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CLASSICAL HOMEOPATHIC MANAGEMENT OF LACERATED WOUND IN AN OLD MALE – A SUCCESSFULLY TREATED CASE AT DR BATRA'S® HOMEOPATHY CLINIC

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Abstract

Tinea versicolor is a superficial fungal infection caused by *Malassezia* species, commonly presenting with hypo- or hyper-pigmented macules and confirmed by Wood's lamp showing golden-yellow fluorescence. Atopic dermatitis is a chronic inflammatory dermatosis characterized by itching, erythema and relapsing eruptions.

This case study describes a 63-year-old male driver presenting with lacerated wound of the right little finger with bullous eruptions, discharge and pricking pain, along with chronic atopic dermatitis and tinea versicolor. He also had numbness along the ulnar nerve distribution and elevated HbA1c (6.4%).

Repertorization and miasmatic analysis indicated a predominantly psoro-sycotic background with syphilitic tendencies in tissue destruction. Constitutional Causticum, acute Gunpowder, and intercurrent Sulphur were prescribed as per susceptibility. Marked improvement was observed in wound healing, cessation of discharge, reduction of numbness, and control of dermatitis without relapse over follow-up.

This case highlights holistic classical homeopathic prescribing leading to structural, functional and emotional transformation at Dr Batra's® Homeopathy Clinic.

Keywords

Atopic dermatitis, Tinea versicolor, Lacerated wound, Classical homeopathy, Causticum

Introduction

Tinea versicolor is a chronic superficial fungal infection caused by lipophilic yeasts of the genus *Malassezia*. It presents with hypopigmented or hyperpigmented scaly macules, often confirmed by golden-yellow fluorescence under Wood's lamp. Atopic dermatitis is a relapsing inflammatory condition characterized by intense itching, erythema and xerosis. Complications include secondary bacterial infection, lichenification and impaired quality of life. Lacerated wounds in elderly individuals, especially with metabolic disturbances such as prediabetes (HbA1c 6.4%), may heal slowly and become infected. Chronic inflammatory terrain and altered immunity predispose to recurrent skin pathology.

Homeopathy approaches such cases through individualization, totality of symptoms, miasmatic understanding and constitutional prescribing rather than local pathology alone.

Case Profile

Age/Sex: 63-year-old male

Occupation: Cargo tempo driver

Chief Complaints:

- Bullous eruption over right little finger with discharge and itching (2–3 weeks)
- History of peeling skin
- Numbness in little and ring finger (ulnar distribution)
- Chronic itching and erythematous eruptions over body
- Burning in soles
- Lesions in inguinal region and thigh

Investigations:

- Fasting glucose: 105 mg/dL
- HbA1c: 6.4%
- BP: 186/114 mmHg (at one visit)
- Wood's lamp: Golden yellow fluorescence

Physical Generals

Parameter	Findings
Diet	Mixed
Desire	Non-veg (home food)
Aversion	Nil
Thermal Reaction	Ambithermal → hot
Thirst	4–5 litres/day
Stools	Regular, gaseous
Urine	Normal
Perspiration	Profuse, no odor

Sleep	6–7 hrs
Dreams	Rare, not recalled

Examination

- Single bullous lesion over right little finger
- Healing laceration (later stage)
- Numbness in ulnar nerve distribution
- Erythematous scaly patches over trunk and inguinal region
- BP elevated during follow-up

Mentals

The patient was born and brought up in poverty in Gulbarga district. With many siblings and limited facilities, he developed early responsibility and self-dependence. During youth he was a sportsman (boxing), confident and physically active. Loss of stable employment due to union issues created deep indignation and silent resentment.

Over time, he became short-tempered, shouting and using harsh words, especially when feeling disrespected. He helped extended family members but felt unacknowledged and betrayed, leading to emotional withdrawal. Though outwardly confident, inwardly he feared how others would respond to his anger. He experiences anxiety about the future and family responsibilities. He feels unsupported by his wife and children, leading to internalized frustration. Despite anger, there is underlying sensitivity to injustice — a classic Causticum trait.

