-3-ols (catechin, epicatechin) and proanthocyanidins, accounting for a major proportion of total grape phenolics.^{vi} Grape stems contains phenolic acids, flavonoids, proanthocyanidins, and stilbenes, with tannin profiles intermediate between seeds and skins.^{vii} Grapevine leaves are also rich in phenolic acids, flavonoids (quercetin and kaempferol derivatives), and tannins, exhibiting strong antioxidant potential.^{viii}

The plant has been studied for its various pharmacological activities such as Antioxidant, antihypertensive, cardioprotective, anticancer, antimicrobial, antiviral, antifungal, anti-inflammatory, hepatoprotective and antidiabetic activity.^{ix} Ayurvedic literature has also documented vast utility of *Draksha* in therapeutics. To understand its therapeutic versatility, this review is conducted to collect its formulations through *Bruhatrayee* and analysed its dosage form and indication.

MATERIALS AND METHODS

References regarding *Draksha* containing formulations are screened from *Bruhatrayee* i.e. Charaka Samhita,^x Sushruta Samhita,^{xi} Ashtanga Samgraha^{xii} and Ashtanga Hridaya.^{xiii} Collected data were further analyzed for its dosage forms, use and therapeutic indications.

OBSERVATION & RESULTS

Synonyms & categorization

Categorization

Draksha is described in the Bruhatrayee as one of the best fruits^{xiv,xv} and is included among the *Sevaniya Ahara*^{xvi} (wholesome dietary articles). It is indicated as a *Hitakara*^{xiv} and *Pathya Dravya* in conditions such as *Pittaja Gulma* (palpable glandular enlargement in abdomen/ abdominal lump),^{xvii,xviii} *Pittaja Kasa* (Cough),^{xix} *Shwasa* (Dyspnoea), *Hikka* (hiccup),^{xx} *Pandu* (Anaemia)^{xxi} and *Netra Roga* (ophthalmic diseases).^{xxii} Classical texts also recommend the morning consumption of *Draksha* before meals in *Timira*^{xxiii} (partial or total blindness). Furthermore, its use is advocated during *Grishma*^{xxiv} and *Sharad Ritucharya*.^{xxv}

Draksha is described in the classics with the synonyms like *Mrudwika*,^{xxvi} *Phalottama*.^{xxvii} It is classified in various categories (*Gana/ Varga*) mentioned as per table no.1.

Table No. 1. Classification of *Draksha* in Bruhatrayee

Sr. No.	Text	Gana/ Varga	Reference
1.	Charak Samhita	<i>Virechanartha Dravya</i>	Cha.Su. 2/10
		<i>Kanthya, Virechanopaga, Kasahara, Jwarahara, Shramahara Mahakashaya</i>	Cha.Su. 4/9
		<i>Asavayoni</i>	Cha.Su. 25/48
		<i>Phala Varga</i>	Cha.Su. 27/125
		<i>Virechaka Dravya</i>	Cha.Vi. 8/136
		<i>Madhura Skandha</i>	Cha.Vi. 8/139
		<i>Virechana Dravya</i>	Cha. Ka. 1/12
2.	Sushruta Samhita	<i>Parushakadi gana</i>	Su. Su. 38/43
		<i>Madhura Skandha</i>	Su. Su. 42/18
3.	Ashtanga Samgraha	<i>Phala Varga</i>	A.S.Su. 7/168
		<i>Virechanopaga</i>	A.S.Su. 14/4
		<i>Pitta Prashamaka Dravya</i>	A.S.Su. 15/11
		<i>Snehopaga Dravya</i>	A.S.Su. 15/26
		<i>Kasaghna Dravya</i>	A.S.Su. 15/36
		<i>Jwarashamaka Dravya</i>	A.S.Su. 15/38
		<i>Shramanashaka Dravya</i>	A.S.Su. 15/39
		<i>Madhura Skandha</i>	A.S.Su. 18/20
		<i>Santarpana Dravya</i>	A.S.Su. 24/64
4.	Ashtanga Hridaya	<i>Madhura Skandha</i>	A.H.Su. 10/25
		<i>Parushakadi Gana</i>	A.H.Su. 15/13

Different forms and Formulations of *Draksha*

Screening through Bruhatrayee reveals that *Draksha* has been described in varied forms in different therapeutic conditions. A brief is placed herewith.

Swarasa (extracted juice)

Draksha Swarasa (extracted Juice) is used in various conditions as single ingredient or with other drugs. External use of *Draksha Swarasa* is also indicated as *Nasya* (nasal installation), *Gandusha* (gargals) and *Parisheka* (Pouring of medicated liquid) (Table no. 2)

Table No. 2 Swarasa formulations of *Draksha*

Sr. No.	Formulation	Indication	Reference
1.	<i>Mrudwikadi Swarasa</i>	<i>Jwara</i>	Cha. Chi. 3/230; A.S. Chi. 2/33; A.H.Chi.1/100
2.	<i>Mrudwikadi Swarasa</i>	<i>Jwara</i>	Cha. Chi. 3/233; A.S. Chi. 2/33; A.H.Chi.1/100
3.	<i>Draksha Swarasa</i>	<i>Jwara, Chhardi, Pittaja Mutrakruchchhra, Madatyaya, Trushna</i>	Cha. Chi. 3/233; Cha. Chi. 20/30; Cha. Chi. 26/49; A.S. Chi.2/36; A.S. Chi. 9/13; A.S. Chi. 9/15; A.H. Chi. 7/27
4.	<i>Draksha Swarasa</i>	<i>Nasagata Raktapitta (Nasyartha)</i>	Cha. Chi. 4/100 Su. Ut. 45/40
5.	<i>Drakshadi Swarasa</i>	<i>Pittaja Gulma</i>	Cha. Chi. 5/130
6.	<i>Draksha Swarasa</i>	<i>Vatarakta (Parisheka)</i>	Cha. Chi. 29/127; A.H. Chi. 22/26
7.	<i>Dadimadi Swarasa</i>	<i>Pittolbana Madatyaya</i>	A.S. Chi. 9/12
8.	<i>Drakshadi Swarasa</i>	<i>Pittaja Mukhapaka (Gandusha)</i>	A.S. Ut. 26/57
9.	<i>Drakshadi Swarasa</i>	<i>Pittaja and Raktaja Granthi</i>	A.S. Ut. 35/8
10.	<i>Draksha Swarasa</i>	<i>Pitta Shamana, Madatyaya</i>	A.H. Chi. 7/101
11.	<i>Drakshadi Swarasa</i>	<i>Pandu</i>	A.H. Chi. 16/6
12.	<i>Draksha Swarasa</i>	<i>Vatarakta</i>	A.H. Chi. 22/26

Kalka (paste)

Kalka formulations containing *Draksha* are indicated for both internal and external applications. (Table No. 3).

Table No. 3 Kalka formulations of Draksha

Sr. No.	Formulation	Indication	Reference
1.	<i>Drakshadi Kalka</i>	<i>Chhardi</i>	Cha. Chi. 20/28
2.	<i>Drakshadi Kalka</i>	<i>Pittaja Hridroga</i>	Cha. Chi. 26/90
3.	<i>Sharkaradi Kalka</i>	<i>Mukhavairasya (Gandusha)</i>	Su. Ut 39/185
4.	<i>Dadimadi Kalka</i>	<i>Mukha Vairasya (Gandusha)</i>	Su. Ut. 39/304
5.	<i>Parushakadi Kalka</i>	<i>Pittaja shoola</i>	Su. Ut. 42/108
6.	<i>Draksha Kalka</i>	<i>Mutraruja</i>	Su. Ut. 58/38
7.	<i>Dhatryadi Kalka</i>	<i>Aruchi (Mukhe Dharana)</i>	A.S. Chi. 2/68
8.	<i>Mrudwika Kalka</i>	<i>Mutraghata</i>	A.S. Chi.13/4 A.H. Chi. 11/8
9.	<i>Draksha Kalka</i>	<i>Jihwa Nirgama (Lepa)</i>	A.S. Ka. 3/23
10.	<i>Dhatryadi Kalka</i>	<i>Aruchi (Kavala)</i>	A.H. Chi. 1/128
11.	<i>Drakshadi Kalka</i>	<i>Pittaja Gulma</i>	A.H. Chi. 14/66

Kwatha (decoction)

Total 42 *Kwatha* formulations are found in which *Draksha* is used as an ingredient. Among them, 35 formulations are for internal use and 7 are for external use. The details of these formulations are mentioned in table no. 4.

