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**Review Article** 

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## **CLINICAL ENLIGHTENMENT OF CHRONIC DISEASE: A REVIEW**

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#### **ABSTRACT:**

In chronic diseases Homoeopathy treat the case from base and from the inner manner, On thebasisofhomoeopathicfixprincipleforcuringchronic diseases. For rational curing of chronic disease Hahnemann failed to cure them in his time. He also found that there must be another cause than the presenting disease picture. There must be an obstacle which hinders the curing process and relapsing the sufferings. His greatest discovery was chronic disease, he gave the idea of chronic disease in his book named "The chronic disease their peculiar nature and their Homoeopathic cure".

In this work Hahnemann simplify to understand the chronic disease and the fundamental cause that is Miasm and its homoeopathic cure. In this book he talked aboutmany conditions about the three Miasm and the indication and their particular treatment. This the sole of every homoeopath, and help to find out the reason behind chronic diseasekeenly.

#### **KEYWORDS:**

Chronic disease, Miasm, Psora, Sycosis, Syphilis.

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#### **OVERVIEW OF CHRONIC DISEASE:**

In the foreword part Dr C. Herring said about the internal itch, he said the modern physician never recognise the itch is from internal so they never give sulphur as internal, they give as in external.

This itch transformation of the internal affection as are essential functions and these were violently change by means of ointments. Here Ammonium, Croton oil, cantharides, Mustard, etc is chiefly affected by the antipsoric remedies. He also pointed that the salts of ammonium, potassium, sodium, calcium, aluminium, magnesium as the most important antipsoiric. Herring said "Hahnemann has said the most important metalloids constitute were the most important remedial agents, he introduced sulphur, phosphorus, silica, chlorine and iodine as antipsoric remedies". Hahnemann never guided by the theories, he always believes in experience, and this is the reason he admits Borax, Ammonium carb, Anacardium, Clematis are the chief antipsoric.

Hahnemann talked about several things and rule to prevent epidemic diseases in organon of medicine and lesser writings, here in the year 1813 in typhus epidemic Bryonia and Rhustox were the specific remedies for all patients. This was on the basis of examination of several patients at a time with analysis of complete picture of each case which are belonging to that epidemic disease. Concept of genus epidemicus was establish by him by that time, where one or two remedies found to be Homoeopathic, healed the whole epidemy.

With the use of external treatment since introduced, through Baths, Washes, Ointments of Sulphur, Lead, Copper, Zinc, Mercury is supressed, the history of the ancient itch is remained undiscovered. Over the hundreds of years diseases have been developed with various symptoms which can hardly be numbered. Which were created by deleterious labours in Quicksilver, Lead, Arsenic etc. With well-defined pathology and proper names of disease springing from syphilis and rarely sycosis, and all were remaining chroming diseases find in PSORA the only source. Hahnemann discovered the miasm first was syphilis, second was sycosis, third and most true fundamental miasm is hydraheaed

psora. He mentioned some antiphlogistic remedies which are not anti-psoric. These were aconite, belladonna, mercury etc<sup>[1]</sup>.

#### **Treatment of syphilis:**

Hahnemann was discovered the first Miasm syphilis. In his time the syphilis, the venereal bubo turns into a venereal disease, although it has been treated by mercury, which was its specific remedy. In his time syphilis which on account of its easy curability yields to the smallest dose of best prepared Mercury internally with conjointly present sycosis, which account of slight difficulty in its cure though few doses of Thuja, Nitric Acid. When they are complicated with psora, it is difficult to cure.

In first simple from of chancre and there is no other complication neither developed psora, and with latent Psorasyphilis combines as little assycosi she gave best Mercurial remedy to cure whole syphilis with chancre within 14 days. He believed that preparation of semi-Oxide of Mercury still the best antisyphilitic remedy.

In case of masked, spurious, pseudo syphilis a monster double disease or more than that where Mercurial medicine have already produced the medicinal diseases which cause more debility and patient were in sad state, in such case she gave Heparsulphuris.

Hahnemann examined a woman who was free from all secondary symptoms of veneral diseases. Achancre had remained in its place untreated for two years and gradually increases the size. She was given the best Mercurial preparation internally. Soon she was healed both internally and also the chancre <sup>[1]</sup>.

#### **Treatment of sycosis:**

In old method the fig wart disease was almost treated by Mercury internally, because it was believed to be the venereal chancre disease. By allopath's it was treated by cauterizing, burning and by the cutting or by ligature. It was also believed that the miasma of other common gonorrhoea seems not to penetrate the whole organism, but only to locally stimulate the urinary organs. They yield either to a dose of one drop of fresh Parsley (Petroselinum) juice, and when this is indicated by frequent urgency of

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urinate, small dose of Cannabis, or Cantharides, or Copivabalm according to their different ailments.