Past History

- Tinea versicolor
- Atopic dermatitis
- Prediabetic state

Family History

- Non-contributory

Case Analysis

Repertory Used: Kent Repertory (via RADAR software)

Rubrics Selected:

- Mind – Ailments from indignation
- Mind – Anger, violent
- Mind – Forsaken feeling
- Skin – Eruptions, bullous
- Skin – Itching with eruptions
- Extremities – Numbness, fingers
- Generalities – Burning soles
- Generals – Profuse perspiration

Selection of Remedy

1. Constitutional Remedy — Causticum 200C, single dose. Reason: Indignation, anger from injustice, forsaken feeling, progressive nerve involvement (numbness), burning soles.
2. Acute Remedy — Gunpowder 30C, TDS for 5 days. Reason: Septic tendency, infected lacerated wound.
3. Intercurrent — Sulphur 200C, single dose. Reason: Chronic psoric base, recurrent dermatosis, itching, heat.

Miasmatic Approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Itching	✓			
Fungal patches	✓	✓		
Bullous eruption		✓		
Tissue destruction			✓	
Numbness			✓	

Miasmatic Predominance: Psoro-sycotic with syphilitic tendencies

Results

Month	Progress	Prescription
1st	Discharge stopped, wound drying	Gunpowder 30C TDS
2nd	Bullous lesion reduced	Causticum 200C single dose
3rd	Numbness ↓ 40%	Placebo
4th	Skin lesions fading	Sulphur 200C
5th	Burning soles ↓	Placebo
6th	No new eruptions	Causticum 1M single dose
7th	BP stabilized	Placebo
8th	Complete wound healing	Placebo
9th	Dermatitis 80% better	Placebo
10th	No fungal fluorescence	Placebo
11th	Emotional stability improved	Placebo
12th	No relapse	Placebo

Transformation Table

Parameter	Before	After
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Lacerated wound	Infected, bullous	Completely healed
Itching	+++	Minimal
Numbness	Present	Resolved
Burning soles	Severe	Absent
Emotional state	Angry, resentful	Calm, balanced
Work difficulty	Gear shifting painful	Resumed smoothly



Figure 1: Clinical photograph of the lacerated wound and associated lesions

Discussion & Conclusion

This case demonstrates the importance of individualized constitutional prescribing in chronic dermatological cases complicated by infection and metabolic susceptibility. The acute septic state was addressed with Gunpowder, while deep-acting Causticum addressed the constitutional and neurological dimensions. Intercurrent Sulphur cleared the psoric block.

Holistic improvement was observed not only in local pathology but also in emotional balance and quality of life. The patient resumed professional driving without difficulty, showing structural and psychological healing.

The case highlights the scientific classical homeopathic approach integrating totality, miasmatic understanding, remedy selection and follow-up assessment, resulting in complete transformation at Dr Batra's® Homeopathy Clinic.

The Transformation

Parameter	Before Treatment	After Treatment (12 Months)	Outcome Status
Lacerated Wound (Right Little Finger)	Bullous eruption, discharge present, peeling of skin, delayed healing	Complete healing, no discharge, healthy skin restored	Healed

Bacterial Infection Signs	Suspected secondary infection, local inflammation	No signs of infection	Resolved
Pricking Pain (Ulnar Distribution)	Present, radiating to ring & little finger	Absent	Resolved
Numbness (Right Hand & Legs)	Present along ulnar nerve, numbness in soles	Completely resolved	Resolved
Burning in Soles	Severe burning from ankles to soles	No burning sensation	Resolved
Atopic Dermatitis	Itching +++, erythema, recurrent eruptions	Markedly reduced, no active lesions	Controlled
Tinea Versicolor	Golden yellow fluorescence under Wood's lamp	No fluorescence, lesions cleared	Resolved
Itching (Generalized)	Persistent and disturbing	Minimal to absent	Improved
Blood Sugar Status	Prediabetic (HbA1c 6.4%)	Stabilized, no progression	Maintained
Blood Pressure	Elevated (186/114 mmHg at one visit)	Improved with monitoring	Stabilized
Work Capacity	Difficulty in gear shifting due to finger pain	Fully resumed driving work comfortably	Restored
Emotional State	Short-tempered, indignation, feeling neglected, anxiety about future	Calmer, emotionally balanced, improved coping	Improved
Quality of Life (HRQL)	Physical discomfort affecting occupation	Smooth routine life without limitation	Significantly Improved

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