Table No. 4 Kwatha formulations of Draksha

Sr. No.	Formulation	Indication	Reference
1.	<i>Nimbadi Kwatha</i>	<i>Anyedyushka Jwara</i>	Cha. Chi. 3/201 A.S. Chi. 1/61 A.H. Chi. 1/49
2.	<i>Triphaladi Kwatha</i>	<i>Pittakaphaja Jwara</i>	Cha. Chi. 3/208
3.	<i>Atrushakadi Kwatha</i>	<i>Raktapitta</i>	Cha. Chi. 4/65
4.	<i>Madhukadi Kwatha</i>	<i>Mukha Roga</i>	Cha. Chi. 26/205
5.	<i>Kashmaryadi Kwatha</i>	<i>Vatarakta</i>	Cha. Chi. 29/85
6.	<i>Dantyadi Kwatha</i>	<i>Pittaja Kasa, Pandu</i>	Cha. Ka. 12/30
7.	<i>Drakshadi Kwatha</i>	<i>Pittapradhana Vatarakta</i>	Su. Chi. 5/8
8.	<i>Drakshadi Kashaya</i>	<i>Parisheka in</i>	Su. Chi. 5/8

		<i>Pittapradhana Vatarakta</i>	
9.	<i>Triphaladi Kashaya</i>	<i>Phenameha</i>	Su. Chi. 11/9
10.	<i>Drakshadi Kwatha</i>	<i>Pittaja Rohini (Kavala)</i>	Su. Chi. 22/62
11.	<i>Trikatukadi Kwatha</i>	<i>Kaphaja Roga (Kavala)</i>	Su. Chi. 40/61
12.	<i>Sarivadi Kwatha</i>	<i>Luta Visha</i>	Su. Ka. 8/132
13.	<i>Pippalyadi Kwatha</i>	<i>Vataja Jwara</i>	Su. Ut. 39/169
14.	<i>Drakshadi Kwatha</i>	<i>Vataja Jwara</i>	Su. Ut. 39/173
15.	<i>Katukadi Kwatha</i>	<i>Kaphapittaja Jwara</i>	Su. Ut. 39/196
16.	<i>Kiratadi Kwatha</i>	<i>Vatapittaja Jwara</i>	Su. Ut. 39/199
17.	<i>Drakshadi Kwatha</i>	<i>Raktapitta</i>	Su. Ut. 45/16
18.	<i>Kasherukadi Kwatha</i>	<i>Ati Raktastrava</i>	A.S. Sha. 4/5
19.	<i>Patoladi Kwatha</i>	<i>Anyedyushka Jwara</i>	A.S. Chi. 1/64
20.	<i>Sarivadi Kwatha</i>	<i>Vataja Jwara</i>	A.S. Chi. 1/66
21.	<i>Kashmaryadi Kwatha</i>	<i>Vataja Jwara</i>	A.S. Chi. 1/67
22.	<i>Krushnadi Kwatha</i>	<i>Vataja Jwara</i>	A.S. Chi. 1/68
23.	<i>Shaliparnyadi Kwatha</i>	<i>Vataja Jwara</i>	A.S. Chi. 1/69
24.	<i>Drakshadi Kwatha</i>	<i>Pittaja Jwara</i>	A.S. Chi. 1/74
25.	<i>Drakshadi Kwatha</i>	<i>Vatapittaja Jwara</i>	A.S. Chi. 1/82
26.	<i>Trayamanadi Kwatha</i>	<i>Vatapittaja Jwara</i>	A.S. Chi. 1/82
27.	<i>Drakshadi Kwatha</i>	<i>Vatapittaja Jwara</i>	A.S. Chi. 1/83
28.	<i>Drakshadi Kwatha</i>	<i>Vatapittaja Jwara</i>	A.S. Chi. 1/83
29.	<i>Mustadi Kwatha</i>	<i>Sannipataja Jwara</i>	A.S. Chi. 1/95
30.	<i>Trayantyadi Kwatha</i>	<i>Sannipataja Jwara</i>	A.S. Chi. 1/96
31.	<i>Bijapurakadi Kwatha</i>	<i>Pittaja Trushna</i>	A.S. Chi. 8/43
32.	<i>Drakshadi Kwatha</i>	<i>Vatarakta</i>	A.S. Chi. 24/9
33.	<i>Drakshadi Kwatha</i>	<i>Kaphaja MukhaRoga</i>	A.S. Ka. 2/6
34.	<i>Pippalyadi Kwatha</i>	<i>Kukunaka</i>	A.S. Ut. 12/14
35.	<i>Patoladi Kwatha</i>	<i>Kukunaka</i>	A.S. Ut. 12/14
36.	<i>Drakshadi Kwatha</i>	<i>Pittaja Pratishyaya</i>	A.S. Ut. 24/12
37.	<i>Drakshadi Kwatha</i>	<i>Pittaja Rohini (Gandusha)</i>	A.S. Ut. 26/43

38.	<i>Utpaladi Kwatha</i>	<i>Rasayana</i>	A.S. Ut. 49/167
39.	<i>Katukadi Kwatha</i>	<i>Jwara</i>	A.H. Chi. 1/69
40.	<i>Drakshadi Kwatha</i>	<i>Pittaja Gulma</i>	A.H. Chi. 14/61
41.	<i>Parushakadi Kwatha</i>	<i>Pittaja Rohini (Kavala)</i>	A.H. Ut. 22/61
42.	<i>Sharkaradi Kwatha</i>	<i>Shanka Visha</i>	A.H. Ut. 36/89

Hima (cold infusion)

Hima formulations containing *Draksha* are few and for internal use only. The formulations are mostly indicated in *Jwara*. (Table No. 5).

Table No. 5 *Hima* formulations of *Draksha*

Sr. No.	Formulation	Indication	Reference
1.	<i>Madhukadi Hima</i>	<i>Jwara</i>	Cha. Chi. 3/206 A.H. Chi. 1/67
2.	<i>Drakshadi Hima</i>	<i>Visarpa</i>	Cha. Chi. 21/58
3.	<i>Drakshadi Sheetakashaya</i>	<i>Pittaja Jwara</i>	Su. Ut. 39/179
4.	<i>Padmakadi Sheetakashaya</i>	<i>Pittaja Jwara</i>	Su. Ut. 39/182
5.	<i>Drakshadi Sheetakashaya</i>	<i>Raktapitta</i>	Su. Ut. 45/32
6.	<i>Lajadi Hima</i>	<i>Kshataja Trushna</i>	Su. Ut. 48/25
7.	<i>Katukyadi Hima</i>	<i>Pittaja Jwara</i>	A.S. Chi. 1/76
8.	<i>Madhukadi Hima</i>	<i>Jwara</i>	A.S. Chi. 1/98

Churna (powder)

Draksha is used as an ingredient in various *Churna Yoga* which are mostly used in *Leha* (licking) form with *Madhu* or *Ghrta*. The formulations are mentioned in table no. 6.

Table No. 6 *Churna* formulations of *Draksha*

Sr. No.	Formulation	Indication	Reference
1.	<i>Kharjuradi Leha</i>	<i>Rajyakshma</i>	Cha. Chi. 8/100
2.	<i>Madhukadi Yoga (Leha)</i>	<i>Urahkshata</i>	Cha. Chi. 11/20
3.	<i>Sharkaradi Churna</i>	<i>Hikka, Shwasa</i>	Cha. Chi. 17/130 A.S. Chi. 6/50
4.	<i>Lajadi Yoga (Leha)</i>	<i>Hikka, Shwasa</i>	Cha. Chi. 17/136 A.S. Chi. 6/50 A.H. Chi. 4/42

5.	<i>Duralabhadi Leha</i>	<i>Vataja Kasa</i>	Cha. Chi. 18/50 A.S. Chi. 4/19 A.H. Chi. 3/13
6.	<i>Chitrakadi Leha</i>	<i>Kasa</i>	Cha. Chi. 18/54
7.	<i>Sharkaradi Leha</i>	<i>Pittaja Kasa</i>	Cha. Chi. 18/90 A.S. Chi. 4/38 A.H. Chi. 3/29
8.	<i>Mrudwikadi Leha</i>	<i>Pittaja Kasa</i>	Cha. Chi. 18/91 A.S. Chi. 4/39 A.H. Chi. 3/30
9.	<i>Tvakadi Leha</i>	<i>Kasa</i>	Cha. Chi. 18/92 A.S. Chi. 4/40 A.H. Chi. 3/31
10.	<i>Pippalyadi Leha</i>	<i>Pittaja Kasa</i>	Cha. Chi. 18/94
11.	<i>Drakshadi Leha</i>	<i>Kasa</i>	Cha. Chi. 18/172
12.	<i>Chitrakadi Leha</i>	<i>Kasa</i>	Cha. Chi. 18/173 A.S. Chi. 5/128
13.	<i>Jivantyadi Leha</i>	<i>Kasa</i>	Cha. Chi. 18/177 A.S. Chi. 5/129
14.	<i>Drakshadi Churna</i>	<i>Pittaja Chhardi</i>	Cha. Chi. 20/26 A.S.Chi. 8/6
15.	<i>Chandanadi Churna</i>	<i>Chhardi</i>	Cha. Chi. 20/33
16.	<i>Sharkaradi Yoga (Churna)</i>	<i>Shanka Visha</i>	Cha. Chi. 23/223
17.	<i>Mrudwikadi Churna</i>	<i>Kantha Roga</i>	Cha. Chi. 26/198
18.	<i>Karavyadi Yoga (Leha)</i>	<i>Arochaka</i>	Cha. Chi. 26/219 A.S.Chi. 7/83
19.	<i>Drakshadi Yoga (Leha)</i>	<i>Raktaja Svarabheda</i>	Cha. Chi. 26/288
20.	<i>Pushyanuga Churna</i>	<i>Yoni Dosha</i>	Cha. Chi. 30/92 A.H. Ut. 34/47
21.	<i>Drakshadi Churna</i>	<i>Vairasya Ksheeradosha</i>	Cha. Chi. 30/263
22.	<i>Madhukadi Churna</i>	<i>Vivarna Ksheera</i>	Cha. Chi. 30/271
23.	<i>Drakshadi Yoga (Leha)</i>	<i>Hrit Koshta Gala Daha</i>	Su. Su. 46/518
24.	<i>Shrungatakadi Churna</i>	<i>At 7th month in Garbhini</i>	Su. Sha. 10/65
25.	<i>Drakshadi Churna</i>	<i>Raktapitta</i>	Su. Ut. 45/34