Here Hahnemann mention that gonorrhoea dependent on the fig wart miasma, as well as the whole sycosis, he cured most thoroughly and surely by giving the Thuja internally. And exhausted the action of Thuja after 15<sup>th</sup>, 30<sup>th</sup>, 40<sup>th</sup> days, he alternates with just small dose of Nitric acid, which act as long as can be, to remove gonorrhoea the whole sycosis. And he mentioned about repetition of Thuja, he told that if further does are required, used most efficiently from other potencies. The change of modification of the remedy which facilitates and strengthens ability of affecting the vital force. In this book chronic disease Hahnemann mentioned about external application in case of reliable cure of sycosis no other external use but the Thujainin veterate bad cases, must be applied on figwarts, only clean, dry, if they are of the moist variety <sup>[1]</sup>.

#### **Treatment of psora:**

Hahnemann faced many obstacles in the treatment of miasm psora, that was ancient itch. Toremove the cutaneous affection aristocratic patients were drastically over use of external loti onto get rid of it, by Lead solution, or ointment of Cadmia, or white precipitate mercury, according towishesofthem. Buthenever administrates any external application, for treatment of itch. He gave the simple dose of one or two pills as large as poppy seeds, moistened with the potentized sulphur in alcohol. That was suffice to cure and deliver it from the entire disease of itch the ancient, both the eruption and internal itch malady. Hahnemann advised that if the itch the ancient disease was still present and not cured and not taken any external application by even one very small dose of potentized preparation of Sulphur andthus within two, three or four weeks once-half grain of Carbo vegetabilis suffice for family of a seven person and three times a like dose of as highly potentized Sepia was sufficient. Aftergiving large doses of sepia there was still more manifest when he gave Lycopodium and silicapotentized from. After that he noticed that Sepia is completely showed homoeopathically antipsoric. Specially for a peculiar headache that appeared in repeated attacks. In acute attacks oracutediseaseperiodofactionofBelladonna, Sulphur, Aconite. Arsenic will be shorter.

Hahnemann mentioned t hat Sulphur, Heparsulphuris, and in some cases Sepiathatare antipsoric remedies can seldom be usefully given in immediately repeated dose. he also mentioned that in slight change of symptoms to interpose the dose of pure sulphur or small dose dose of Hepar sulph calcarea, this also should be given in various potencies. Often also according to circumstances a dose of Nuxvomica or one of Mercury may be used in between [1].

#### **Treatment direction of Hahnemann:**

In the treatment of chronic disease Hahnemann advised what to do and not to do. For the ailments following after a few days from such an antipathic remedy, may be done for a fewdays until the psora disease returns to its customary routine course, when Homoeopathically selected antipsoric medicines is to be given to continue to cure. He has noticed some mishaps which disturb the treatment only in a temporary way, he mentioned, in case of overloading of the stomach that may be remedied by only not taking any more food or drink or by taking little thin soup instead of meal or by drink little Coffee. In stomach disorder of stomach from fat meat, especially from eating pork to be cured by fasting and Pulsatilla. A disorder of the stomach which causes rising from the stomach after eating and especially nausea and inclination to vomiting he advice to given highly potentized Antimuonium Crudum, taking cold in the stomach eating fruit by smelling of Arsenic. Troubles from taking spirituous liquors Nux vomica. Disorder of the stomach with gastric fever, chilliness and cold he advised taking Bryonia Alba surely cure the discomfort. In case of fright that causes timidity, he gave Opium with remarkable results, but when vexation is joined with the fright Aconite nap given by him. When the patient gets sad and is caused by the fright, Ignatia is the medicine.

Vexation which causes anger, violence, heat, irritation, Chamomilla is the aid, but if beside the vexation there is chilliness and coldness of the body, he advised to take Bryonia. Vexation with indignation, deep internal mortification manifested by throwing away things what is held in the hand, Staphisagryia is the medicine. Indignation with silent internal mortification Colocynthis. In case of unsuccessful love with silent grief tendency to be alone Ignatia was prescribed by Hahnemann, and in unhappy love with jealousy by

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Hyoscyamus Niger. Asevere cold next to keeping the house or the bed by Nux vomica was given as Nux is so much chilly. Diarrhoea resulted from cold Dulcamara, and if followed by pains, Coffea cruda was given in every single and successful cases. If it is followed by fever and heat Aconite was given. A cold which is followed by suffocative fits, Ipecac. Colds followed by pains and an inclination to weep, by Coffea cruda, cold with consequent coryza and loss of the sense of smell and of taste, by Pulsatilla. Over lifting or strains sometimes by Arnica, but most certainly by Rhus Toxicodendron was given by Hahnemann. Contusions and wounds inflicted by blunt instruments, by Arnica, is the most common advice now a days. He advised in burning of the skin by compresses of water mixed with a dilution of highly potentized Arsenicum, or uninterrupted application for hours of alcohol heated by means of very hot water, can cure the case. Debility from loss of fluids and blood, by Chinchona, any kind ofloss of body fluid resulting debility or weakness chinchona was and is the medicine.

Home sickness with redness of the cheeks, by Capsicum<sup>[1]</sup>.

