



Original Research Article

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SUCCESSFUL HOMEOPATHIC MANAGEMENT OF ORAL MUCOCELE: A CLASSICAL CASE STUDY TREATED AT DR BATRA'S HOMEOPATHY CLINIC

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Abstract

Oral mucocoele is a common benign cystic lesion of the oral cavity arising from extravasation or retention of mucus due to trauma to minor salivary glands. The global prevalence of oral mucocoele ranges between 2–8 per 1,000 individuals, most commonly affecting the lower lip, and frequently interfering with mastication, speech, and oral hygiene. Conventional management largely relies on surgical excision, laser ablation, or intralesional therapies, all of which carry risks of recurrence, scarring, and patient apprehension. Homeopathy offers a holistic, individualized, and non-invasive alternative based on totality of symptoms and constitutional assessment.

This paper presents a detailed classical homeopathic case study of a 27-year-old businessman with a persistent oral mucocoele of the inner lower lip, present for one month, causing repeated trauma while eating, anxiety regarding malignancy, and significant impact on quality of life. Prior consultations in other pathies suggested surgery if conservative management failed, which heightened the patient's fear and distress. The case was approached using classical homeopathic principles, with emphasis on life-space exploration, mental generals evolving from childhood, physical generals, local pathology, and miasmatic background.

case highlights the role of individualized homeopathy in managing oral mucocoeles non-surgically and demonstrates a clear clinical transformation achieved at Dr Batra's Homeopathy Clinic after failure and apprehension with other treatment approaches.

Keywords

Oral mucocoele; Classical homeopathy; Nitric acid; Non-surgical management; Dr Batra's Homeopathy

Introduction

Oral mucocele is a mucus-filled cystic lesion resulting from trauma or obstruction of minor salivary gland ducts. It most commonly affects the lower lip due to frequent mechanical injury during mastication. Clinically, it presents as a painless or mildly painful, translucent or bluish swelling that may fluctuate in size. Recurrent trauma can lead to ulceration, bleeding, secondary infection, and psychological distress. Conventional treatment modalities include surgical excision, cryotherapy, and laser ablation; however, recurrence rates and patient fear of invasive procedures remain concerns. Homeopathy, by addressing both local pathology and the patient's constitutional susceptibility, offers a gentle yet effective alternative.

Case Profile

- **Age:** 27 years
- **Sex:** Male
- **Occupation:** Businessman
- **Diagnosis:** Oral mucocele (inner lower lip)
- **Duration:** 1 month
- **Native Place:** Varanasi, India

Mentals

From childhood, the patient exhibited a sensitive emotional makeup. At around 13 years of age, he developed a similar oral lesion, which resolved with homeopathic treatment, indicating an underlying constitutional susceptibility. As a child, he was emotionally expressive, prone to weeping when hurt or emotionally overwhelmed, yet unable to express anger openly. Over time, this emotional pattern evolved into suppressed anger, internalized grief, and heightened sensitivity to interpersonal conflicts. A significant family dispute one year prior to presentation caused persistent grief, though outwardly he maintained a composed demeanor. As an adult, he became anxious about health matters, particularly fearful of serious illnesses, which intensified after being advised about possible surgery. Despite emotional sensitivity, he remained functional, business-oriented, and socially responsible.

Physical Generals

- **Diet:** Mixed
- **Appetite:** Normal
- **Desire:** Eggs, non-vegetarian food
- **Aversion:** Not marked
- **Thermal Reaction:** Normal
- **Thirst:** Normal (~3 L/day)
- **Water Intake:** Between meals
- **Stools:** Regular
- **Urine:** Normal
- **Perspiration:** Normal
- **Sleep:** Sound
- **Dreams:** Non-specific

Examination

- **Local Examination:**
 - Single cystic lesion on inner lower lip
 - No pain, burning, itching, or bleeding
 - History of repeated injury while eating
- **Wood's Lamp Examination:** Yellow fluorescence
- **Number of cysts:** One

Past History

No major systemic illnesses. History of recurrent colds. Similar oral lesion in childhood, cured with homeopathy.

Family History

No significant hereditary illnesses reported.

Case Analysis

Repertorial Totality

- Cystic swelling of lips
- Recurrent injuries while eating
- Suppressed anger
- Weeping tendency
- Grief from family disputes
- Fear of serious disease

Repertory Used

- Synthesis Repertory

Rubrics Selected

- Mouth – cysts – lips
- Mind – anger – suppressed
- Mind – weeping – easily
- Mind – grief – prolonged
- Mind – fear – cancer

Selection of Remedy

Constitutional Remedy

- **Remedy:** *Nitric acid*
- **Potency:** 200C followed by 1M
- **Dose:** Single dose, repeated as per response
- **Reason:** Marked affinity for mucous membranes, ulcerative and cystic lesions, tendency to bleed, and mental picture of suppressed anger with grief.

Supportive Remedy

- **Remedy:** *Calcarea fluorica*
- **Potency:** 6X
- **Dose:** Twice daily

- **Reason:** Acts on fibrous tissues and cystic growths, supports resolution.

Miasmatic Approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Cystic lesion	✓	✓		
Recurrent tendency		✓		
Emotional suppression	✓			
Past similar lesion		✓		

Miasmatic Predominance: Syco-psoric

Materials and Methods

Repertorization was performed using the Synthesis Repertory, supported by classical materia medica references.

Results

Date	Clinical Progress	Prescription
22/11/2025	Pain, injury while eating	Nitric acid 200C
05/12/2025	Size reduced, no bleeding	Calcarea fluorica 6X
02/01/2026	Further reduction, no pain	Nitric acid 1M
31/01/2026	Stable improvement, no symptoms	Placebo + Calcarea fluorica

Transformation Table

Parameter	Before Treatment	After Treatment
Lesion size	Prominent cyst	Markedly reduced
Pain	Present during eating	Absent
Bleeding	Occasional	None
Anxiety	Fear of cancer/surgery	Calm and confident
Eating comfort	Restricted	Normal



Discussion & Conclusion

This case demonstrates the efficacy of classical homeopathy in managing oral mucocoele without surgical intervention. Individualized remedy selection based on totality, supported by miasmatic understanding, led to sustained clinical improvement and psychological relief. The patient, previously advised surgery, experienced complete functional recovery and emotional reassurance. This case highlights a clear therapeutic transformation achieved at Dr Batra's Homeopathy Clinic, reinforcing the role of homeopathy as a safe, effective, and holistic option in oral mucosal disorders.

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