26.	<i>Drakshadi Yoga (Leha)</i>	<i>Kasa</i>	Su. Ut. 52/17
27.	<i>Drakshadi Yoga (Leha)</i>	<i>Kasa</i>	Su. Ut. 52/17
28.	<i>Drakshadi Leha</i>	<i>Arochaka</i>	Su. Ut. 57/10
29.	<i>Drakshadi Leha</i>	<i>Netrabalartha</i>	A.S. Su. 11/71
30.	<i>Trivruttadi Leha</i>	<i>Raktapitta</i>	A.S. Chi. 3/12
31.	<i>Lajadi Leha</i>	<i>Raktapitta</i>	A.S. Chi. 3/40
32.	<i>Pippalyadi Leha</i>	<i>Pittaja Kasa</i>	A.S. Chi. 4/34
33.	<i>Lajadi Leha</i>	<i>Pittaja Kasa</i>	A.S. Chi. 4/35
34.	<i>Madhukadi Leha</i>	<i>Kasa</i>	A.S. Chi. 5/10
35.	<i>Pippalyadi Leha</i>	<i>Kshataja Kasa</i>	A.S. Chi. 5/17
36.	<i>Pippalyadi Leha</i>	<i>Shwasa, Hikka</i>	A.S. Chi. 6/48
37.	<i>Gudadi Leha</i>	<i>Shwasa, Hikka</i>	A.S. Chi. 6/51 A.H. Chi. 4/42
38.	<i>Trivruttadi Leha</i>	<i>Shwasa, Hikka</i>	A.S. Chi. 7/6
39.	<i>Kharjuradi Leha</i>	<i>Kshaya</i>	A.S. Chi. 7/53
40.	<i>Harenvadi Churna</i>	<i>Vataja Arochaka</i>	A.S. Chi. 7/75
41.	<i>Karavyadi Kavalagraha</i>	<i>Arochaka</i>	A.S. Chi. 7/83
42.	<i>Koladi Leha</i>	<i>Pittaja Chhardi</i>	A.S. Chi. 8/8
43.	<i>Drakshadi Leha</i>	<i>Pittaja Hridroga</i>	A.S. Chi. 8/29
44.	<i>Drakshadi Leha</i>	<i>Pandu</i>	A.S. Chi. 18/11
45.	<i>Draksha Leha</i>	<i>Halimaka</i>	A.S. Chi. 18/34
46.	<i>Drakshadi Churna</i>	<i>Visarpa</i>	A.S. Chi. 20/3
47.	<i>Trivruttadi Churna</i>	<i>Varshakale Virechanartha</i>	A.S. Ka. 2/14 A.H. Ka. 2/24
48.	<i>Trivruttadi Churna</i>	<i>Sharada Kale Virechanartha</i>	A.S. Ka. 2/15 A.H. Ka. 2/25
49.	<i>Sugandhadi Leha</i>	<i>Mandali Visha</i>	A.S. Ut. 42/26
50.	<i>Sitadi Leha</i>	<i>Sarpangabhihata, Shankha Visha</i>	A.S. Ut. 42/67
51.	<i>Drakshadi Leha</i>	<i>Vishaja Kasa</i>	A.S. Ut. 47/7
52.	<i>Bilwadi Churna</i>	<i>Vishaja Chhardi</i>	A.S. Ut. 47/8
53.	<i>Drakshadi Leha</i>	<i>Vishaja Shwasa</i>	A.S. Ut. 47/12
54.	<i>Katutrikadi Churna</i>	<i>Vishaja Hikka</i>	A.S. Ut. 47/13
55.	<i>Ativishadi Churna</i>	<i>Udavarta, Ashmari</i>	A.S. Ut. 48/28

56.	<i>Vishadi Churna</i>	<i>Shula</i>	A.S. Ut. 48/30
57.	<i>Bibhitakyadi Leha</i>	<i>Rasayana</i>	A.S. Ut. 49/201
58.	<i>Triphaladi Leha</i>	<i>Jara Vikara</i>	A.S. Ut. 49/229
59.	<i>Chavyadi Churna</i>	<i>Vibaddha Koshtha</i>	A.H. Chi. 1/31
60.	<i>Triphala Yoga (Leha)</i>	<i>Timira</i>	A.H. Ut. 13/19

Mantha

Mantha is liquid dosage form in which pounded drugs are churned in four times water.^{xxviii} Total 6 formulations are found which are used orally. (Table no. 7).

Table No. 7 *Mantha* formulations of *Draksha*

Sr. No.	Formulation	Indication	Reference
1.	<i>Madya Vikara Nashaka Mantha</i>	<i>Madyaja Vikara</i>	Cha. Su. 23/38
2.	<i>Sharkaradi Mantha</i>	<i>Pittavikara</i>	Su. Su. 46/392
3.	<i>Drakshadi Mantha</i>	<i>Kapharoga</i>	Su. Su. 46/392
4.	<i>Yavadi Mantha</i>	<i>Maha Kushtha</i>	Su. Chi. 10/4
5.	<i>Madhvadi Mantha</i>	<i>Raktapitta</i>	A.S. Chi. 3/18; A.H. Chi. 2/14
6.	<i>Panchasara Mantha</i>	<i>Grishma Rutucharya</i>	A.S. Chi. 3/19; A.H. Su. 3/31; A.H. Chi. 2/14

***Ksheerapaka* (medicated milk)**

Ksheerapaka (medicated milk) formulations containing *Draksha* are indicated externally in eye disorders while internal use is also described. (Table No. 8).

Table No. 8 *Ksheerapaka* formulations of *Draksha*

Sr. No.	Formulation	Indication	Reference
1.	<i>Atmaguptadi Ksheera</i>	<i>Vajikarana</i>	Cha. Chi. 2/2/14 A.S. Ut. 50/56
2.	<i>Vrushya Ksheera</i>	<i>Vajikarana</i>	Cha. Chi. 2/2/18 A.S. Ut. 50/56
3.	<i>Nagaradi Dugdha</i>	<i>Pipasayukta Jwara</i>	Cha. Chi. 3/237 A.S. Chi. 2/44 A.H. Chi. 1/109
4.	<i>Drakshadi Yoga (Ksheera)</i>	<i>Raktapitta</i>	Cha. Chi. 4/84 A.S. Chi. 3/59 A.H. Chi. 1/110

5.	<i>Sharadi Ksheerapaka</i>	<i>Pittaja Kasa</i>	Cha. Chi. 18/100
6.	<i>Rodhradi Ksheera</i>	<i>Netraruja, Netraraga (Seka)</i>	Su. Ut. 17/91
7.	<i>Madhukadi Ksheera</i>	<i>Netraruja, Netraraga (Seka)</i>	Su. Ut. 17/92
8.	<i>Drakshadi Ksheerapaka</i>	<i>Kasa</i>	Su. Ut. 52/24
9.	<i>Drakshadi Ksheerapaka</i>	<i>Jwara</i>	A.S. Chi. 2/45 A.H. Chi. 1/110
10.	<i>Pippalyadi Ksheerapaka</i>	<i>Pittaja Kasa</i>	A.S. Chi. 4/41
11.	<i>Drakshadi Ksheera</i>	<i>Pittaja Kasa</i>	A.S. Chi. 4/47 A.H. Chi. 3/36
12.	<i>Yashtimadhvadi Ksheera</i>	<i>Linganasha (Ashchotana)</i>	A.S. Ut. 17/13
13.	<i>Drakshadi Kshira</i>	<i>Nashta Shukra</i>	A.S. Ut. 48/44
14.	<i>Garbharakshaka Ksheera</i>	<i>Garbhasrava, Garbhapata</i>	A.H. Sha. 2/57
15.	<i>Utpaladi Ksheera</i>	<i>Kshataja Shukra (Sechana)</i>	A.H. Ut. 11/31

Gutika (pills)

Only three *Gutika* formulations are found which containing *Draksha* as an ingredient. *Brumhani Gutika*^{xxix} and *Apatyakari Gutika*^{xxx} are indicated in *Vajikarana* while *Eladi Gutika*^{xxxi,xxxii,xxxiii} mentioned to be used in *Kshatakshina*.