In case of epidemic disease, usually, these epidemic intermediate diseases appear in the formof a fever (if they are not the permanent miasms, small-pox, measles, dysentery-, whooping cough, etc.). There are fevers of various kinds, a continuous acute fever, or a slow remittent, or an intermittent fever. Intermittent fevers appear almost every year in a somewhat changed form. Since he has learned to cure chronic diseases and maladies by a homoeopathic extirpation of their psoric source, he has found the epidemically current intermittent fevers almost every year different in their character and in their symptoms, and they therefore require almost every year a different medicine for their specific cure. One, they require Arsenicum, another Belladonna, another Antimonium crudum, or Spigelia, Aconite, Ipecacuanha, alternating with Nux vomica, Salphur ammoniacum, Aurum muriaticum, Opium, Cina, alone or in alternation with capsicum, or capsicum alone, Menyanthestrifoliata, Calcarea carbonica, Pulsatilla, arnica, alone or in alternation with Ipecacuanha, and with these they were cured in a few days. He did not, indeed, except any one of the non antipsoric medicines, if they are only homoeopathic to the whole complex of the symptoms of the prevailing fever, in its attack as well as in its apyrexia but he gave almost always except Cinchona, for this can only suppress its type in

many large doses in a concentrated form (asquinine), and then it changes it into a cachexy of quinine, which it is difficult to cure. China is only appropriate to the endemic intermittent fever in marshyregions, and even this can only be rightly cured by it in connection with antipsoric remedies. Even at the beginning of the treatment of an epidemic intermittent fever, the homoeopathic physician is most safe in giving every time an attenuated dose of Sulphur or in appropriate cases, Hepar sulpliuris in a fine little pellet or by means of smelling, and in waiting its effects for a few days, until the improvement resulting from it ceases, and then only he will give, in one or two attenuateddoses,thenon-

antipsoricmedicinewhichhasbeenfoundhomoeopathicallyappropriatetothe epidemy of every possible year. These doses should however only be given at the end of an attack. With all patients in intermittent fever, Psora is essentially involved in every epidemy, therefore an attenuated dose of Sulphur or of Hepar sulphuris is necessary at the beginning of every treatment of epidemic intermittent fever, and makes the restoration of the surer and easier<sup>[1]</sup>.

In case female, the dose of antipsoric medicine must not be taken by females shortly before their menses are expected, nor during their flow, but the dose can be given, if necessary, four days, about ninety-six hours after the menses have set in. But in case the menses previously have been premature or too profuse, or two long-lasting, it is often necessary to give on this fourth day a small dose of Nux vomica (one very small pellet, moistened with a high dynamization) to be smelled, and then, on the fourth or sixth day following, the anti psoric. But if the female is very sensitive and nervous temperament, she ought, until she comes near her full restoration, to smell such a pellet once about every time seventy-two hours after the beginning of her menses, not with standing she can continue her anti Psoric treatment<sup>[1]</sup>.

In case of obstinate constipation, delay in passing evacuations causes great trouble, he advised in the beginning of the treatment before the antipsoric medicines, if the stool is not passed for three or four days, a clear lukewarm water without the admixture, if an evacuation does not result within a quarter of an hour, rarely a third injection will be

needed, after waiting a third quarter of arthour this help which acts chiefly mechanically by expanding the rectum.

Hahnemann has told this is harmless. When repeated after three or four days if it is necessary, and, as before he mentioned, only at the beginning of the treatment for the antipsoric medicines, among which in this respect Lycopodium next to Sulphur has the pre-eminence, usually soon remove this difficulty<sup>[1]</sup>.

In pregnancy offers so little obstruction to the antipathic treatment, in miscarriage which is almost exclusively from psora, in this period any treatment can harm mother and fetus. Only the antipsoric treatment of the sickly mother, with highly potentized as possible, and to make selections in the most homoeopathic manner, in at least during pregnancy, can remove the mother's inability or suckling, as also in suckling prevent the frequent sore breast. The suckling never receives the medicine as told by Hahnemann, instead through the mother's milk it acts on the child very quickly, mildly and beneficially<sup>[1]</sup>.

At the end of these directions for treating chronic disease he beg pardon to every homoeopathto not use any electric sparks to quickening parts that have paralyzed and loss of sensation as recommended in the first edition of chronic disease. And after that he admitted that that was an abuse of remedy. And he advised that locally applied cold water at 54-degree Fahrenheit from mountain springs and deep wells pouring the paralyzed parts for oneto five minutes, frequency according to circumstances with internal antipsoric treatment with sufficient exercise in open air and judicious diet has been advised <sup>[1]</sup>.

The medicine which has been found most suitable and excellent in chronic disease so far, he traces of their qualities leading direction gave him some important hints their usefulness. The herb of Lycopodium, must be praised in Poland for the plica polonica, which gave give to treat in similar psoric ailments. The circumstances that some haemorrhages have been arrested gave him another hint, so the usefulness of Guaiacum, Sarsaparilla and Mezerium. The similarity in nature of itch disease Phosphorusand Sulphur was used in later <sup>[1]</sup>.

#### **CONCLUSION:**

The great discovery of this concept of chronic disease is very valuable work of master Hahnemann. This pronounced work is helps to evaluate the origin of every chronic disease. The direction which was given by him with clinical aspect is so much significant to cure a true fundamental disease. In the treatment of chronic disease and various concepts regarding this makes us better understanding for curing chronic disease.

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