Avaleha

Avaleha or *Lehya* is a semi-solid preparation of drugs, prepared with addition of jaggery, sugar or sugar-candy and boiled with prescribed drug juice or decoction.^{xxxiv} Total 11 *Avaleha* preparations containing *Draksha* are found which are used internally. (Table No. 9.)

Table No. 9 Avaleha formulations of Draksha

Sr.No.	Formulation	Used as	Indication	Reference
1.	<i>Chyavanaprashavaleha</i>	<i>Kwatha Dravya</i>	<i>Rasayana</i>	Cha. Chi. 1/1/63
2.	<i>Dwitiya Indrokta Rasayana</i>	<i>Swarasa</i>	<i>Rasayana</i>	Cha. Chi. 1/4/14
3.	<i>Trutiya Sarpirguda</i>	<i>Kalka Dravya</i>	<i>Kshatakshina</i>	Cha. Chi. 11/62
4.	<i>Chaturtha Sarpirguda</i>	<i>Kalka Dravya</i>	<i>Kshatakshina</i>	Cha. Chi. 11/66 A.S. Chi. 5/55
5.	<i>Dhatryavaleha</i>	<i>Kalka Dravya</i>	<i>Pandu</i>	Cha. Chi. 16/100 A.H. Chi. 16/29

6.	<i>Pippalyadi Leha</i>	<i>Kwatha Dravya</i>	<i>Kasa</i>	Cha. Chi. 18/136
7.	<i>Dhrakshaadi Avaleha</i>	<i>Kalka Dravya</i>	<i>Kshaya</i>	Su. Ut. 41/41
8.	<i>Drakshadyavaleha</i>	<i>Kalka Dravya</i>	<i>Shwasa</i>	Su. Ut. 51/40
9.	<i>Madhukadi Avaleha</i>	<i>Kwatha Dravya</i>	<i>Kshataksheena</i>	A.H. Chi. 3/107
10.	<i>Sukumara Rasayana (Avaleha)</i>	<i>Kalka Dravya</i>	<i>Vidradhi</i>	A.H. Chi. 13/44
11.	<i>Shatavari Avaleha</i>	<i>Kalka Dravya</i>	<i>Apasmara, Ardita, Haleemaka etc.</i>	A.H. Ut. 34/37

Ghrita (Medicated ghee)

Total 59 *Ghrita* formulations are found among which 55 are used for internal administration while *Gundradi Ghrita* and *Nagaradi Ghrita* are used for *Nasya Karma* in *Pittaja Abhishyada* and *Kshavathu* respectively. *Manjishthadi Ghrita* also used externally as *Parisheka* in *Pittaja Timira*. *Gauryadi Ghrita* is used internally for *Dushtavrana* and *Visphota* while externally as *Parisheka* in *Visarpa* and *Nadivrana*. (Table No. 10).

Table No. 10 *Ghrita* formulations of *Draksha*

Sr.No.	Formulation	Used as	Indication	Reference
1.	<i>Vrushya Ghrita</i>	<i>Kwatha Dravya</i>	<i>Vajikarana</i>	Cha. Chi. 2/2/21; A.S. Ut. 50/58
2.	<i>Vasadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Jirna Jwara</i>	Cha. Chi. 3/223; A.S. Chi. 2/12
3.	<i>Baladi Ghrita</i>	<i>Kalka Dravya</i>	<i>Jwara</i>	Cha. Chi. 3/225; A.S. Chi. 2/14
4.	<i>Drakshadi Ghrita</i>	<i>Kwatha Dravya</i>	<i>Pittaja Gulma</i>	Cha. Chi. 5/123
5.	<i>Kharjuradi Ghrita</i>	<i>Kalka Dravya</i>	<i>Rajyakshma</i>	Cha. Chi. 8/96; A.S. Chi. 7/30; A.H. Chi. 5/18
6.	<i>Jivantyadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Rajyakshma</i>	Cha. Chi. 8/111; A.S. Chi. 7/24; A.H. Chi. 5/16
7.	<i>Punarnavadi Ghrita</i>	<i>Swarasa</i>	<i>Kshatakshina</i>	Cha. Chi. 11/26; A.S. Chi. 5/15; A.H. Chi. 3/84
8.	<i>Amrutaprasha Ghrita</i>	<i>Kwatha Dravya</i>	<i>Kshatakshina</i>	Cha. Chi. 11/36; A.S. Chi. 5/30; A.H. Chi. 3/96

9.	<i>Shwadamshtadi Ghrita</i>	<i>Kwatha Dravya</i>	<i>Kshatakshina</i>	Cha. Chi. 11/46;A.S. Chi. 5/38; A.H. Chi. 3/104
10.	<i>Tryushanadya Ghrita</i>	<i>Kalka Dravya</i>	<i>Kasa</i>	Cha. Chi. 18/39
11.	<i>Kantakari Ghrita</i>	<i>Kalka Dravya</i>	<i>Kasa</i>	Cha. Chi. 18/127;A.S. Chi. 4/80; A.H. Chi. 3/61
12.	<i>Trivruttadi Ghrita</i>	<i>Swarasa</i>	<i>Kasa</i>	Cha. Chi. 18/151; A.S. Chi. 5/108
13.	<i>Kasamardadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Kasa</i>	Cha. Chi. 18/163;A.S. Chi. 5/118;A.H. Chi. 3/163
14.	<i>Drakshadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Pittaja Hridroga</i>	Cha. Chi. 26/93;A.S. Chi. 8/30;A.H. Chi. 6/46
15.	<i>Panchamuladya Ghrita</i>	<i>Swarasa</i>	<i>Pittaja Hridroga</i>	Cha. Chi. 26/95
16.	<i>Mahamayura Ghrita</i>	<i>Kalka Dravya</i>	<i>Shiroroga</i>	Cha. Chi. 26/167;A.S. Ut. 28/62;A.H. Ut. 24/50
17.	<i>Parushaka Ghrita</i>	<i>Kwatha Dravya</i>	<i>Vatarakta</i>	Cha. Chi. 29/59
18.	<i>Jeevaniya Ghrita</i>	<i>Kalka Dravya</i>	<i>Vatarakta</i>	Cha. Chi. 29/64; A.S. Chi. 24/5
19.	<i>Draksha Ghrita</i>	<i>Kwatha Dravya</i>	<i>Vatarakta</i>	Cha. Chi. 29/71
20.	<i>Kashmaryadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Vataja Yoniroga</i>	Cha. Chi. 30/52;A.S. Ut. 39/31;A.H. Ut. 34/28
21.	<i>Dwipanchamuladi Ghrita</i>	An ingredient	<i>Arogya bala Medha Ayu Vardhana</i>	Su. Sha. 10/50
22.	<i>Gauryadi Ghrita</i>	An ingredient	<i>Visarpa, Nadivrana - Parisheka Visphota, Dushta Vrana - Pana</i>	Su. Chi. 17/10-13
23.	<i>Shyamadi Ghrita</i>	An ingredient	<i>Pittaja Arbuda</i>	Su. Chi. 18/34
24.	<i>Gundradi Ghrita</i>	<i>Kalka Dravya</i>	<i>Pittaja Abhishyanda - Tarpana. Seka, Nasya</i>	Su. Ut. 10/4

25.	<i>Shreeveshtakadi Ghrita</i>	An ingredient	<i>Pittarakataja Pratishyaya</i>	Su. Ut. 24/27
26.	<i>Pippalyadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Jirna Jwara</i>	Su. Ut. 39/219
27.	<i>Guduchyadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Jirna Jwara</i>	Su. Ut. 39/223
28.	<i>Kalashyadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Jirna Jwara</i>	Su. Ut. 39/224
29.	<i>Darvyadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Sannipataja Atisara</i>	Su. Ut. 40/78
30.	<i>Yakshmaghna Ghrita</i>	<i>Kalka Dravya</i>	<i>Yakshma</i>	Su. Ut. 41/51
31.	<i>Drakshadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Lagharaka</i>	Su. Ut. 44/40
32.	<i>Murchchahara Ghrita</i>	<i>Kalka Dravya</i>	<i>Murchchha</i>	Su. Ut. 46/20
33.	<i>Yonidoshahara Ghrita</i>	An ingredient	<i>Yonidosha</i>	Su. Ut. 58/53
34.	<i>Mahabala Ghrita</i>	<i>Kalka Dravya</i>	<i>Mutradosha</i>	Su. Ut. 58/66
35.	<i>Drakshadi Ghrita</i>	<i>Swarasa</i>	<i>Sadya Sneha</i>	A.S. Su. 25/74
36.	<i>Nidigdhikadi Ghrita</i>	<i>Kalka and Kwatha</i>	<i>Jirna Jwara</i>	A.S. Chi. 2/10
37.	<i>Drakshadi Ghrita</i>	<i>Kalka and Kwatha</i>	<i>Jwara</i>	A.S. Chi. 2/26 A.H. Chi. 1/94
38.	<i>Kashmaryadi Ghrita</i>	<i>Kalka</i>	<i>Kasa</i>	A.S. Chi. 4/8
39.	<i>Madhukadi Ghrita</i>	<i>Kwatha</i>	<i>Kshatakshina</i>	A.S. Chi. 5/40
40.	<i>Drakshadi Ghrita</i>	<i>Kwatha</i>	<i>Vidradhi</i>	A.S. Chi. 15/6 A.H. Chi. 13/16
41.	<i>Sukumara Ghrita</i>	<i>Kalka</i>	<i>Vidradhi</i>	A.S. Chi. 15/20
42.	<i>Draksha Ghrita</i>	<i>Kalka</i>	<i>Pittaja Gulma</i>	A.S. Chi. 16/27
43.	<i>Draksha Ghrita</i>	<i>Kalka and kwatha</i>	<i>Pandu</i>	A.S. Chi. 18/24
44.	<i>Draksha Ghrita</i>	<i>Kalka and kwatha</i>	<i>Kruchchhronmilana</i>	A.S. Ut. 12/2
45.	<i>Jivantyadi Ghrita</i>	<i>Kalka</i>	<i>Timira</i>	A.S. Ut. 16/3 A.H. Ut. 13/3
46.	<i>Drakshadi Ghrita</i>	<i>Kalka</i>	<i>Timira</i>	A.S. Ut. 16/4 A.H. Ut. 13/4
47.	<i>Mahatriphala Ghrita</i>	<i>Kalka</i>	<i>Drashti Roga</i>	A.S. Ut. 16/7; A.H. Ut. 13/13

48.	<i>Manjishthadi Ghrita</i>	<i>Kalka</i>	<i>Pittaja Timira (Parisheka)</i>	A.S. Ut. 16/31
49.	<i>Drakshadi Ghrita</i>	<i>Kwatha</i>	<i>Akshipaka</i>	A.S. Ut. 20/12
50.	<i>Draksha Ghrita</i>	<i>Kalka and kwatha</i>	<i>Pittaja Arbuda</i>	A.S. Ut. 35/15
51.	<i>Drakshadi Ghrita</i>	<i>Kalka</i>	<i>Pittaja Vyanga</i>	A.S. Ut. 37/28
52.	<i>Shatavaryadi Ghrita</i>	<i>Kalka</i>	<i>Yoni Dosha</i>	A.S. Ut. 39/55
53.	<i>Vijayadi Ghrita</i>	<i>Kalka</i>	<i>Arsha, Gulma etc.</i>	A.S. Ut. 48/27
54.	<i>Martyamruta Ghrita</i>	<i>Kalka</i>	<i>Rasayana</i>	A.S. Ut. 49/157
55.	<i>Sharekshvadi Ghrita</i>	<i>Kalka</i>	<i>Rasayana</i>	A.S. Ut. 50/16
56.	<i>Shatavari Ghrita</i>	<i>Kalka</i>	<i>Vatarakta, Raktapitta</i>	A.S. Ut. 50/36
57.	<i>Pippalyadi Ghrita</i>	<i>Kalka Dravya</i>	<i>Jwara, Vishamagni, Aruchi etc.</i>	A.H. Chi. 1/90
58.	<i>Drakshadi Ghrita</i>	<i>Kwatha Dravya</i>	<i>Vatarakta</i>	A.H. Chi. 22/7
59.	<i>Nagaradi Ghrita</i>	<i>Kalka and Kwatha Dravya</i>	<i>Kshavathu, Putaka (Nasya)</i>	A.H. Ut. 20/18

Taila (Medicated oil)

Total 9 *Taila* preparations containing *Draksha* are found out of which 7 are used externally as *Nasya* or *Parisheka* while *Sukumara Taila* and *Drakshadi Taila* are indicated in *Vatarakta* internally. (Table No. 11.)

Table No. 11 *Taila* formulations of *Draksha*

Sr. No.	Formulation	Used as	Indication	Reference
1.	<i>Chandanadi Taila</i>	<i>Kwatha Dravya</i>	<i>Dahayukta Jwara (Abhyanga)</i>	Cha. Chi. 3/258
2.	<i>Sukumara Taila</i>	<i>Kwatha Dravya</i>	<i>Vatarakta</i>	Cha. Chi. 29/96
3.	<i>Drakshadi Taila</i>	<i>Kwatha Dravya</i>	<i>Vatarakta</i>	Cha. Chi. 29/121
4.	<i>Mardwika Siddha Taila</i>	An ingredient	<i>Bhagandara (Vrana Parisheka)</i>	Su. Chi. 8/17
5.	<i>Madhukadi Taila</i>	<i>Kalka</i>	<i>Svarasada in Rajyakshma (Nasya)</i>	A.S. Chi. 7/61 A.H. Chi. 5/37
6.	<i>Chandanadi Taila</i>	<i>Kalka</i>	<i>Pittotklishta, Raktotklishta (Nasya)</i>	A.S. Ut. 12/5

7.	<i>Sarivadi Taila</i>	<i>Kalka</i>	<i>Shushkakshipaka (Nasya)</i>	A.S. Ut. 20/4
8.	<i>Pippalyadi Taila</i>	<i>Kalka and kwatha</i>	<i>Bhrushakshavathu (Nasya)</i>	A.S. Ut. 24/28
9.	<i>Jambavadi Taila</i>	<i>Kwatha</i>	<i>Khalitya (Nasya, Abhyanga)</i>	A.S. Ut. 28/41

Mishraka Sneha

There is also description regarding *Pippalyadi Mishraka Sneha* in which *Draksha* is used as *Kalka Dravya* and indicated in *Vruddhi Roga, Vidradhi, Shula* etc.^{xxxv}

Sandhana Kalpana (Fermented preparations)

Total 12 *Sandhana Kalpana* containing *Draksha* are found among them only *Drakshadi Dhanyamla* is used externally as *Parisheka* in *Vatarakta*. (Table No. 12).

Table No. 12 Sandhana Kalpana of Draksha

Sr. No.	Formulation	Used as	Indication	Reference
1.	<i>Ashtashata Arishta</i>	An ingredient	<i>Shotha</i>	Cha. Chi. 12/32 A.S. Chi. 19/17
2.	<i>Kanakarishtha</i>	<i>Kwatha Dravya</i>	<i>Arsha</i>	Cha. Chi. 14/162
3.	<i>Drakshasava</i>	<i>Swarasa</i>	<i>Grahani</i>	Cha. Chi. 15/151 A.S. Chi. 12/14 A.H. Chi. 10/52
4.	<i>Gauda Arishta</i>	<i>Kwatha Dravya</i>	<i>Pandu</i>	Cha. Chi. 16/105
5.	<i>Beejagarishta</i>	<i>Kwatha Dravya</i>	<i>Pandu.</i>	Cha. Chi. 16/107
6.	<i>Bhavyadi Yoga (Madya)</i>	An ingredient	<i>Pittaja Madatyaya</i>	Cha. Chi. 24/136
7.	<i>Amalakarishtha</i>	<i>Swarasa</i>	<i>Arsha</i>	A.S. Chi. 10/22
8.	<i>Sararishta</i>	<i>Kwatha</i>	<i>Pandu</i>	A.S. Chi. 18/13
9.	<i>Gandirarishta</i>	<i>Kwatha</i>	<i>Pandu</i>	A.S. Chi. 18/14
10.	<i>Mastvarishta</i>	An ingredient	<i>Pandu</i>	A.S. Chi. 18/15
11.	<i>Drakshadi Dhanyamla</i>	An ingredient	<i>Parisheka in Vatarakta</i>	A.S. Chi. 24/10
12.	<i>Putikaranja Chukra</i>	An ingredient	<i>Arsha</i>	A.H. Chi. 8/147

Panaka

Total 13 *Panaka* preparations of *Draksha* are mentioned in different conditions internally. The formulations are presented in Table No. 13.

Table No. 13 Panaka formulations of Draksha

Sr. No.	Formulation	Indication	Reference
1.	<i>Drakshadi Panaka</i>	<i>Chhardi</i>	Cha. Chi. 20/36
2.	<i>Kharjuradi Panaka</i>	<i>Murchchha</i>	Su. Ut. 46/16
3.	<i>Mrudwika Panaka</i>	<i>Shramahara, Murchchha, Daha, Trushna</i>	Su. Su. 46/395
4.	<i>Tvakadi Panaka</i>	<i>Madatyaya</i>	Su. Ut. 47/33
5.	<i>Kashmaryadi Panaka</i>	<i>Paramada</i>	Su. Ut. 47/35
6.	<i>Drakshadi Panaka</i>	<i>Paramada</i>	Su. Ut. 47/36
7.	<i>Drakshadi Panaka</i>	<i>Panavibhrama</i>	Su. Ut. 47/39
8.	<i>Drakshadi Panaka</i>	<i>Panavibhrama</i>	Su. Ut. 47/40
9.	<i>Drakshadi Tarpana (Panaka)</i>	<i>Jwara</i>	A.S. Chi. 1/41
10.	<i>Vrushakadi Panaka</i>	<i>Mutraghata</i>	A.S. Chi.13/4 A.H. Chi. 11/7
11.	<i>Dadimadi Panaka</i>	<i>Madatyaya</i>	A.S. Chi. 9/35
12.	<i>Kacchudaradi Panaka</i>	<i>Madatyaya</i>	A.S. Chi. 9/35
13.	<i>Dadamadi Panaka</i>	<i>Pittaja Madatyaya</i>	A.H. Chi. 7/20

Ahara Kalpana (Dietary preparations)

Draksha is also mentioned as an ingredient in 13 dietary preparations like *Peya*, *Mamsa Rasa*, *Saktu*, *Bhakshya*, *Raga* etc. The formulations are presented in table no. 14.

Table No. 14 Ahara Kalpana of Draksha

Sr. No.	Formulation	Used as	Indication	Reference
1.	<i>Mrudwikadi Peya</i>	An ingredient	<i>Jwara</i>	Cha. Chi. 3/186 A.S. Chi.1/36 A.H.Chi.1/31
2.	<i>Kharjuradi Tarpana (Paniya)</i>	<i>Kwatha Dravya</i>	<i>Raktapitta</i>	Cha. Chi. 4/33
3.	<i>Madhukadi Saktu</i>	<i>Kwatha Dravya</i>	<i>Kshatakshina</i>	Cha. Chi. 11/48
4.	<i>Parushakadi Siddha Mamsa Rasa</i>	<i>Kwatha Dravya</i>	<i>Visarpa</i>	Cha. Chi. 21/112
5.	<i>Mrudwika Raga</i>	<i>Kalka Dravya</i>	<i>Madatyaya</i>	Cha. Chi. 24/180 A.S. Chi. 9/30
6.	<i>Ragashadava</i>	An ingredient	<i>Ruchikaraka</i>	Su. Su. 46/372

7.	<i>Varshabhvadi Peya</i>	An ingredient	<i>Madatyaya</i>	Su. Ut. 47/46
8.	<i>Sitadi Peya</i>	An ingredient	<i>Jwara</i>	A.S. Chi. 1/38 A.H. Chi. 1/33
9.	<i>Jangala Mamsarasa</i>	An ingredient	<i>Jwara</i>	A.S. Chi. 1/107 A.H. Chi. 1/76
10.	<i>Draksha Raga</i>	<i>Kalka</i>	<i>Rajyakshma</i>	A.S. Chi. 7/13
11.	<i>Koladi Chandrakanta (Bhakshya)</i>	<i>Kalka</i>	<i>Shosha</i>	A.S. Chi. 7/15
12.	<i>Madhukadi Peya</i>	An ingredient	<i>Pittaja Chhardi</i>	A.S. Chi. 8/9
13.	<i>Atmaguptadi Bhakshya, Peya</i>	An ingredient	<i>Vrushya</i>	A.S. Ut. 50/69

Dhumanpana (Medicated cigar)

Draksha is used as an ingredient in *Prapundarikadi Dhumapana* is found which is indicated in *Kasa*.^{xxxvi,xxxvii}

Lepa

Medicines in the form of a paste used for external application are called *Lepa*.^{xxxviii} *Draksha* is used for various *Lepa* preparations are presented in table no. 15.

Table No. 15 *Lepa* preparations of *Draksha*

Sr. No.	Formulation	Indication	Reference
1.	<i>Drakshadi Lepa</i>	<i>Vivarna Ksheera</i>	Cha. Chi. 30/272
2.	<i>Tiladi Lepa</i>	<i>Jihva Nihsarana in Vamana Atiyoga</i>	Su. Chi. 34/12
3.	<i>Drakshadi Lepa</i>	<i>Netraraga, Netra Vedana</i>	Su. Ut. 17/90
4.	<i>Darvyadi Lepa</i>	<i>Upadamsha</i>	A.S. Ut. 39/7
5.	<i>Varshabhvadi Lepa</i>	<i>Vajikarana</i>	A.S. Ut. 50/67

Anjana

Anjanas are very fine semisolids of drugs to be applied with *Netra Shalaka*.^{xxxix} Various *Anjana* also contain *Draksha* as an ingredient which is indicated in eye disorders. Preparation of *Churnajana* used *Draksha Swarasa* and *Kwatha* as *Nirvapa Dravya*. (Table no. 16).

Table No. 16 *Anjana* preparations of *Draksha*

Sr. No.	Formulation	Indication	Reference
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1.	<i>Rodhradi Anjana</i>	<i>Pittaja Abhishyanda</i>	Su. Ut. 10/10
2.	<i>Madhukadi Anjana</i>	<i>Pittaja Abhishyanda</i>	Su. Ut. 10/11
3.	<i>Shankhadi Anjana</i>	<i>Raktaja Abhishyanda</i>	Su. Ut. 12/31 A.H. Ut. 11/44
4.	<i>Shankhadi Anjana</i>	<i>Raktaja Abhishyanda</i>	Su. Ut. 12/33
5.	<i>Churnanajana</i>	<i>Netra Roga</i>	Su. Ut. 18/88
6.	<i>Bhadrodaya Anjana</i>	<i>Netra Roga</i>	Su. Ut. 18/96
7.	<i>Manahshiladyanajana</i>	<i>Netra Roga</i>	Su. Ut. 18/100
8.	<i>Payasyadi Anjana</i>	<i>Luta Visha, Kita Visha</i>	A.S. Ut. 44/47

Varti

Vartis are made by grinding the fine powders of the drugs with the fluids in the formula to form a soft paste. This is then made into thin sticks of about 2 centimeters in length and dried in shade.^{xxxix} Only one *Netra Varti* i.e. *Drakshadi Varti* has been found which is indicated in *Timira*.^{xl}

Aschotana

Aschotana (eye drops) formulations containing *Draksha* are mentioned in the management of *Netra Roga*. It includes *Lodhradi Ashchotana*,^{xli} *Madhukadi Ashchotana*^{xlii} and *Manjishthadi Ashchotana*.^{xliii}

Basti (Enema)

Draksha is also mentioned in the preparation of *Niruha* and *Anuvasana Basti* as *Kwatha* or *Kalka Dravya*. the details are mentioned in table no. 17.

Table No. 17 Basti preparations of Draksha

Sr. No.	Formulation	Used as	Indication	Reference
1.	<i>Drakshadi Niruha Basti</i>	<i>Kwatha Dravya</i>	<i>Pittaja Roga</i>	Cha. Si. 3/53
2.	<i>Madhukadi Niruha</i>	<i>Kalka Dravya</i>	<i>Jivadana</i>	Cha. Si. 10/42
3.	<i>Chandanadi Niruha Basti</i>	<i>Kalka Dravya</i>	<i>Raktapitta</i>	Cha. Si. 10/43
4.	<i>Baladi Yapana Basti</i>	<i>Kwatha Dravya</i>	<i>Jwara</i>	Cha. Si. 12/15(10)
5.	<i>Chatuhsneha Anuvasana Basti</i>	<i>Kwatha Dravya</i>	<i>Rasayana, Valipalita, Gulma etc.</i>	Cha. Si. 12/19(1)

6.	<i>Baladi Anuvasana Basti</i>	<i>Kwatha Dravya</i>	<i>Balya, Vrushya, Brumhana etc.</i>	Cha. Si. 12/19(2)
7.	<i>Rasnadi Asthapana</i>	<i>Kwatha Dravya</i>	<i>Gulma, Raktapradara, Visarpa etc.</i>	Su. Chi. 38/73
8.	<i>Lekhaniya Asthapana</i>	An ingredient	<i>Lekhana Karma</i>	Su. Chi. 38/82
9.	<i>Doshahara Basti</i>	An ingredient	<i>Basti Doshahara</i>	Su. Chi. 38/103
10.	<i>Vidarigandhadi Asthapana</i>	<i>Kalka Dravya</i>	<i>Raktapitta</i>	Su. Ut. 45/42
11.	<i>Gopanganadi Niruha</i>	<i>Kwatha</i>	<i>Daha, Shula etc.</i>	A.S. Ka. 4/9
12.	<i>Sahacharadi Niruha</i>	<i>Kalka</i>	<i>Vali Palita etc.</i>	A.S. Ka. 5/24
13.	<i>Prushniparnyadi Niruha</i>	<i>Kalka</i>	<i>Kukshi Shula</i>	A.S. Ka. 6/21
14.	<i>Kshiradi Sarpirmanda Anuvasana</i>	An ingredient	<i>Pittaraktaja Shiroroga</i>	A.S. Ut. 28/12

Anupana (Adjuvant)

Draksha is also used as *Anupana* for various formulations in the form of *Swarasa*, *Kalka* and *Kwatha*. *Draksha Swarasa* is mentioned as common *Anupana* for *Pittaja Kasa*.^{xliv} (Table No. 18).

Table No. 18 *Draksha* mentioned as *Anupana*

Sr. No.	Name of formulation	Used as	Indication	Reference
1.	<i>Aragvadha Phalamajja</i>	<i>Swarasa</i>	<i>Jwara</i>	Cha. Chi. 2/232 A.S. Chi. 2/35 A.H.Chi. 1/101
2.	<i>Gavakshyadi Churna</i>	<i>Swarasa</i>	<i>Udara</i>	Cha. Chi. 3/124
3.	<i>Trivruttadi churna</i>	<i>Swarasa</i>	<i>Virechanartha</i>	Cha. Ka. 7/20
4.	<i>Saptaladi Yoga</i>	<i>Kwatha</i>	<i>Virechanartha</i>	Cha. Ka. 11/7
5.	<i>Madanaphala Churna</i>	<i>Kwatha</i>	<i>Virechana Yoga</i>	Su. Su. 43/6
6.	<i>Haritaki Churna</i>	<i>Swarasa</i>	<i>Pittaja Granthi</i>	Su. Chi. 18/9
7.	<i>Vidanga Tandula Yoga</i>	<i>Kwatha</i>	<i>Arsha, Krumi, Ayushya Vardhaka</i>	Su. Chi. 27/7
8.	<i>Shodhana Yoga</i>	<i>Swarasa</i>	<i>Pittaja Jwara</i>	Su. Ut. 49/25

9.	<i>Triphala Churna</i>	<i>Swarasa</i>	<i>Vishajanya Jwara, Madyajanya Jwara</i>	A.S. Chi. 2/35
10.	<i>Trapusadi Yoga</i>	<i>Swarasa</i>	<i>Pittaja Mutrakrucchra</i>	A.S. Chi. 13/4
11.	<i>Daruharidra Churna</i>	<i>Kalka</i>	<i>Pittaja Mutrakrucchra</i>	A.S. Chi. 13/4
12.	<i>Trivrutta churna</i>	<i>Swarasa</i>	<i>Visarpa</i>	A.S. Chi. 20/16
13.	<i>Aragvadha Phalamajja</i>	<i>Swarasa</i>	<i>Virechanartha</i>	A.S. Ka. 2/28
14.	<i>Trivrutta Kalka</i>	<i>Swarasa</i>	<i>Parisrava Vyapad</i>	A.S. Ka. 6/32
15.	Preparations of <i>Palandu</i>	<i>Swarasa</i>	<i>Rasayana</i>	A.S. Ut. 49/140
16.	<i>Vidanga Kalka</i>	<i>Swarasa</i>	<i>Rasayana</i>	A.S. Ut. 49/238
17.	<i>Trivruttadi Yoga (Leha)</i>	<i>Swarasa</i>	<i>Rajyakshma</i>	A.H. Chi. 5/4
18.	<i>Drakshadi Virechana Yoga</i>	<i>Swarasa</i>	<i>Pittaja Chhardi</i>	A.H. Chi. 6/10
19.	<i>Drakshadi Virechana Yoga</i>	<i>Swarasa</i>	<i>Pittaja Hridroga</i>	A.H. Chi. 6/44
20.	<i>Trivrutta Churna</i>	<i>Swarasa</i>	<i>Vatarakta</i>	A.H. Chi. 22/12
21.	<i>Trivruttadi Yoga</i>	<i>Swarasa</i>	<i>Virechanartha</i>	A.H. Ka. 2/7
22.	<i>Aragvadha Phalamajja</i>	<i>Swarasa</i>	<i>Virechanartha</i>	A.H. Ka. 2/34
23.	<i>Trivrutta Kalka</i>	<i>Swarasa</i>	<i>Srava Basti Vyapada</i>	A.H. Ka. 5/26

DISCUSSION

Draksha occupies a unique position among medicinal fruits in Ayurveda because of its dual role as both a nutritious dietary article and a therapeutic drug. The present review demonstrates that *Draksha* is extensively incorporated throughout the Bruhatrayee. The repeated mention of *Draksha* as the best among fruits (*Phalottama*) and as a *Sevaniya Ahara* highlights its acceptance as a wholesome food with significant medicinal value. It is classified under several therapeutic groups including *Madhura Skandha*, *Virechanopaga*, *Kasaghna*, *Jwarahara/Jwarashamaka*, *Shramahara*, *Santarpana Dravya* and *Pitta Prashamana Dravya*, indicating its multidimensional pharmacological actions. Such repeated classification across different classics suggests that ancient Ayurvedic scholars recognized *Draksha* as a drug capable of pacifying predominantly *Pitta* and *Vata* while simultaneously promoting nourishment, strength and tissue rejuvenation.

A total of 307 formulations were identified after excluding repeated references, along with 24 references describing *Draksha* as *Anupana*. Total formulations according to different

texts are presented in Fig. no. 1. Among these formulations, 230 were intended for internal administration and 77 for external application. The predominance of internal formulations reflects the extensive use of *Draksha* in systemic disorders where *Brumhana* (nourishment), cooling effect and *Rasayana* properties are required.

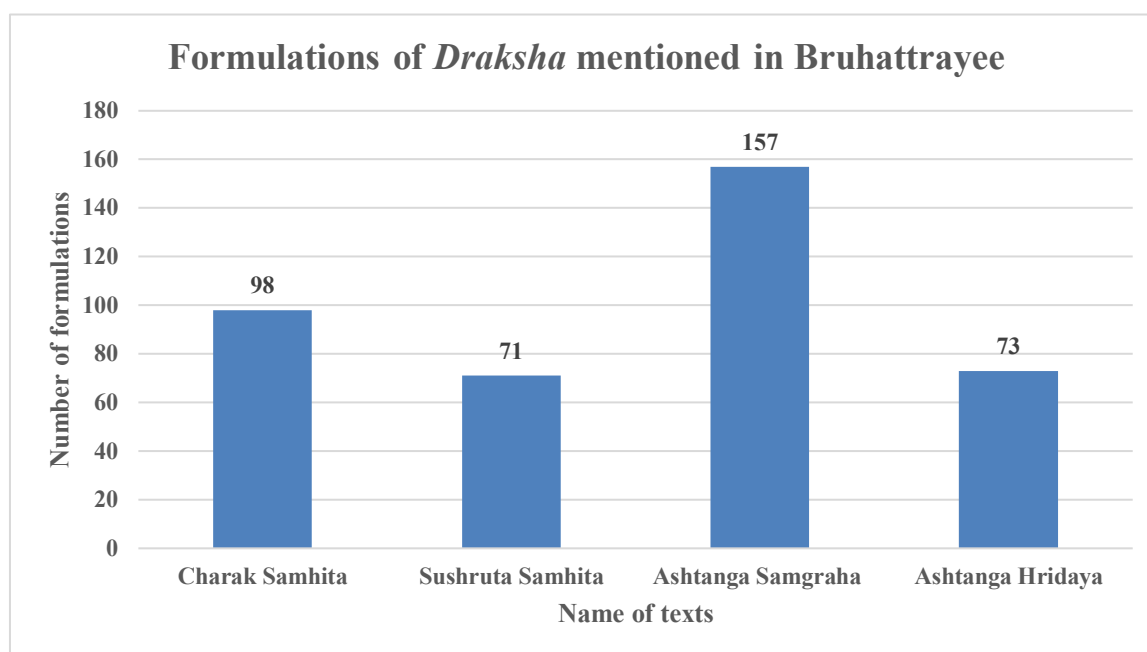


Fig. no. 1: Number of formulations as per different texts

The review further reveals remarkable pharmaceutical versatility of *Draksha*. It is incorporated into a wide spectrum of dosage forms including *Swarasa*, *Kalka*, *Kwatha*, *Hima*, *Churna*, *Ghrita*, *Taila*, *Avaleha*, *Ksheerapaka*, *Sandhana Kalpana*, *Panaka*, *Mantha*, *Gutika*, *Basti* and various ophthalmic preparations. (Fig. no. 2) Among these, *Ghrita*, *Churna* and *Kwatha* preparations constitute the major dosage forms. *Ghrita* formulations are particularly indicated in chronic debilitating disorders such as *Rajayakshma*, *Kshatakshina*, *Vatarakta* and *Timira*, where the unctuous nature of *Ghrita* facilitates deeper tissue nourishment and drug delivery.^{xlv} *Kwatha* preparations are mainly prescribed in acute disorders such as *Jwara* and inflammatory conditions, whereas *Churna* and *Avaleha* preparations are commonly indicated in respiratory disorders including *Kasa* and *Shwasa* because of their ease of administration and prolonged mucosal contact.

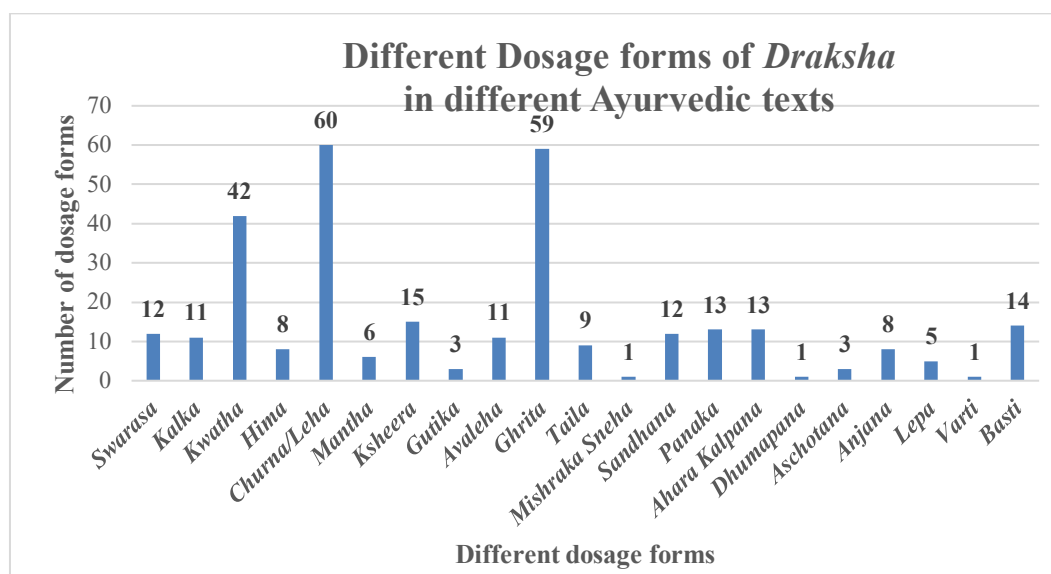


Fig. no. 2 Different dosage forms of *Draksha* in different Ayurvedic texts

Disease-wise analysis indicates that *Jwara* constitutes the largest therapeutic area for *Draksha* containing formulations, followed by *Kasa*, *Madatyaya*, *Rajyakshma*, *Raktapitta* and *Pandu*. (Fig. no. 3) It is also noted that such formulations are particularly indicated in *Pittaja* type of diseases e.g. *Pittaja Jwara*, *Pittajaa Kasa*, *Pittaja Gulma* etc. This is consistent with the Ayurvedic attributes of *Draksha*, namely *Madhura Rasa*, *Sheeta Virya* and *Vatapittahara* properties.^{xlvi} The frequent indication in *Rajyakshma*, *Kshatakshina* and *Pandu* also supports its established *Brumhana* and *Rasayana* actions described in the classical texts.

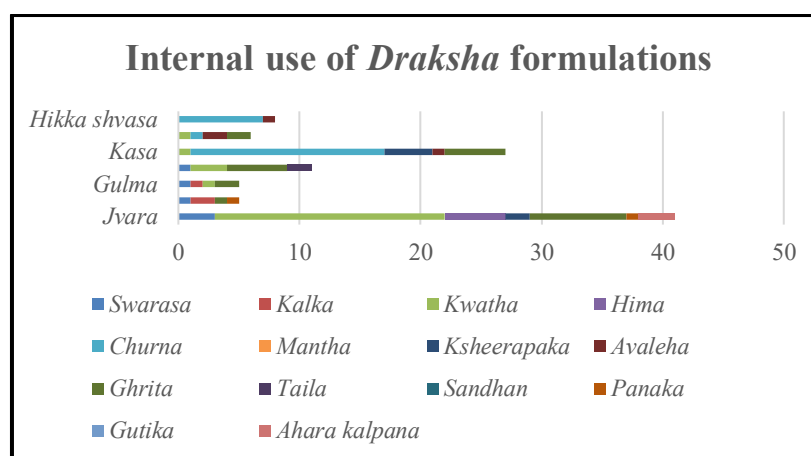


Fig. no. 3: disease wise distribution of Internal use of *Draksha* Formulation

External applications of *Draksha* formulations are predominantly indicated in *Netraroga*, followed by *Mukharoga* and *Vatarakta* (Fig. no. 4). Most ophthalmic preparations are formulated as *Ashchotana*, *Anjana*, *Ksheerapaka* or *Ghrita*, dosage forms traditionally preferred for delivering cooling, soothing and anti-inflammatory effects to ocular tissues. This classical preference is compatible with the reported antioxidant and anti-inflammatory activities of *Vitis vinifera*, suggesting a possible pharmacological basis for its extensive ophthalmic use in Ayurveda.

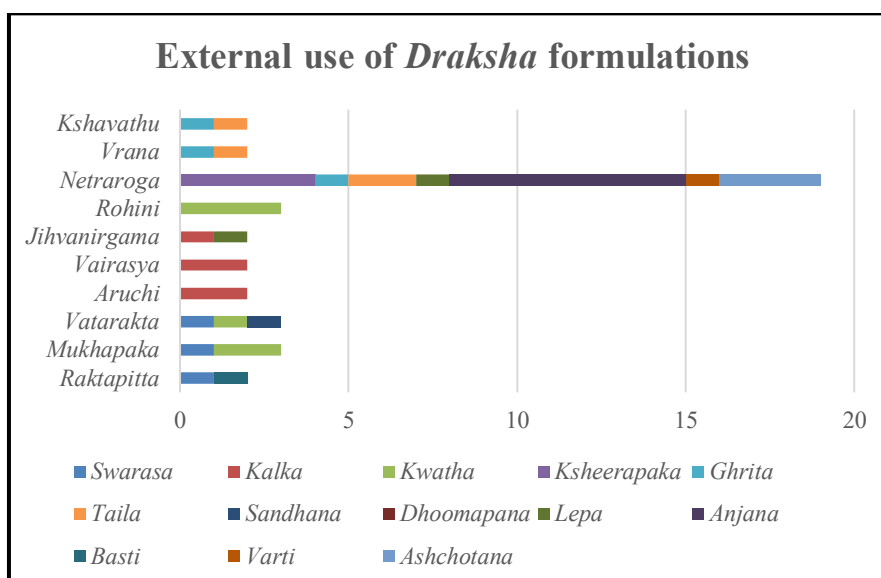


Fig. no. 4: disease wise distribution of External use of Draksha Formulation

Modern phytochemical investigations have demonstrated that different parts of *Vitis vinifera* contain abundant polyphenols, flavonoids, anthocyanins, proanthocyanidins and stilbenes, particularly resveratrol, ^{xlvii} which exhibit antioxidant, ^{xlviii} anti-inflammatory, ^{xlix} cardioprotective,ⁱ hepatoprotective^{li} and immunomodulatory^{lii} activities. These experimentally validated properties support several of the classical indications documented in the Bruhatrayee, especially in inflammatory disorders, respiratory diseases, metabolic conditions and diseases associated with oxidative stress. However, despite abundant pharmacological evidence, many classical formulations containing *Draksha* have not yet been evaluated experimentally or clinically. This gap offers considerable scope for future pharmacological investigations, standardization studies and clinical validation of these formulations.

CONCLUSION

Draksha (*Vitis vinifera* Linn.) is one of the most extensively utilized medicinal fruits in the Bruhatrayee, with diverse therapeutic applications and pharmaceutical dosage forms. Its predominant use in *Jwara*, *Kasa*, *Shwasa*, *Raktapitta* and *Pittaja* disorders reflects its classical Ayurvedic properties. This review provides a comprehensive reference for the classical utility of *Draksha* and highlights its potential for future pharmacological and clinical validation.

CONFLICT OF INTEREST

No conflict of interest.

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